

VIOREL MURGU

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Date of Birth: 06/02/1987 • **Nationality:** Romanian

Professional summary

Dedicated and compassionate Registered Mental Health Nurse with hands-on experience in providing person-centered care in mental health and older adult settings. Skilled in conducting comprehensive patient assessments, developing individualized care plans, and working collaboratively within multidisciplinary teams. Strong background in dementia care, medication management, and risk assessment. Committed to promoting a therapeutic environment and improving patient outcomes through evidence-based practices.

Skills

- **Patient Assessment and Care Planning:** Proficient in conducting holistic assessments and developing care plans tailored to individual patient needs.
- **Medication Administration:** Experienced in administering medications safely, monitoring for side effects, and ensuring accurate documentation.
- **Multidisciplinary Team Collaboration:** Effective communicator with a track record of working closely with doctors, social workers, occupational therapists, and other healthcare professionals.
- **Dementia Care:** Knowledgeable in managing challenging behaviors and providing support for patients with cognitive impairments.
- **Risk Assessment and Management:** Familiar with risk assessment tools and strategies to identify and mitigate risks associated with mental health conditions.
- **Leadership Potential:** Actively developing leadership skills to coordinate care and lead team discussions.
- **IT Skills:** Competent in electronic health records (EHR) management and clinical documentation.

Work history

Clinical Placement-Geriatric Care Unit, 10/2022 - 11/2023

Morriston Hospital - Swansea, Wales

- Provided care to older adults with various medical and mental health conditions, including dementia.
- Participated in multidisciplinary team meetings to discuss patient care and treatment plans.
- Conducted clinical observations and documented patient information accurately.

- Assisted in group therapy sessions and engaged with patients to promote social interaction

Clinical Placement-Adult Mental Health Unit, 12/2021 - 12/2022

Singleton Hospital - Swansea, Wales

- Conducted mental health assessments and assisted in creating individualized care plans for patients.
- Supported patients in developing coping strategies and participated in therapeutic interventions
- Monitored patients progress and communicated changes in mental health status to the nursing team.
- Assisted in medication administration under the supervision of a senior nurse.

Volunteer Healthcare Assistant(Dementia Care Home), 02/2020 - 10/2021

April Court Care Home - Swansea, Wales

- Assistance with daily care of residents, including personal hygiene, mobility support and meal assistance
- Engaging residents in therapeutic activities to promote cognitive function and emotional well-being.

Communicated with families and multidisciplinary teams regarding resident progress and care needs.

We gained insights into managing dementia-related behaviors and understanding the needs of older adults.

Education

Healthcare practice , 09/2024

University of Wales Trinity Saint David - Swansea , Wales

Certificate of Higher Education, 07/2023

University of Wales Trinity Saint David - Swansea , Wales