

POST GRADUATE CERTIFICATE IN NEUROCOACHING

SUPERVISION JOURNAL

CAROLINA DAMIANI

Student Nr: 2029935

Assignment II

Module: BMPF7013F

Professional Coaching Skills

SUPERVISOR: LYNDSEY WEIR

Date: 02/02/2022

Session 1:

During the first session, Lyndsey and I discussed my subject and its applications.

We discussed how Coaching tools could be used in conjunction with NLP tools to achieve my goal of getting my clients moving from an anxious state to a calmer state during birth. Lyndsey went over the structure of the paper and how I could map it into a way to create a flow from my first assignment to my second.

We agreed on keeping the same structure as the first one and adding further definitions and trying to link both themes at the conclusion.

Date: 08/2/2022

Session 2:

During the second session we discussed the progression of the paper and also what I could add to it to get the client to an associated state by using coaching and making sure I follow the PCC markers and criteria. I have then discussed the structure and how I would use the coaching session and transcriptions to exemplify the tools and interventions I was using.

Date: 24/2/2022

Session 3:

During our third session, we discussed the structure further and Lyndsey advised me to make sure the references were following Guide 5. We explored the Double-loop Coaching model (Dilts, 2003) and how it could be used.

Date: 27/2/2022

Session 4:

Our session was based on feedback on the draft previously sent. She advised me to stick to Harvard referencing and refer back to guide 5. We discussed about the information provided and add more details to some of the tools I was using, so the second marker would have a better understanding of what my intention was. We focused on the ICF Code of Ethics and Conducts (and making sure it was explicit that I used it throughout my session. (Federation, 2022).

We also discussed Rolfe's reflection model and how I could explicit how I used it throughout the paper.