

The Phoenix Rising Project: Our Stories, Our Centre

Phoenix Story-telling Workshop: Participant Information Sheet

Who is doing the project?

The project is led by Dr Ceri Phelps from the University of Wales Trinity Saint David (UWTSD). We are working with The Phoenix Centre in Townhill, Swansea.

What is the project about?

The Phoenix Centre has been helping the community for 25 years. We want to celebrate its story and show how it has helped people. We will collect stories, photos, artwork, and stories from people who know the Centre. We hope to make a book and hold a showcase event to celebrate The Phoenix Centre.

Why are we asking you to take part?

You may have a story, memory, or creative piece that shows how the Phoenix Centre helped you or your community. We are looking for people from the community to take part in a friendly workshop at the Phoenix Centre on **Tuesday 7th October from midday until 4pm.**

- You can drop in at any time for an hour or so between midday and 4pm.
- You can bring with you any photos, poems, or drawings to share about the Phoenix.
- You can take part in creative and story-telling activities on the day.

Do I have to take part?

No. It's your choice. You can say no or change your mind at any time. You can leave the workshop whenever you want.

What will happen if I say yes?

You will be given a consent form to sign when you arrive at the workshop. If you want to take part but are aged 16 or 17 we will also need to get consent from your parent or guardian before the workshop (if you are younger than 16 you cannot take part in the workshop). You will be told what to expect before we start the workshop. You can choose to talk about your experiences, share photos or creative work, or create something new on the day. As long it is something that tells us something about how you feel about the Phoenix Centre that is fine!

Will my name be used?

You can choose to use your name or stay anonymous. It may be more difficult to stay anonymous if you share personal stories or memories, so we will check with you before anything is published.

Will it be recorded?

Interviews and parts of the workshop will be audio recorded. Workshops may include photos of creative work. All recordings will be kept safe and private.

Is it safe?

We follow strict rules (including UK GDPR) to keep you and your information safe. If you feel upset or uncomfortable, you can take a break or stop. If you share something serious (like a crime), we may need to tell someone to keep people safe.

What happens after?

You will get a thank you sheet with contact details. You can ask for your story or artwork to be removed within two weeks. You will be able to see and approve anything before it is shared.

What do I need to do next?

If you are happy to take part in the workshop please contact us on the details below so that we can send you a consent form (or you can complete one on the day if easier). You can also do this online through scanning the bar code or clicking the link on the next page.



[Link to Online Full Information Sheet](#)

Contact Us

If you have questions please contact
Ceri on ceri.phelps@uwtsd.ac.uk

Phone: 01792 482084.

Or speak to Leanne or Zoe at the
Phoenix
Email Zoe at
localpeopleproject1@gmail.com