

Digital Safety

What Is Digital Security?

In a nutshell, digital security means protecting your computer, mobile devices, tablets, and any other Internet-connected devices from intruders, which could be in the form of hacking, phishing, and more. Digital security could also be used to protect your personal data from being used and sold by companies. There are a number of ways to protect yourself online, from VPNs to password managers to [password generators](#) and identity monitoring services.

Protecting yourself and your family online is more important now than ever in an increasingly digital world. Learn about all of the options you have to make sure you and your loved ones are safe when online.



What Is Hacking?

Hacking is the practice of using knowledge of technology to break into computer systems, exploiting their vulnerabilities. The hacker, the person who performs the hack, might block access to the system, gather data within the system, or gain access to other devices within the same network

how to avoid being hacked?

- 1 Don't access personal or financial data with public Wi-Fi.
- 2 Turn off anything you don't need.
- 3 Choose your apps wisely.
- 4 Use a password, lock code or encryption.
- 5 Be skeptical about links and attachments.