

Reflective Writing Template

The Gibb's reflective cycle



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Module code and title	LCLM4001 Academic Skills
Name of Task	Task 3
Lecturer	Bianca Dodgen

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Using the Gibbs reflective cycle, write a reflection of your learning journey on the LCLM 4001- Academic Skills Module. Your reflective writing should focus on your personal learning journey, including your strengths, areas for improvement, and the impact of the module on your academic and personal development. You should refer to **specific experiences** such as:

- Task 1 and Task 2
- Class activities and discussions (e.g., topics covered in class such as referencing and paraphrasing)
- Feedback received
- Skills you have developed

Write your reflection in the boxes below (*The boxes will expand as you type*)

Description <i>(What happened? Describe the experience or experiences in class that you want to reflect on)</i>	For me, Task one was the easiest part of my journey to academic skills. Task two, I may say would be tough, and Task three is the hardest. I have learned how to write in academic writing using PEEL. Reflective Writing, Paraphrasing and Summarising were taught to us. I am struggling with referencing. I found it hard to reference the author by in text or full reference.
Feelings <i>(What were you thinking and feeling at the time? How did you feel before / during / and after the experience? Did you feel overwhelmed / confident / nervous? Were you alone in feeling this way or did other students share your feelings?)</i>	English is not my first language, that is why at first, I am sceptical that I may be able to do an essay writing, more so an academic writing task. However, upon finishing this Term, I am glad that I can create a paragraph and able to reflect on what I have learned this entire term. Most of us in class also feels the same, we are all nervous and was not knowledgeable enough on our first week, but I know some of them also improved a lot and have gone far.
Evaluation <i>(What was good and bad about the experience?)</i>	The good experience overall, I was able to meet other people from other walks of life. I have learned English precisely and be able to explore my knowledge in writing.

	I do not have any bad experience that I can think about.
Analysis <i>(What sense can you make out of the situation?) Why was the situation positive or negative?</i> When things went well, what role did you play? When things went badly, can you explain why? Do you know how if other students felt the same as you? Why or why not?	I know it is hard to comprehend especially when you are already of age and has gone to university for a long time already. But sometimes you must listen carefully to what the lecturer was saying and not interrupt them for you to understand the lesson thoroughly. Other students were struggling to understand simple instructions because when the lecturer was talking, they were talking at the same time. You should reflect on success and failure to learn from your mistakes. Gauging how you learn, what and how you learnt from them by writing reflectively.
Conclusion <i>(What else could you have done? Or what could you have improved?)</i>	Instead of writing everything down during the lecture, right down the main points and make sure that you do not miss any bullet points. You should listen carefully and take down notes at the same time then ask the lecturer about whatever questions you have in mind at the end of the class.
Action Plan <i>(If you do it again, what would you do differently? What skills do you need to develop? And how do you plan to do this)</i>	If I do it again, I will ensure that I will practice more at home whatever was taught in class. I will aim high, I will not be afraid, nervous or stress in doing essay writing. I will make use of the time that I spent in class to nurture my capability and build a personal profile to acquire what I want.

	I will make sure that whatever my plans in the future will happen. I will aspire to aim high, to be ambitious. I will focus on what is needed on the area of success. I will reflect on constructive self-questioning into what is more important to me. I will focus on the direction of the choices that I make and think it over thoroughly. I will have a plan for whatever future that I wanted in my life. I will make use of these strategies to suit what I want, my capabilities, interests, and needs. I will act and follow through my plans, make use of those action plans even though my ambitions change.
Reference	<i>ProQuest. EbookCentral.</i> Bloomsbury Publishing (Trevor Day, 2023) How to books; The Mature student's study guide-essential skills foe those returning to school or distant learning. Published by Oxford (Dr Catherine Dawson, 2007) p65 ProQuest EBook Central; <i>Skills for Success: Personal Development and Employability:</i> Published by Macmillan Education UK. (Stella Cotrell; 2021)