

RESEARCH PARTICIPANTS WANTED!

Exploring the Lived Experience of Counsellor Training

Recruitment criteria

Are you a current counselling student at the University of Wales Trinity Saint David, or have you qualified from this university over the last two years?

If so, you are invited to take part in research exploring how students make sense of their counsellor training experiences.

About the Research

The title of the research:

Counselling changes lives: An Interpretative phenomenological analysis of the impact of counsellor training on trainees.

Research question:

What is it like to be a trainee Counsellor ... How has your counsellor training impacted you personally and professionally?

Ethical Approval:

This study has been approved by the UWTSD Research Ethics Committee and is bound by the ethical guidelines of the British Association for Counselling and Psychotherapy (BACP).

What Will Participation Involve?

- Participation is voluntary
 - One anonymous interview (Approximately 60 minutes)
 - Conducted 'face-to-face' on the SA1 Campus [IQ] at a date/time that suits you
 - Open-ended questions about your personal experience of counsellor training
 - Audio-recorded with your consent
 - You may skip questions or stop at any time
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Interested or Want More Information?

Contact for further information:

If you have any questions or would like further information, please contact: Dr Beverly Cole (Researcher) at beverly.cole@uwtsd.ac.uk.

Your experience matters

Thank you for considering taking part, and if you choose to participate you will contribute to a deeper understanding of how counsellor students are impacted by their training - an under-researched topic. This insight will enhance knowledge around counsellor training and could influence future counsellor training, educational interventions and provision. This will benefit the profession, trainees, counsellors and ultimately, clients.