

Academic And Employability Skills

Task 1

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Why I chose the career of Child Psychologist.

I chose the course of Health and Social care because I have always wanted to work helping people but it is really more of a start for me. My end goal is to work with children with special needs such as Autism, Aspergers, down syndrome, bad temper, etc.

I am also a Mother of two children which has given me an immense amount of experience and knowledge in caring for children. One of them suffering from bad behavior associated with a higher IQ.

I have worked as a special care nanny for the past 5 years with two boys diagnosed with severe Autism and Aspergers. My biggest achievement with one of them was helping them with his speaking difficulty using speech therapy, games and alternative therapy associated with nature.

The second child was able to learn to socialise with other children as well as making friends and learning how to play and express emotions. I truly learned a lot from these boys, they have also inspired me and I think they have also learned a lot from me. I am hoping that in the future I can help other children just like them.

What are Academic skills:

Academic skills are a number of different study habits, learning strategies and organisation tools that help students learn what is taught throughout the lesson

What are Employability skills:

Employability skills refer to the skills needed for nearly every job. These are the skills that every employer looks for when hiring. Eg Communication, teamwork, critical thinking, etc.

My Employability Skills

- To be able to analyse the problem within each child to then be able to communicate in a way that's productive so that I can help them improve and tackle their deficiencies.
 - Teamwork is a very important skill in order to have better results. Working closely with parents, teachers and others specialists will help achieve the end goal.
 - In my intended career one of the key skills that is fundamental is patience and self control. This is very useful when dealing with various mood changes and during nervous breakdowns.
 - Perseverance is also a very important skill to be able to meet with the goals intended. Such as reading, pronouncing, and social skills. It's important to not give up until progress has been made.
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Employability Skills that I need to improve.

- I need to be able to improve my tech and computing skills to be able to use these tools within my workplace. Using the computer will help me research various different techniques on how to maximise the child's communication, psychomotor and intellectual skills which they will need to live their daily lives. I will improve this skills by spending more time on the computer as well as following a short IT course.
 - I need to improve my communication skills such as pronunciation to be able to work with children with speaking disorders. Also to be able to communicate with the team I'm working with in a more professional way. I will improve this skill by communicating to more people on a more regular basis as well as some speech therapy exercises to help with pronunciation.
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Academic Skills

- Time Management is a skill that is needed as student. Learning how to manage your time is key to avoid any unwanted overdue assignments and will help me make the most of my time. I am used to working well with a schedule as in my workplace everything needs to be planned out. Although I think I could still improve this skill.
- Writing skills. I feel like my writing skills could improve a lot, learning how to write professionally is key for future report writing, essay and assignment completion.
- Critical thinking means to analyse an issue with the information or facts given. Once identified the issue can be fixed. This skill will be crucial in my line of work as well.
- Note taking is a skill used to capture/write down the main idea of a lecture to then review them later on and absorb them better. This is a skill that I do need to work on as it will help me be more efficient in class.

Conclusion

Overall, there are many skills that I need to work on and improve upon, I think that this course will help me develop these skills in a greater form, to then apply them on my own intended career. This presentation has allowed me to put into perspective all my Academic and Employability skills and now I can truly see what I need to put my mind to, to improve.

Resources:

<https://www.reference.com/world-view/examples-academic-skills-fb883ae98e3b3ac4>

<https://www.thebalancecareers.com/employability-skills-list-and-examples-4143571>