

Training workshop on effectively managing behaviour in a Year 5 classroom

Contents.

1. Introduction

- **Welcome and Objectives**
 - Jess Ezike.
 - 38 Years old
 - 16 Years Experience Working with children with ALN
 - Welsh medium mainstream primary school.
 - Why are we here?
 - Importance of effective behaviour management in a mainstream primary school setting and why?!

2. Understanding Behaviour

- **Behavioural Theories**
 - Skinner's approach was founded on the belief that classical conditioning was much too basic to adequately explain complicated behaviour in humans. He felt that the best approach to understand behaviour was to investigate its causes and effects. He referred to this method as operant conditioning. (McLeod, 2024)
 - Unlike Skinner, Bandura (1977) feels that people are active information processors who consider the link between their actions and the consequences. Albert Bandura's social learning theory proposes that people acquire new behaviours by seeing and copying others. (McLeod, 2024b)
 - How these theories apply to classroom management.
 - What are the challenges implementing these theories?

- **Linking Strategies to Behavioural Theories**

SCENARIOS

1. Scenario: Disruptive Outbursts During a Lesson

- **Description:** You're in the middle of explaining when Billy decides it's the perfect time to practice his stand-up comedy routine. He interrupts the class with jokes and laughter.

- **Challenge:**

- **Considerations:**

- **Strategies:**

2. Scenario: Refusal to Participate in Group Work

- **Description:** You've assigned a group project, but Jayne refuses to participate. She crosses her arms and remains silent.

- **Challenge:**

- **Considerations:**

Strategies:

3. Behaviour Management Strategies

- **De-escalation Techniques**

- Effective de-escalation is recognising the often-subtle indicators that an individual is upset and taking steps to keep them from spiralling into a possible catastrophe. It is not enough to merely stop the behaviour; it is also necessary to use appropriate methods to calm and restore the feelings that are driving the behaviour in question. (Busby, 2023)

QUESTION...

How would you handle a situation where a student frequently interrupts both the teacher and their classmates during lessons? What strategies would you implement to address this behaviour effectively?

- **Verbal and Non-Verbal Support**
- **Additional Strategies**

4. Role of the Practitioner

- **Promoting Positive Behaviour**
- **Welsh Government**
- **Estyn – Best Practice**

5. Feedback and Evaluation

- **Workshop Feedback**
- **Q&A Session**

Feedback Form: Classroom Management Workshop

Workshop Title: _____

Date: _____

Facilitator(s): _____

Section 1: Workshop Content

1. How relevant was the workshop content to your teaching needs?

2. Please rate the following topics covered in the workshop:

a. Strategies for effective classroom management

☐ Excellent ☐ Good ☐ Fair ☐ Poor

b. Techniques for handling disruptive behaviour

☐ Excellent ☐ Good ☐ Fair ☐ Poor

c. Building positive relationships with students

☐ Excellent ☐ Good ☐ Fair ☐ Poor

Section 2: Practical Application

6. How confident do you feel about applying what you learned in your classroom?

(1 - Not confident, 5 - Very confident)

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

7. What specific strategies do you plan to implement?

8. Any additional comments?

Thank you for your feedback! Your input is invaluable in improving my professional development.

Reference list

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I acknowledge the use of AI tool – Copilot on the 22.10.2024 to provide me with an outline structure for the above presentation.

I confirm that I have not presented any AI generated text as my own work. I confirm I have copies of my drafts, notes and other resources I used before and after the use of AI tools which I may be asked to provide in evidence.



TTRAINING
WORKSHOP - CLASS



**Training workshop on
effectively managing
behaviour in a Year 5
classroom**

By Jessica Ezike

Welcome

1. Introduction

- **Welcome & Objectives**
- Jess Ezike.
- 38 Years old
- 16 Years Experience With ALN children
- Welsh medium mainstream primary school.



Understanding Behaviour

B. F. Skinner – Operant Conditioning Theory



B. F. SKINNER

- Skinner's approach was founded on the belief that classical conditioning was much too basic to adequately explain complicated behaviour in humans. He felt that the best approach to understand behaviour was to investigate its causes and effects. He referred to this method as operant conditioning. (McLeod, 2024)

Albert Bandura – Social Learning Theory



ALBERT BANDURA

- Unlike Skinner, Bandura (1977) feels that people are active information processors who consider the link between their actions and the consequences. Albert Bandura's social learning theory proposes that people acquire new behaviours by copying others. (McLeod, 2024)



- How these theories apply to classroom management?



- What are the challenges implimenting these theories?



Strategies for Behaviour Management

Bandura's Social Learning Theory

- Modeling Positive Behaviour
- Peer Learning
- Use of Media

Skinner's Operant Conditioning Theory

- Positive Reinforcement
- Negative Reinforcement
- Punishment
- Token Praise

Applying these strategies can illustrate how both theories can be effectively applied to manage classroom behaviour and promote a positive learning environment for all.



Question...

How would you handle a scenario in which a student repeatedly interrupts both the teacher and their peers during class? What techniques or which strategies would you use to properly address this behaviour?



More Strategies...



De-escalation Techniques

1. Listening and showing Empathy
2. Personal Space
3. Non-Threatening Body Language
4. Choices
5. Calm Tone of Voice
6. Redirecting Attention
7. self-regulation Zone
8. Positive Reinforcement



Effective de-escalation is recognising the often-subtle indicators that an individual is upset and taking steps to keep them from spiralling into a possible catastrophe. It is not enough to merely stop the behaviour; it is also necessary to use appropriate methods to calm and restore the feelings that are driving the behaviour in question. (Busby, 2023)



Verbal and Non-Verbal Support

Verbal Support

- **Use Clear precise Instructions**
- **Positive Reinforcement**

Non-Verbal Support

- **Eye Contact**
- **Proximity**
- **Facial Expression**
- **Body Language**
- **Visual Cues**
- **Silent Signals**



Task - Scenarios

1. Scenario: Disruptive Outbursts During a Lesson

- **Description:** You're in the middle of explaining when Billy decides it's the perfect time to practice his stand-up comedy routine. He interrupts the class with jokes and laughter.

2. Scenario: Refusal to Participate in Group Work

- **Description:** You've assigned a group project, but Jayne refuses to participate. She crosses her arms and remains silent.



The Welsh Government



Many schools in Wales used the "Respecting Others" framework. It is now called Rights, Respect, Equality. This framework encourages an attitude of respect for one another and no tolerance for bullying, ensuring that all students understand the boundaries and repercussions of their actions. Practitioners return to these standards with students on a regular basis to reinforce positive relationships. (Welsh.Gov, 2019)

Strategies to help ALN Children adapt to the framework

- Simplified language
- Social stories
- Visual timetables
- Reinforcement of positive behaviour
- 1:1 support
- Differentiated learning
- Tailored behaviour plans
- Sensory breaks



Additional Strategies

Classroom Rules and Routines

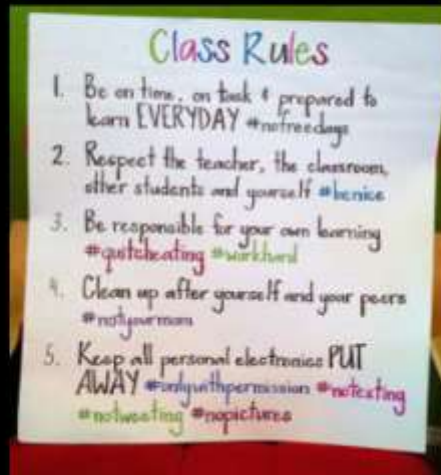
What are classroom rules and routines?

Why are they important?

Can you think of a rule that helps the classroom run smoothly?



Class Rules



Additional Strategies

Conflict Resolution Techniques

What is conflict resolution?

Why is it important?

What's one way a child can show respect when resolving a conflict with a classmate?



Good classroom management is a set of strategies and procedures used by educators to establish a positive and effective learning environment while minimising interruptions and maintaining a courteous and productive classroom attitude. Effective classroom management is critical to increasing student engagement, learning, and general well-being. (Teach Educator, 2024)

If we get relationships right in education, it may make a significant difference for everyone involved. "Education is relationships", therefore the quality of those relationships defines the quality of your life. (Wales Restorative Approaches Partnership, 2024)



Ty Bronllys - Estyn

Ty Bronllys established in 2006 as the first school and children's home under the Orbis Education and Care umbrella. Its mission is to provide educational and residential help to children with autism and challenging behaviour. The school serves up to 13 residential and day students with special needs related to autism spectrum disorder. (Estyn, 2024)



Every child gets a learning plan tailored to their level, abilities, and interests, which is stimulating, motivating, and engaging. An experienced team of teaching specialists and therapists work together to consistently nourish every single Child. (Orbis Education & Care Ltd, 2018)

Orbis is committed to promoting Positive Behaviour Support (PBS) as a service model. Positive Behaviour Support (PBS) originated in the 1980s as a response to concerns about the use of punishment for individuals with learning difficulties and behavioural problems. PBS is a "values-led approach to achieving behavioural change" that combines Social Role Valorisation and Applied Behavioural Analysis. (Orbis Education & Care Ltd, 2023)



Orbis wishes to encourage all students to act appropriately. Education strategies should help students recognise right and wrong, respect others, accept responsibility, take initiative, and contribute to community life. In addition, students are encouraged to learn about institutions and services. (Orbis Education & Care Ltd, 2023)



Q & A's....

Please take time to fill out the feedback form.
Thank you for coming.



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- Busby, M. (2023). *What Is De-Escalation and Why Is It Important for Positive Behaviour support?* [online] Team Teach. Available at: <https://www.teamteach.com/what-is-de-escalation-and-why-is-it-important-for-positive-behaviour-support/> [Accessed 22 Oct. 2024].
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