



SUICIDE AND SELF HARM

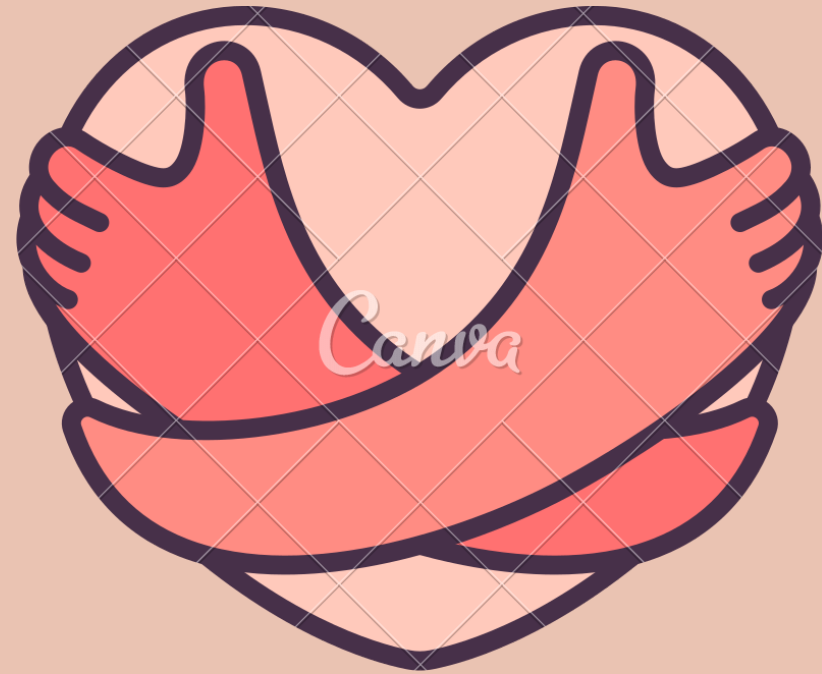
BY MEGAN THOMAS



What i will be discussing

- What is the topic i have chosen
- Why i choose this topic
- How this topic has changed in the past couple of years
- Who it effects
- Is there any help for them





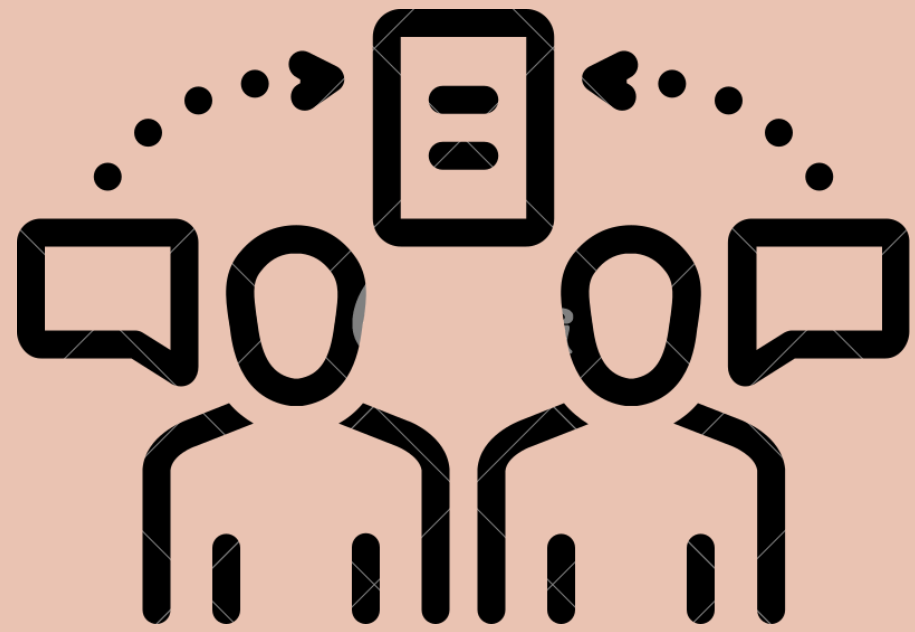
My Topic



Suicide and Self Harm



World health organisation 2022



Anne Brager-larsen, Pal Zeiner, Ole kungsoyr & Lars Mehlum
(2022)

Self-harm behaviour increases up to age 12
and peaks between ages 14–16,
with decreasing rates after 18 years of age



Why i have chosen this topic to discuss

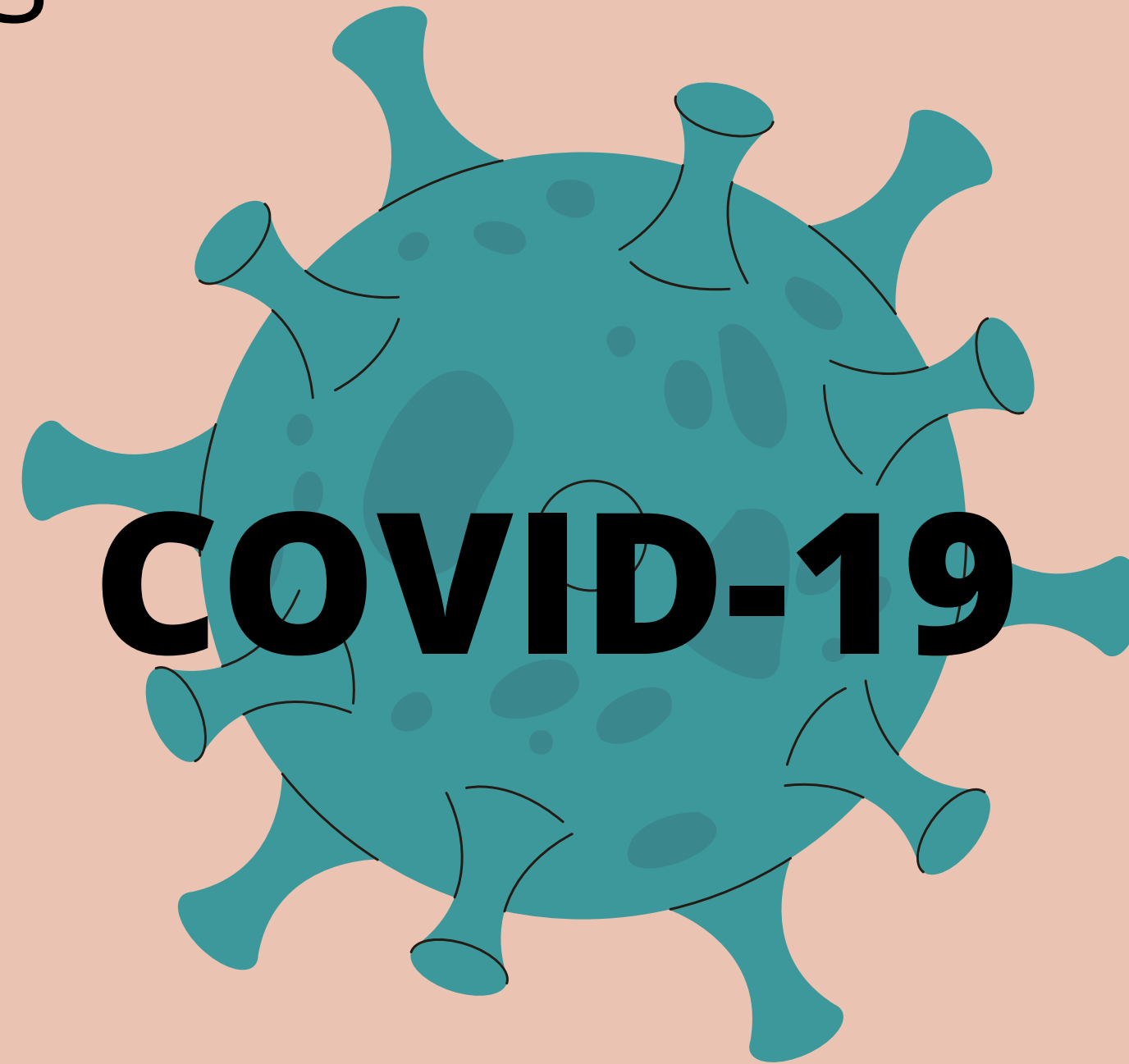


The NVDRS 2015 data showed that,
among men of all races, men over 65 were the most likely
to die of suicides (27.67 suicides per 100,000),
closely followed by men 40–64 (27.10 suicides per 100,000).
Men 20–39 (23.41 per 100,000) and 15–19 (13.81 per 100,000)
were less likely to die of suicides.



4.0 DEATHS PER
100,000 FEMALES

14.8 DEATHS PER
100,000 MALES



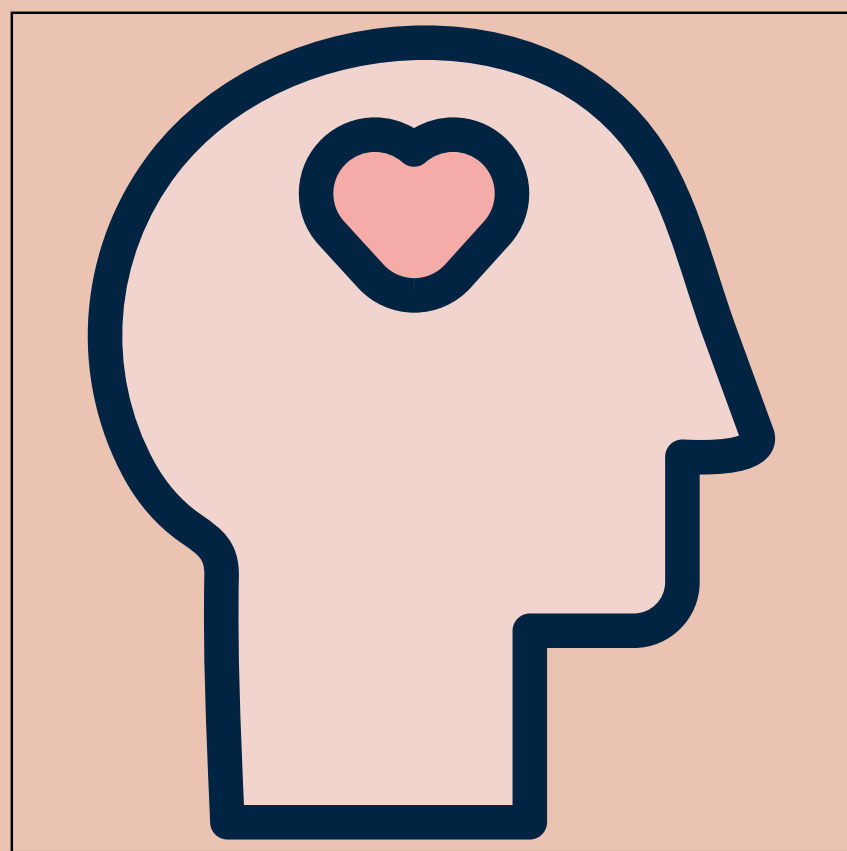
3,828 BETWEEN APRIL AND
DECEMBER 2020

2019 4,215

Census 2021

MIND CYMRU
AVAILABLE AT [MIND.ORG.UK](https://mind.org.uk)

MENTAL HEALTH WALES
AVAILABLE AT
[MENTALHEALTHWALES.NET](https://mentalhealthwales.net)



IS THERE HELP?



TIME TO CHANGE
AVAILABLE AT [TIME-TO-CHANGE.ORG.UK](https://time-to-change.org.uk)

World health organisation (2022). Suicide available at <https://www.who.int/news-room/fact-sheets/detail/suicide> (accessed on 30 april 2022)

Census (2021)Deaths from suicide that occurred in englands and wales: april to december 2020 available at ons.gov.uk (accessed on 30 april 2022)

BMC psychiatry (2022) Is age of self-harm onset associated with increased frequency of non-suicidal self-injury and suicide attempts in adolescent outpatients? available at:
<https://bmcpsy psychiatry.biomedcentral.com/articles/10.1186/s12888-022-03712-w#:~:text=Both%20suicide%20attempts%20and%20NSSI,age%20%5B6%2C%207%5D>. (accessed on 25 june 2022)