



UNIVERSITY OF WALES: TRINITY SAINT DAVID
PRIFYSGOL CYMRU: Y DRINDOD DEWI SANT

School of Business

London Campus

Psychology for Health and Social Care
BMHP4003

MODULE CODE:	BMHP4003
TITLE:	Psychology for Health and Social Care
LEVEL:	4
CREDITS:	20
JACS CODE:	L510

AIM(S)

The aim of this module is to develop understanding of the psychological factors which influence human behaviour throughout the lifespan and how these apply to health and social care settings

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to demonstrate the ability to:

- Understand theories of lifespan development
- Analyse how psychological theories are applied to health and social care practice
- Examine social and biological determinants of human behaviour displayed in health and social care contexts

INDICATIVE CONTENT

- Life stages: infancy; early childhood; later childhood; adolescence; adulthood; late adulthood; final stages of life and death
- Theories of lifespan development: stage versus open-ended theories; continuity versus discontinuity; static versus dynamic theories; idiographic versus nomothetic perspectives on personality
- Theories: behavioural; cognitive; psychodynamic and humanistic
- Theorists: Freud; Erikson; Maslow; Rogers; Beck; Piaget; other theorists as appropriate e.g. Buhler, Havighurst, Kohlberg, Gutmann, Lowenthal, Gould, Loevinger, Berne
- Theoretical perspectives related to group and individual human behaviour. e.g. perspectives related to human conditioning.
- Concepts associated with human behaviour, including personality, perception, learning, intelligence, attitude, motivation, communication and resistance.
- The relevance of perspectives and concepts associated to behavioural psychology in relation to the workplace, and their application to a Health and Social Care work environment.
- The diversity and impact of individual and group behaviour upon others in an organisational environment within Health and Social Care. E.g. conflict and team dynamics.
- Debate in social-psychological areas.

LEARNING AND TEACHING STRATEGY

This module will be taught via formal lectures and equally supported by guided tutorials. The teaching strategies for this module will include case studies, various media sources, review of articles, directed reading, research and practical work, group seminars and presentations, guest speakers as appropriate and group discussion and debate.

The allocation of teaching to deliver the module is:

Activity type	Hours	Percentage
Scheduled learning	60	30%
Independent learning	140	70%
Placement learning	-	-
TOTAL	200	100%

ASSESSMENT

Assessment Component 1 – 50% (Presentation and Supporting Paper) (1000 words)

Students are required to produce a presentation demonstrating an understanding of concepts and theoretical perspectives related to lifespan development. The presentation shall be equivalent to 1000 words. The students will also produce a 1000 word supporting rationale for their presentation which makes use of relevant psychological research and academic content.

Assessment Component 2 – 50% (Written Assignment) (2,000 words)

Students are required to produce a written and logically structured reflective essay (2500 words) that will have a particular focus on the ways in which psychological theories are applied to health and social care practice, with particular emphasis on their own career goals.

Assessment Summary

Activity type	Percentage
Written Exam	-
Coursework	50%
Practical	50%
TOTAL	100%

EDUCATION FOR SUSTAINABLE DEVELOPMENT (ESD)

Does the module contribute to ESD?	Yes
Using the University's VLE as a repository for resources will reduce use of paper resources and enable staff to share resources to avoid duplication. The module will raise students' awareness of therapeutic responses to sustain the health of individuals, in order for students to develop the skills required for health care practices in their future employment, which will better meet the needs of a range of service users. This will enable students to develop innovative and creative ideas to ensure sustainable person centred care are strategies delivered to enable them to meet the preferred health care choices of service users.	

READING LIST

Module Code	BMHP4003	
Module Title	Psychology in Health and Social Care	
Classification	Reading List entry	Electronic*
Essential	Griggs, R. A. (2014) <u>Psychology: A Concise Introduction</u> , Third Edition, Worth Publishers. Smith, J.R. and Haslam, S.A. (2012) <u>Social Psychology</u> , London: Sage Publications Ltd.	☐
Further	The Psychologist, British Psychological Society Occupational Psychology Work and Stress Personnel Psychology Journal of Managerial Psychology Journal of Personality and Social Psychology	☒
Further	www.bps.org.uk www.simplepsychology.org www.socialpsychology.org www.health-psychology.org.uk www.organisationalpsychology.com	☒