

Reflective Writing Template

Student name number	2509813
Module code and title	LCLM4001
Name of Task	TASK 3
Lecturer	BIANCA DODGEN

The Gibb's reflective cycle



Using the Gibbs reflective cycle, write a reflection of your learning journey on the LCLM 4001- Academic Skills Module. Your reflective writing should focus on your personal learning journey, including your strengths, areas for improvement, and the impact of the module on your academic and personal development. You should refer to **specific experiences** such as:

- Task 1 and Task 2
- Class activities and discussions (e.g., topics covered in class such as referencing and paraphrasing)
- Feedback received
- Skills you have developed

Write your reflection in the boxes below (the box will expand as you type)

Description (What happened? Describe the experience or experiences in class that you want to reflect on)	In my Academic Skills class, we worked on group presentations and critical reading tasks. Group presentation. working with classmates, dividing tasks, presenting in front of the class. Note-taking exercise. practicing Cornell notes or mind maps during a lecture. Group work taught you about collaboration and communication. Note-taking helped improve organization and focus. Critical reading strengthened analytical thinking.
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Feelings <i>(What were you thinking and feeling at the time? How did you feel before / during / and after the experience? Did you feel overwhelmed / confident / nervous? Were you alone in feeling this way or did other students share your feelings?)</i>	Critical reading activity, and analysing an academic article and discussing arguments. According to The University of New South Wales (2022) highlights the value of a critical reflective thinking and writing. Reflecting critical thinking helps you by building on a previous knowledge, both formal and informal. To make connections.
Evaluation <i>(What was good and bad about the experience?) on academic skills</i>	Apply collaboration skills in future projects. Use structured notes for exam revision. It help me to practice critical reading when researching essays. It help and develop in note-taking
Analysis <i>(What sense can you make out of the situation?) Why was the situation positive or negative? When things went well, what role did you play? When things went badly, can you explain why? Do you know how if other students felt the same as you? Why or why not?</i>	academic skills help me achieve the outcome I wanted and help me covered gaps in my skills create challenges. Positive: Improve and effective study strategies in summarizing notes, practicing questions. Active participation in making contributed and ideas, asked questions in classroom, or helped peers. Confidence boost, success reinforced your belief in your abilities and motivated you to keep improving. Negative: Poor planning and leaving tasks until the last minute can lead to stress and weaker performance. Skill gaps, and struggling with referencing, structuring essays, or analysing data could have made the task harder. Sometimes distractions, unclear instructions, or group conflicts affect outcomes.

Conclusion <i>(What else could you have done? Or what could you have improved?)</i>	Increase your self-awareness, develop good habits of introspection and constructive self-questioning. Become attuned to what matters most to you. By Cotrell. Published in 2021 by Macmillan Education UK. ProQuest Ebook Central, Page 3.
Reference	The University of New South Wales (2022) Day, Bloomsbury. Publishing, 2023-09-07. ProQuest. EbookCentral, online http://ebookcentral.proquest.com/lib/trinity/detail.action?docID=7249341. Created from Trinity on 2025-08-13:44:37.