

BASIC DIGITAL SAFETY

PROTECT YOUR INFORMATION

Keeping your information private online is very important. This includes things like passwords, emails, birth dates, and other sensitive details. If someone else gets this information, they could access your accounts, steal your money, or cause other problems. It's also important to stay aware of the latest online threats and to update your security when its needed. This might include changing your passwords, updating your software, or being careful with suspicious emails and messages from unknown users. By followings these measures, you can help keep your information safe. Always remember, protecting your personal data is an constant ongoing thing, so stay alert and make sure your security is up to date. This way, you can reduce the risk of your information being stolen or misused.

THINK BEFORE YOU POST

Consider how your posts might be seen by others, by allowing yourself to say things there could be other people watching or maybe they will see something that is of easy access to them. You can never be too careful with online safety, even through pictures or locations you should always be aware of any precautions you can take. You can make sure you set you privacy to friends/followers only. to avoid any unwanted people gaining access to your account

BE A GOOD DIGITAL CITIZEN

Treat others online with respect and avoid harmful behavior. Retaliation is always a bad idea. If someone is making you uncomfortable or you feel there is an issue, always report and block them. Most online platforms have tools to help you manage interactions and protect your safety. You can also get support from trusted friends, family, or online support groups if you need help dealing with difficult situations. Remember that you're not alone, and there are resources always there to assist you. In addition to that, consider reaching out to mental health professionals if online interactions are affecting your well-being. Your safety and peace of mind are important, so don't hesitate to ask for help when you need it

USE STRONG PASSWORDS

Choose unique, difficult-to-guess passwords and never share them with others. Avoid using memorable dates or parts of sensitive information in your passwords, as these can make them easier for others to guess. A strong password should be a mix of letters, numbers, and symbols. Also changing your passwords regularly to keep up strong security, many people forget this step. Using different passwords for various accounts can also help prevent a breach from gaining access to multiple accounts. Always keep your passwords private and update them if you suspect they may have been accessed by someone. For extra protection, you can use two-factor authentication. This extra layer of security requires a password and also a second form of verification, such as a code sent to your phone, making it even harder for unauthorised users to access your accounts

ALWAYS BE CAUTIOUS ONLINE

To keep your data safe online, use privacy settings and make sure everything is secure. This helps protect your information from being stolen. Be careful of scams, viruses, and other harmful softwares which can harm your computer, sometimes making it unusable. It's also important to block cookies that can collect your data. Always have antivirus software installed and updated to stop bad stuff from getting through. Don't click on strange links or download files from people you don't know. If you see anything suspicious, report it to the website or authorities to help protect yourself and others.