



NAOMIE

NAOMIE is a planning model where needs are identified and explored, to provide young people with opportunity that will enable them to express themselves, as explained by Wood (2000). This planning model will focus on needs that have been identified on Cilgerran Ward, which would improve the wellbeing of the young people on the ward, they have been based on discussions held with young people and professionals on the ward.

Needs

The playroom has toys, books and arts and craft supplies, often it is occupied by young children, resulting in the young people on the ward staying at their bedside, because the playroom becomes crowded and noisy. The young people often request to have gaming equipment and DVD players at their bedside, leaving them isolated, often not socialising with other young people and not mobilising, which can all be factors in prolonged recovery in a hospital setting. Play therapy in a hospital setting began in 1958, as explained by Whitaker and Matsudaira (2022), however the needs of children and young people have changed a lot since then and Newcastle upon Tyne Hospitals NHS Foundation Trust (2024) understand that staying in hospital can be challenging for young people.

Aims

To provide young people on the ward with a space of their own, which is youth work lead, and where opportunity is provided for young people to develop holistically, away from the ward setting, in line with the key purposes of youth work, CLD Standards Council Scotland (2019).

Objectives

A space for young people, providing them with more comfortable surroundings, where they can feel supported and do various activities like gaming and arts and crafts and socialise. This would abide by Article 31 of The United Nations Convention on the Rights of the Child, where it states, 'All children have a right to relax and play, and to join in a wide range of activities' (Welsh Government, 2021).

Method

A big enough room would need to be allocated for this project, close enough to the adolescent room on the ward, ensuring young people wouldn't have too far to go.

The plan needs to be forwarded to the Therapeutic Play Team Manager and the Ward Manager, it would then go to panel, where a decision would be made based on the findings of the model, and dependant on funding.

Implementation

The length on the project is dependent on the decision made at panel and funding, where there is no funding or lack of funding, discussions could be held with young people and ward managers to explore fundraising ideas.

Once a room is established, sufficient funds would be required to furnish the room with sofa's, table and chairs and a TV, with a little extra for arts and craft materials.

Young people would be included in the final decisions on how to make it a warm and welcoming space, ensuring that they are included, in line with the CLD Standards Council Scotland (2019).

Evaluation

The opinions of all staff will be considered. Young people and their parents/ carers will be asked to complete a survey, focusing on the positives and negatives of the space provided, giving them an opportunity to suggest any improvements that could be made, as a means of encouraging and including the young people every step of the way, in accordance with Youth Work in Wales: Principles and Purposes (YWWRG, 2022).

The youth worker/ therapeutic play team would need to complete Risk Assessments to ensure that the space is always safe for young people and that daily reports are completed to ensure that any concerns or issues are recorded.



Reference List

CLD Standards Council Scotland (2019) *The National Occupational Standards of Youth Work*. Available at: www.nya.org/ (Accessed: 18th February 2024).

Newcastle upon Tyne Hospitals NHS Foundation Trust (2024) *Coping with being in hospital*. Available at: <https://www.newcastle-hospitals.nhs.uk/services/psychology-in-healthcare/childrens-health-psychology/resources-for-children-and-young-people/coping-with-being-in-hospital/> (Accessed: 18th February 2024).

Welsh Government (2021) *An Introduction to the United Nations Convention on the Rights of the Child*. Available at: <http://www.gov.wales/sites/default/files/publications/2021-11/introduction-to-the-united-nations-convention-on-the-rights-of-the-child.pdf> (Accessed: 20th February 2024).

Whitaker, J. and Matsudaira, C. (2022) *The Evolution of Hospital Play in the UK and Repercussions for Japan: A Socio- Historical Perspective*. Japan: Studies in Social Science Research.

Wood, J. (2000) *The NAOMIE Planning Model*. Available at: <https://youthworkcentral.tripod.com/naomie.htm> (Accessed: 4th January 2024).

Youth Work in Wales: Principles and Purposes (2022) *Youth Work in Wales Review Group*. Available at: <https://www.cwvys.org.uk/youth-work-in-wales-principles-and-purposes/> (Accessed: 18th February 2024).