

BMHP5019_BIRM - Introduction to Independent Research Skills
Component 1 Checklist.

Please ensure that you have read the assignment specification document for the component which is available in the [assignment brief folder](#) on the [module Moodle page](#).

Recommended word count distribution for your C1 proposal –

- **Title Page** – Words not included in word count.
- **Introduction** – 100 words
- **Rationale** – 170 words
- **Methods** – 80 words
- **Ethical consideration** – 50 words
- **Reference List** - Words not included in word count.

Have I....?

Yes or
No?

Have I **chosen a topic to research which relates to practice** in health and social care? Or a digital health profession?

Have I understood that my proposal is to complete **secondary research**?

Have I chosen a topic that I am also happy to research for my component 2 assignment?

In my introduction, have I **described the topic** of focus?

In my introduction, have I included a **review** (or research) **question**?

In my introduction, have I included **what objective I have** for my secondary research? (What am I aiming to reveal? Or answer? Or find out? What gap are you filling in?)

Have I included a <i>rationale</i> for choosing my topic ? Stating why I believe that it is relevant and important to research this topic area.	
Have I supported my rationale points with citations to relevant literature? (Aim for five citations of relevant journal articles).	
Have I included a paragraph about my methods ? Where will I search for articles? What search terms will I use? (REMEMBER – this is a plan, not a promise)	
In my methods section, have I stated that I will use ‘thematic analysis’ as detailed in component 2 as my methods for analysis? (You do not need to explain this at this stage) For more information - see pages 143 – 155 of chapter 6 of the Core Reading – Aveyard (2014) Doing a literature review in health and social care : a practical guide	
Have I included a paragraph about the ethical considerations that I will ensure during my proposed research?	
Have I included a reference list that details my five (or more) citations that have been used to support my rationale? Using UWTSD Harvard Style referencing.	