

**Module Name: Academic and Employability Skills**

**Module code: BMSW4001**

**Assignment Title: ACE Practical Portfolio.**

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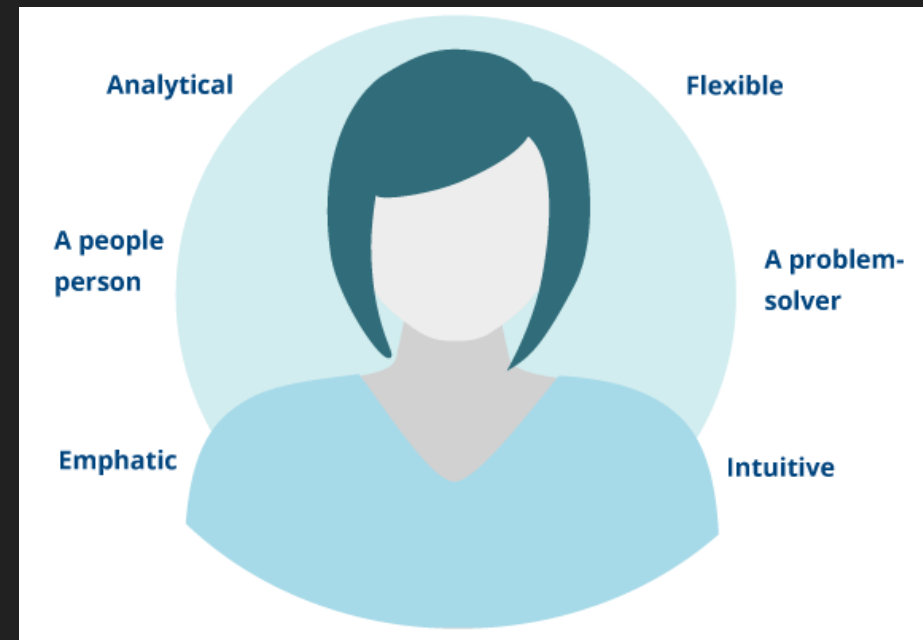
# Introduction

- The presentation identified and analysed the academic and employability skills for becoming a psychologist
- Psychologist should have **appropriate communication skills, problem-solving skills, time management paraphrasing and summarising ability, numeracy skills, good researching skills, etc.**
- It prepared a SWOT analysis and professional development plan for becoming a successful psychologist.



# Analysis of academic skills required for becoming a psychologist

- In the view of Ayala Calvo and Manzano García, (2021) a psychologist should have some **general awareness skills**, knowledge of **health and safety guidelines** and **researching skills**.
- It is important that a psychologist should act in a responsible and ethical way.
- The appropriate knowledge of health and safety guidelines helps the psychologist to deal with unprofessional behaviour, professional or social isolation, ethical violations etc.



# Analysis of academic skills required for becoming a psychologist

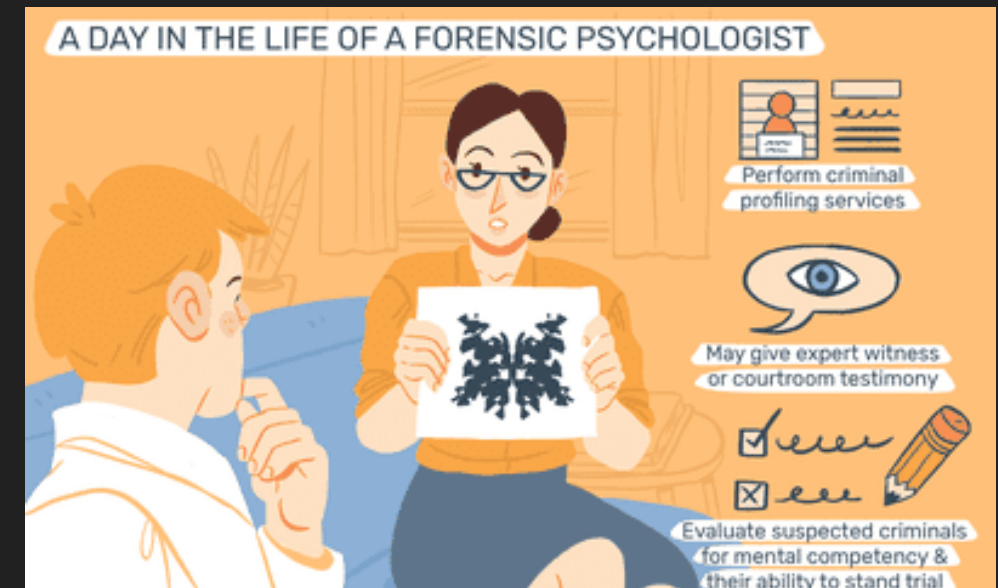
- In addition, A psychologist should have knowledge regarding **paraphrasing skills**.
- **summarising skills** is also important to clarify the important points regarding the particular concept (Fernández-Valera *et al.*, 2020).
- Psychologist should have the knowledge of **numeracy skills**.
- These help the psychologist to provide appropriate feedback to the client based on the entire situation.

## Top Skills of Psychology Degree Holders:

- TRUSTWORTHINESS
- PATIENCE
- OPEN-MINDEDNESS
- KNOWLEDGE OF REGULATIONS & THE LAW
- INTERPERSONAL SKILLS
- ETHICS
- EMOTIONAL STABILITY
- COMPASSION
- COMMUNICATION SKILLS
- INTEREST IN CONTINUING STUDIES

# Analyse the employability skills required for becoming a psychologist:

- The most important employability skills of the Psychologist are **emotional intelligence** skills, **time management skills** and **Communication skills**.
- It is important for psychology students to collect knowledge regarding the way they can stop multitasking issues.
- **Communication skills** help psychologists to handle the conflict situation and communicate effectively with the patient in a different situation (Marrington *et al.*, 2019).
- **Emotional intelligence** skills help to enhance their self-esteem and confidence level to tackle and understand the psychological issues of the human being.



# Analyse the employability skills required for becoming a psychologist:

- **Interpersonal skills, active listening skills, negotiation skills, critical thinking and analysis skill, Problem-solving skill** are all other important employability skills for Psychologist (**Hamilton et al., 2018**).
- These skills help the psychologist to think rationally, critically and understanding the logical connection between the communications to provide innovative feedback to the client.



# SWOT Analysis

## Strengths

Positive communication and interaction skills.  
Appropriate knowledge regarding health and safety guidelines.  
Effective negotiation skill.

## Weaknesses

Lack of knowledge regarding the general awareness including political impacts and ethical issues.  
Lack of knowledge regarding the problem solving techniques.  
Poor emotional intelligence skill.

## Opportunities

Basic concept regarding the time management techniques.  
Paraphrasing skills to represent the other feeling into own words.  
Summarising skills to summarise the main points regarding the particular concept.

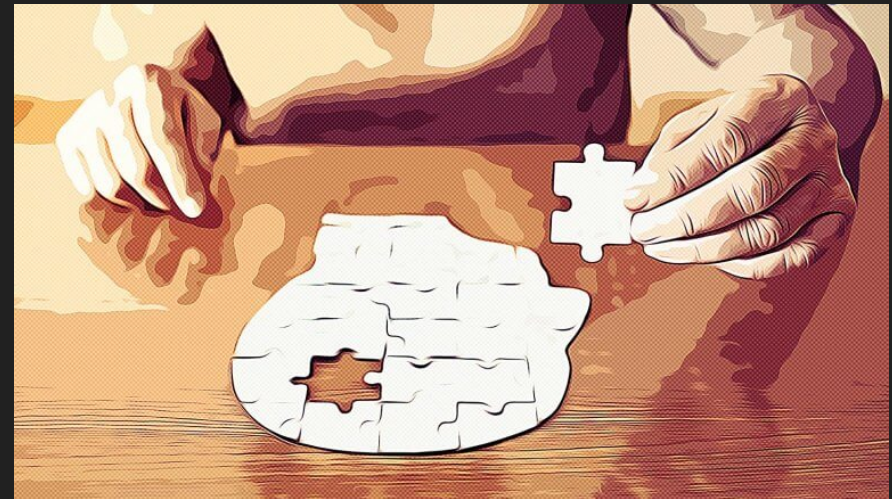
## Threats

Lack of critical thinking skills.  
Poor interpersonal skill.  
Active listening skill.  
Lack of researching skills.



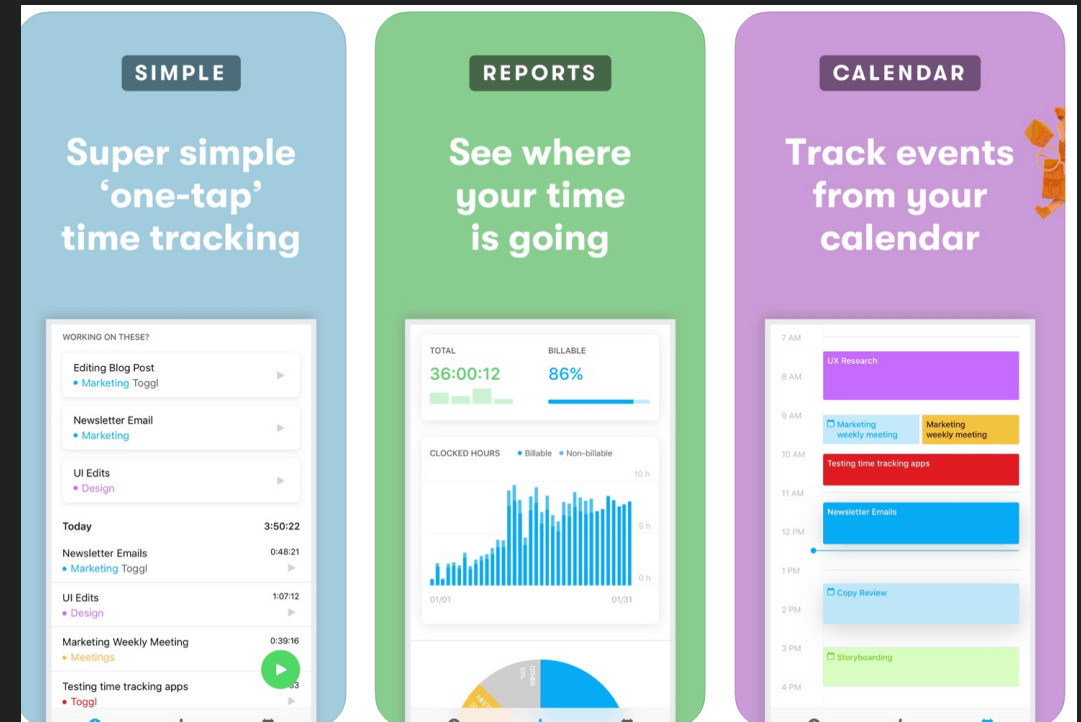
# Findings From SWOT Analysis

- During this pandemic situation, the online learning experience at my university helped me to get knowledge regarding time management tools and problem-solving techniques through online seminars and discussions at online forums.
- The learning experience at university also helped me to collect basic knowledge regarding emotional intelligence skill (Hamilton *et al.*, 2018).
- It is important for controlling own emotions and feelings and understand the feelings of others to meet their requirement.



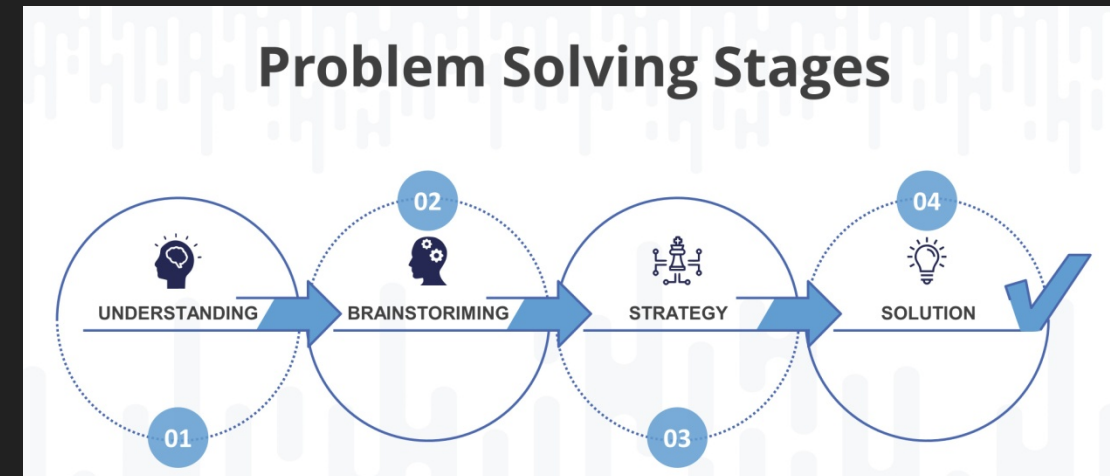
# Professional Development Plan:

| Skill:                        | Actions                                                                                                                                                                         | Evidence                                                                               | Deadline |
|-------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------|
| <b>Time Management skills</b> | To be a successful Psychologist, I need to learn to set the SMART goals and list the priorities of the tasks to reduce the multitasking issues (Hamilton <i>et al.</i> , 2018). | I will gather feedback from my tutors and peers in the classroom about my performance. | 4 months |
| <b>Interpersonal skills:</b>  | I need to practice taking responsibility of own actions.<br>I need to practice observe the reaction of own and others.                                                          | gather feedback from my peers                                                          | 5 months |



# Professional Development Plan:

| Skill:                                     | Actions                                                                                                                                                                                                           | Evidence                            | Deadline |
|--------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|----------|
| <b>Problem Solving skill</b>               | I need to practice learning the new problem-solving techniques (flowcharts, fish bone diagrams, mental maps, Idea maps) to figure out the more effective resolutions for any problems (Sun <i>et al.</i> , 2019). | Gather feedback from my peers       | 3 Months |
| <b>Paraphrasing and Summarising skills</b> | I need to practice summarising the main points from the fact                                                                                                                                                      | Influence my peers to give feedback | 3 Months |



# Conclusion

- Development of proper academic and employability skills are necessary for achieving the goal of being a successful psychologist.
- The overall experience at my university also helped me to improve my personal and professional skills for becoming a psychologist.



# References

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