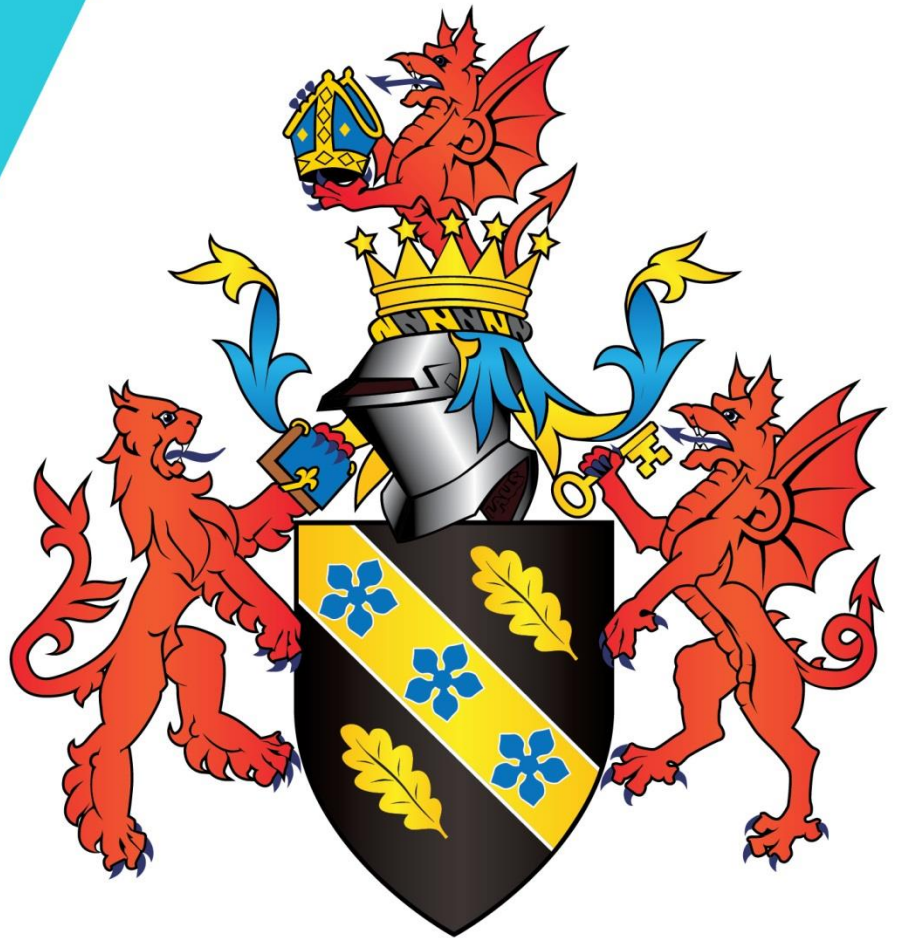




Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David



Sports Industry Research
Project Proposal M6X02100
Assignment 1

Pablo Elipe

A mix ability model to
change disable's life.



Insert Rationale – Why are you researching this area (Screenshot from PowerPoint)

Rationale

- Limitation of capability = potential disability
- “An individual is disabled if he or she cannot do or be the things he or she values doing or being” (Mitra, 2006, p.241)
- Necessity to introduce a new modality of social inclusion like Mix Ability Model (Dyer, *et al.*, 2019)





Insert Project Aim and Objectives into the table below (Screenshot from PowerPoint)

Project aim	▪ Critical evaluation on how people with disabilities get benefited by inclusive sport programmes such as Port Talbot mixed ability rugby Panthers and Mix Ability Rugby for All (MIXAR).
Objectives	▪ To understand the physical and emotional barriers why disable groups can not achieve inclusivity in sports ▪ Analyse how these barriers are being tackled ▪ Research how inclusivity and projects like MIXAR and mixed ability rugby panthers produce a positive impact in disable groups through Mix ability sports model ▪ To compare both organizations in order to know how could they be benefited from each other to improve their programmes



Insert Background to the Organisation, Facility, Group or Athlete into the table below
(Screenshot from PowerPoint)

Background

- 80 million people have disabilities in Europe. From those people, poverty is 70% higher than the average (EC, 2010)
- In England, 43% of disabled people participated in sport at least once a week (Sport England, 2016)
- In Wales, just 45% of disabled people participated in sport at least once a week (Sport Wales, 2018)
- Disabled people are twice as likely to be inactive as non-disabled people (Dyer, *et al.*, 2019)



Background

MIXAR	Port Talbot Panthers
Programme of the European Union	Local rugby programme from south Wales
Partners: IMAS, Universidad de Salamanca, Italy and Spain rugby federations, Rugby Vaaldren, Per Formare Associazione and Sundays Well RFC.	Partners: Port Talbot Panthers RFC, PASS, Ospreys, Sport Wales and Bex design.
Provide opportunities to play community rugby for people of all abilities and backgrounds.	
Many advantages compared to adapted, segregated or disability-specific sport.	





Insert Miniature Literature Review into the table below (Screenshot from PowerPoint)

Literature Review

- Physical and emotional barriers
- Social inclusion
- Policies
- Mixed ability model

Physical and emotional barriers

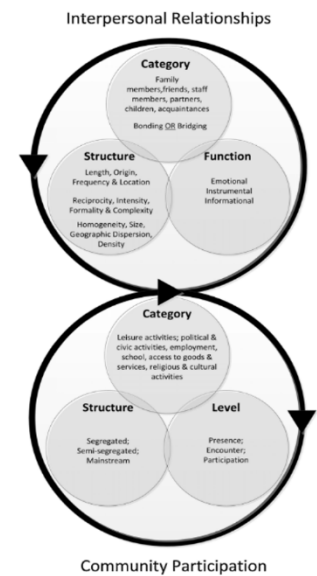
Physical barriers	Emotional barriers
Lack of time	Feelings of stigmatisation
Finances	Lack of confidence and self-esteem
Assistants	Challenges around interpersonal communications
Adequate infrastructure and Equipment	Lack of awareness of opportunities
Transport	

Inclusive sports focus attention on removing 'disabling barriers' through societal interventions (like mix ability sport) which enable disabled people to participate in sports and physical activity (Darcy & Dowse, 2013; Swain, et al., 1993; DCMS, 2015).



Social inclusion

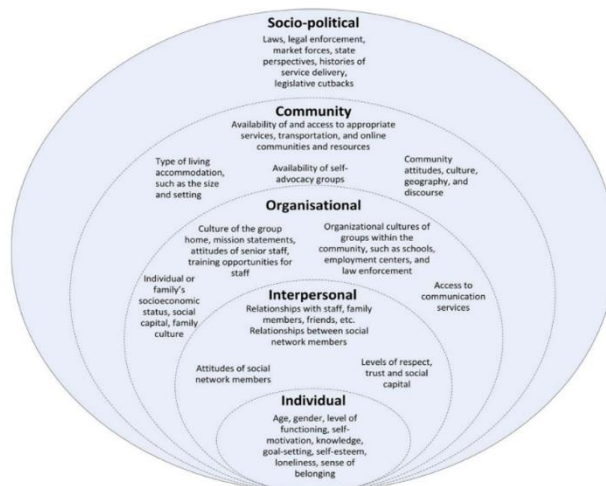
- The model splits the definition of social inclusion from the processes that may produce social inclusion as well as the subjective feelings from inclusion.
- Interpersonal relationships and community participation are necessary for the term social inclusion.



Simplican, *et al.* (2015)

Social inclusion

Pathways to and from social inclusion



Simplican, *et al.* (2015)



Policies

- UN Convention on the Rights of Persons with Disabilities Article 30 states that participation in sports should be a right for everyone (EC, 2010)
- Action plan – Action on Disability: The Right to Independent Living (Welsh government, 2019)
- 'Talk to Me', highlighted using a trusted channel as one of the key ways to increase participation in disabled people (Sport England, 2016)
- Sport England has announced 44 projects around the country that will be financed with the National Lottery funding (Sport England, 2016)
- IMAS has been awarded with £161,040 from Sport England (IMAS, 2019)

A New Model for Inclusive Sports. Mixed Ability Rugby

- Promote social inclusion through the integration of disabled players into common social sport (Dyer and Corrazza, 2018)
- Integrates players with and without disabilities. It emphasises the importance of regularity, club membership, self-determination, sustainable provision, and opportunities for social interaction for all (Dyer and Corrazza, 2018).
- Self-confidence, physical health benefits, mental well-being and belonging (Dyer, *et al.*, 2019)





Other literature review

- Kasum, G. (2019) *Disabled sports: steps towards a reduced exclusion and a value paradigm of the Serbian. Physical Culture / Fizicka Kultura*, 73(1), pp.22–40.
- Coalter, F. (2013) *Sport for development: What game are we playing?* London: Routledge.
- Dattilo, J. (2018) *An Education Model to Promote Inclusive Leisure Services. Journal of Park & Recreation Administration*, 36(2), pp.177–196.
- Grandisson, M. (2019) *Perspectives on Strategies to Foster Inclusion Through Sports: Advantages, Disadvantages, and Considerations for Implementation. Inclusion*, 7(2), pp.140–154.
- DePauw, K. and Gavron, S. (1995) *Disability and sport*. Champaign, IL: Human Kinetics.

Other literature review

- Beedie, P., Craig, P. and Craig, P. (2008) *Sport sociology*. Exeter: Learning Matters.
- Collins, M., Kay, T. and Kay, T. (2003) *Sport and social exclusion*. London ; New York: Routledge.
- Martin, J (2017) *Handbook of disability sport and exercise psychology*. Oxford scholarship online.
- Norwich, B. (2014) *How does the capability approach address current issues in special educational needs, disability and inclusive education field*. *Special Educational Needs*, 14(1), pp. 16-21.
- Dyer, J., Sandford, R. and Dixon, J. (2017) *Evaluation of the Mixed Ability Sports Development Programme (MASDP)*. Report from Workshop 1: Attitudes, perceptions and motivations of MASDP stakeholders. IMAS.



Insert Access to Resources and Methodology into the table below (Screenshot from PowerPoint)

Methodology	Ontology	Relativism: Multiple versions of reality, which is shaped depending on the context
		Realism: truth that exists and do not change
	Epistemology	Etic: Outsiders point of view. Realism
		Emic: Subjective approach. Relativism
	Methodology	Description, explanation, justification, and evaluation of the scientific inquiry process.
	Methods	Technical procedures and rules for data collection and a further analysis.

(Beck and Manuel, 2008; Viergever, 2019)

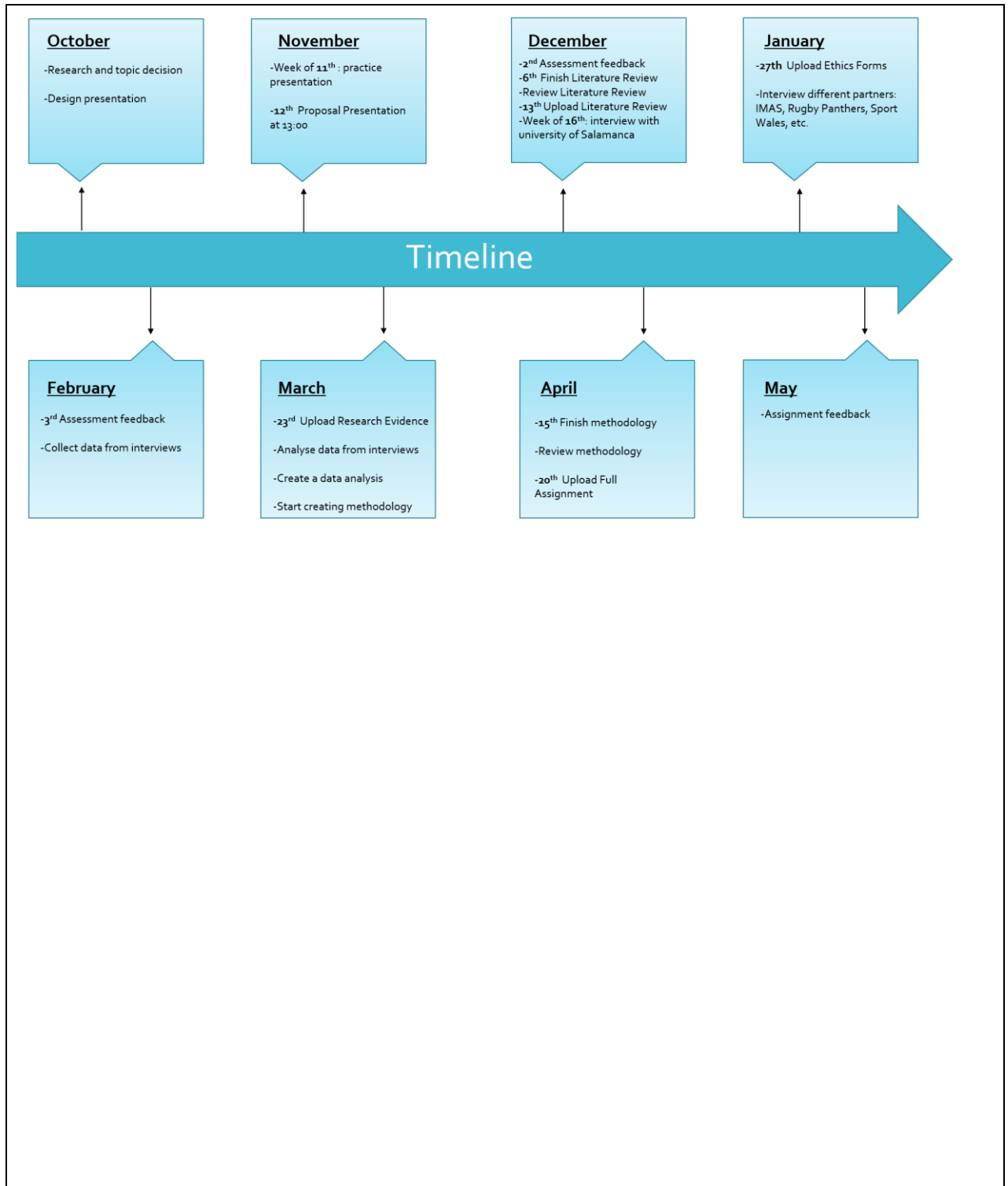
Methods	Interviews: Face to face Skype WhatsApp audio	→	Phenomenological Methodology	Relativism ontology
				Emic epistemology

- Beck and Manuel (2008) suggest that interviews are a good choice for data if there is a need to explore or understand finely shaded human issues, if something needs to be explored such as an experience looking for themes and if the question seems best answered in prose than with numbers.
- structured interviews
- semi-structured interviews – University of Salamanca, IMAS, etc.
- unstructured interviews

(Wilson, 2016)



Insert Timeline into the table below (Screenshot from PowerPoint)





Insert Bibliography, Books, Online Sources and Professional Bodies into the table below
(Screenshot from PowerPoint)

Bibliography

- Beck, S. and Manuel, K. (2008). Practical research methods for librarians and information professionals. New York, NY: Neal-Schuman.
- DCMS (2015) Sporting Future: A New Strategy for an Active Nation. Available at: <https://www.gov.uk/government/publications/sporting-future-a-new-strategy-for-an-active-nation> (Accessed 9 November 2019).
- Dyer, J., Sandford, R. and Beckett, A. (2019) *Evaluation of the mixed ability sports development programme*. IMAS.
- Dyer, J. and Corazza, M. (2018) *The impacts of mixed ability rugby*. IMAS.
- EC (2010) *European Disability Strategy 2010–2020*. European Commission.
- Fitzgerald, H. (2009) *Disability and youth sport*. London ; New York: Routledge.
- IMAS (2019) *Sport England awards £161,040 of funding to International Mixed Ability Sports*. Available at: <http://www.mixedabilitysports.org/sport-england-awards-161040-of-funding-to-international-mixed-ability-sports/> (Accessed 10 November 2019).
- Mitra, S. (2006) *The capability approach and disability*. Journal of Disability Policy Studies, 16 (4), pp. 236–47.

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- Sport England (2016) *Mapping disability. Engaging disabled people: the research*. Available at: <https://www.sportengland.org/media/10856/engaging-disabled-people-the-research.pdf> (Accessed 9 November 2019).
- Sport Wales (2018) *"Sport is now a viable option for disabled people"*. Available at: <http://sport.wales/news--events/news--events/our-news/latest-news/%E2%80%99Csport-is-now-a-viable-option-for-disabled-people,%E2%80%99D-says-disability-sport-wales-boss.aspx> (Accessed 9 November 2019).
- Simplican, S., Leader, G., Kosciulek, J. and Leahy, M. (2015) *Defining social inclusion of people with intellectual and developmental disabilities: an ecological model of social networks and community participation*. 38, pp.18–29.
- Swain, J., Finkelstein, V., French, S. and Oliver, M. (1993) *Disabling barriers : enabling environments*. London: Sage in association with the Open University.
- Viergever, R. (2019) *The Critical Incident Technique: Method or Methodology?* Qualitative Health Research, 29(7), pp.1065–1079.
- Welsh Government (2019) *Action on Disability: The Right to Independent Living*. Framework and Action Plan.
- Wilson, V. (2016) *Research Methods: Interviews*. Evidence Based Library and Information Practice, 11(1), pp.47–49.



Insert Ethics Form P1 into the table below



PRIFYSGOL CYMRU
Y Drindod Dewi Sant
UNIVERSITY OF WALES
Trinity Saint David

E3 FORM – Sports Research Project

APPLICATION FOR ETHICAL APPROVAL – BA level

CAIS AM GYMERADWYAETH MOESEGOL – Lefel BA

Mae'r ffurflen hon i'w chwblhau gan bob BA myfyrwr. Rhaid i bob ffurflen gael ei ystyried gan diwtor y modur. Dylai un copi o'r ffurflen yn cael ei roi ar y ffeiliau Gyfadran ac un copi cadw ar y ffeil myfyrwr.

This form is to be completed by all BA students conducting research, projects or productions. This form should be completed by the student. All forms must be considered by the Module tutor. A copy of the form must be kept centrally and on the student file.

ADRAN 1 – MANYLION MYFYRIWR

SECTION 1 – STUDENT DETAILS

~~Enw Llawn~~ Full Name	Pablo Elise		
~~Ysgol/Cyfadrn~~ School/Faculty	Business campus	~~Rhif Myfyrwr~~ Student Number	1702973
~~Cydlynnydd prosiect~~ ~~Tutor~~ Module Tutor/ Programme Co-ordinator	Andrew Thomas	~~Enw'r Gradd~~ Name of Degree	International Sports Management
Teitl dangosol yr Traethawd Hir:		Indicative Title of Dissertation:	

ADRAN 2 – MANYLION CYFRANOGWYR / CYNULLEIDFA

SECTION 2 - PARTICIPANT / AUDIENCE DETAILS

Pwy yw'r cyfranogwyr arfaethedig?	Who are the intended participants?	~~Ydw~~ Yes	Na / No
Myfyrwyr / staff Y Drindod Dewi Sant	Students / staff of Trinity Saint David		•
Oedolion (dros oed 16 ac yn gymwys i gydsynio)	Adults (over the age of 16 and competent to give consent)	•	
Plant a phobl ifanc dan oed	Children / legal minors		•
Cleifion neu gleientiaid gweithwyr proffesiynol	Patients or clients of professionals	•	



Insert Ethics Form P2 into the table below

Rhywun sy'n cael ei gadw yn y ddalifa neu y mae'r llys wedi cymryd cyfrifoldeb amdano	Anyone in custodial care or for whom the court has assumed responsibility		•
Aelod o unrhyw sefydliad lle mae'n bosibl bod angen i unigolyn arall hefyd gydsynio.	A member of any organisation where another individual may also need to give consent.	•	
Eraill: Nodwch: / Others: please identify:			

Nifer, Oed a Ffynhonnell y Cyfranogwyr ~~Rhwybodaeth am y demograffeg y cyfranogwyr / gynulleidfa~~		Participant / Audience Number and Age Provide details of the demographics of the participants / audience.	
Nifer o Gyfranogwyr / yn y Gynulleidfa	Participant/ number	Audience	
Grŵp oedran y Cyfranogwyr/ y Gynulleidfa	Participant/ group	Audience age	

ADRAN 3 – GWEITHGAREDD YMCHWIL

SECTION 3 – RESEARCH ACTIVITY

1.	Ydy'r prosiect yn cynnwys:	Does the project include:	Ydy/ Yes	Nac ydy/No
	Defnyddio holiadur neu offeryn ymchwil tebyg	Use of questionnaire or similar research instrument		•
	Defnyddio prawf ysgrifenedig neu gyfrifiadurol	Use of written or computerised test	•	
	Cyfweliad (cysylltwch gwestiynau posibl)	Interview (attach provisional questions)	•	
	Dyddiaduron	Diaries		•
	Arsylwi ar gyfranogwyr a hwythau'n ymwybodol o hynny	Participant observation with their knowledge	•	
	Arsylwi ar gyfranogwyr a hwythau ddim yn ymwybodol o hynny	Participant observation without their knowledge	•	
	Recordio fideo neu sain	Video or <u>audio-taping</u>	•	
	Mynediad i wybodaeth personol neu gyfrinachol heb gydsyniad penodol y cyfranogwyr	Access to personal or confidential information without the participants specific consent		•
	Defnyddio unrhyw gwestiynau, ysgogiadau prawf, cyfwyniad y gallai rhai cyfranogwyr eu profi fel rhywbeth sy'n achosi niwed / tramgwydd corfforol, meddyliol neu emosiynol	Administration of any questions, test stimuli, presentation that may be experienced as physically, mentally or emotionally harmful / offensive		•
	Cyflawni unrhyw weithredoedd allai achosi embaras neu effeithio ar hunan-barch	Performance of any acts which may cause embarrassment or affect self-esteem		•



Insert Ethics Form P3 into the table below

Ymchwilio i gyfranogwyr sy'n ymwneud â gweithgareddau anghyfreithlon	Investigation of participants involved in illegal activities		•
Gweithdrefnau lle defnyddir twyll	Procedures that involve deception		•
Gweini unrhyw sylwedd, cyfrwng neu blasebo	Administration of any substance, agent or placebo		•
Dull arall o gasglu data neu fformat cyflwyno (esboniwr)	Other method of data collection or presentation format (please explain)		•

2. ~~Restro eich dull o gasglu data~~	List your method of data collection:

3.	Risg Posibl: (corfforol, seicolegol, cyfreithiol, cymdeithasol neu economaidd)	Potential Risk: (physical, psychological, legal, social or economic)		
A oes unrhyw risg posibl i:		Is there any potential risk to:	Ydw Yes	Na No
A	Cyfranogwyr?	Participants?		•
B	Ymchwilydd?	Researcher?		•
C	BrifYsgol/Cyfadrn?	University?		•

4. ~~Rheoli Risg:~~ Os oes, beth yw'r risg a sut y bydd yn cael ei reoli?	Management of Risk: If yes, what is the risk and how will it be managed?

5.	Os ydych yn delio â phlant a / neu oedolion agored i niwed, rhaid i chi gyflwyno eich tystysgrif DBS i'ch tiwtor goruchwyllo i'w cymeradwyo cyn i unrhyw gysylltiad â cyfranogwyr hyn.	If you are dealing with children and/ or vulnerable <u>adults</u> you must present your DBS certificate to your supervising tutor for approval before any contact with these participants.	
		<u>Ydw</u> Yes	Na No
A	~~Ydych chi wedi gwneud cais am dystysgrif DBS?~~	Have you applied for a DBS certificate?	•
B	A yw eich tiwtor weld a'i gadarnhau eich tystysgrif DBS?	Has your tutor seen and approved your DBS certificate?	•



Insert Ethics Form P4 into the table below

6.	A fyddwch yn cael cydsyniad gwybodus, ysonfodedig gan eich cyfranogwyr?	Will you obtain written informed consent from your participants?		
			Ydw / Yes	Na / No
A	Os na fyddwch, pam bynnw?	If no, why not?		•
B	Os byddwch, sut byddwch yn sicrhau cydsyniad gwybodus?	If yes, how will you secure informed consent?		
Rhowch eglurhad / Please explain:				
Cynhwyswch copi o'r ffurflen gydsynio os ydych yn defnyddio un.			Please include a copy of the consent form if you are using one.	

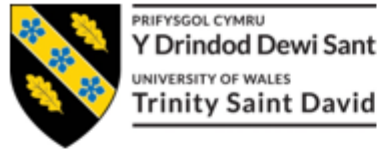
ADRAN 4	SECTION 4
CEFNOGWYD / APPROVED	NIS CEFNOGWYD / NOT SUPPORTED
Datganiad Mae'r wybodaeth a gynhwysir yma yn gywir, hyd eithaf fy ngwybodaeth a'm cred. Rwyf wedi ceisio dynodi unrhyw risgiau a phroblemau sy'n gysylltiedig â'r prosiect / ymchwil neu gynhyrchiad ac rwyf yn cydnabod fy mwymudiadau innau a hawliau'r cyfranogwyr.	Declaration The information contained herein is, to the best of my knowledge and belief, accurate. I have attempted to identify any risks and issues related to the project/research or production and acknowledge my obligations and the rights of the participants.

Llofnodau Dylai'r ffurflen hon gael ei chwblhau a'i llofnodi gan y myfyrwr a'r Cydlynnydd y prosiect / Twitor	Signatures This form should be completed and signed by the student and the Module tutor/Programme Co-ordinator.
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Myfyrwr / Student	Dyddiad: / Date:
Cydlynnydd y prosiect / Twitor Project co-ordinator / Tutor	Dyddiad: / Date:
Sefydliad / Organisation	Dyddiad: / Date:



Insert Ethics Form P5 into the table below



Cyfrangwrth Safon Adnabod:
Participant Identification Number:

CWESTIYNAU CYFWELIAD SAMPL

SAMPLE INTERVIEW/ SURVEY QUESTIONS

TEITL Y PROSIECT: / PROJECT TITLE: A mix ability model to change disable's life



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ENW A CHYFEIRIAD YR YMCHWILYDD

NAME & ADDRESS OF RESEARCHER



Insert Ethics Form P6 into the table below

 PRIFYSGOL CYMRU Y Drindod Dewi Sant UNIVERSITY OF WALES Trinity Saint David		Cyfrangwr Rhif Adnabod: Participant Identification Number:
FFURFLEN GANIATÂD CYFRANOGIAD		PARTICIPATION CONSENT FORM
TEITL Y PROSIECT: / PROJECT TITLE:		
Name of Researcher:		
		Please initial box
1. I confirm that I have read and understand the information sheet dated ~~XXXX~~ for the above study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.		
2. I understand that my participation is voluntary and that I am free to withdraw at any time, without giving any reason.		
3. I understand that any information given by me may be used in future reports, articles or presentations by the research team.		
4. I understand that my name will not appear in any reports, articles or presentations.		
5. I agree to take part in the above study.		
Name of Participant	Date	Signature
Researcher	Date	Signature
You may decline to participate in this study. You may end your participation in this study at any time. If you decide to remain anonymous, maintaining your anonymity will be a priority and every practical precaution will be taken to disguise your identity. If you prefer anonymity, there will not be any identifying information on audiotapes or transcripts of this or any interview. No-one will hear any audiotapes or see any transcripts without your prior consent. All materials generated from this or any interview will remain confidential.		
When completed, please return in the envelope provided (if applicable). One copy will be given to the participant and the original to be kept in the file of the research team at: PLACE:		
ENW A CHYFEIRIAD YR YMCHWILYDD		NAME & ADDRESS OF RESEARCHER

6



Insert Ethics Form P7 into the table below

 PRIFYSGOL CYMRU Y Drindod Dewi Sant UNIVERSITY OF WALES Trinity Saint David		Cyfrangwr Rhif Adnabod: Participant Identification Number:
FFURFLEN GANIATÂD CYFRANOGIAD		SAMPLE PARTICIPANT INFORMATION SHEET
TEITL Y PROSIECT: / PROJECT TITLE:		
*THIS FORM IS TO BE AMENDED AND ADAPTED AS NECESSARY		
Dear Participant:		
My name is XXXX and I am studying in the School of XXXX.		
I would like to invite you to participate in my research project. This project will xxx and aims to xxx		
*Attached to this letter is a short questionnaire developed by XXXX which will assess XXXX. I believe your opinions will be extremely helpful to me.		
Through your participation in the questionnaire and/or interviews, I hope to ascertain XXXX.		
All questionnaires will be kept strictly confidential to the researchers involved and at NO time will individual questionnaires be released to the general public. This gives you a chance to express your views on your programme a confidential and anonymous forum and still be able to make a difference. Your participation in this study is completely voluntary so you can withdraw from the questionnaire at any stage.		
Our questionnaire should take about XXXX minutes to complete, but there is no time constraint. There are also no right or wrong answers. Attached to this letter along with the questionnaire is XXXX (e.g. <u>an instruction sheet / a consent form / a feedback sheet</u>). As this is a new project, your feedback is also important to us and we would be much obliged if you could also complete the feedback sheet along with the questionnaire. We understand that your time is at a <u>premium</u> but your opinions are very valuable to us.		
After careful and precise analysis of the data obtained from this questionnaire, I will be happy to provide you with a copy of the findings at your request. The results of this questionnaire will hopefully enhance my understanding of XXXX and will be stored on XXXX. The results of the research will be fed back to XXXX.		
We thank you in advance for your time and participation. If any questions do arise, feel free to contact me at your convenience.		
ENW A CHYFEIRIAD YR YMCHWILYDD		NAME & ADDRESS OF RESEARCHER

7



Insert Ethics Form P8 into the table below

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Insert Ethics Form P9 into the table below

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Questions for Viva?