

Task 3

Fatima Galbiade Fernandes

Student number 2435941

Group 2

Reflective report

In this Academic Skills module, I learned many skills that can be used in my daily life and work. They were very important for improving my knowledge and personal development.

In this module, I learned about references. Before, I didn't consider them important and didn't know how to organize them. It also helped me a lot with my English and helped me develop my writing skills when I did classwork and exercises. My classmates are very helpful, and this has helped me a lot when I don't understand something or need help. I turn to them, and they always help me.

All the topics discussed in class were important, and one that has helped me a lot was strategies. I'm using the Pomodoro method when I study alone at home, and it's been very useful in my life. Planning and delegating what I need to do has also helped me in my routine. I've learned a lot in each class. I always try to pay close attention and review the lessons when I'm at home to see what I didn't understand and also to research the topics that interested me most. I'm shy, and because I struggle with English, I often don't ask questions in class or get my doubts clarified. I need to improve on that, but I always make sure to take notes and research at home to understand what I didn't understand. This module has helped me a lot in developing some skills that I previously didn't think were so important.

I need to improve my writing skills a lot, but this module has set me on a path to develop my skills, and I know that soon I'll be better and will be able to learn more skills that will help me in my work and personal life. Today, I can see how important studying and learning new skills are for our development. And I hope to continue

studying and dedicating myself more each day to improving the difficulties I still have and being open to learning more so that my future will be better at work.