

Multi disciplinary Assessment Clinic for new patients referred to the Community Mental Health Team (CMHT) - A quality improvement project

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Student Number – 1710023

Module: DSAW7058

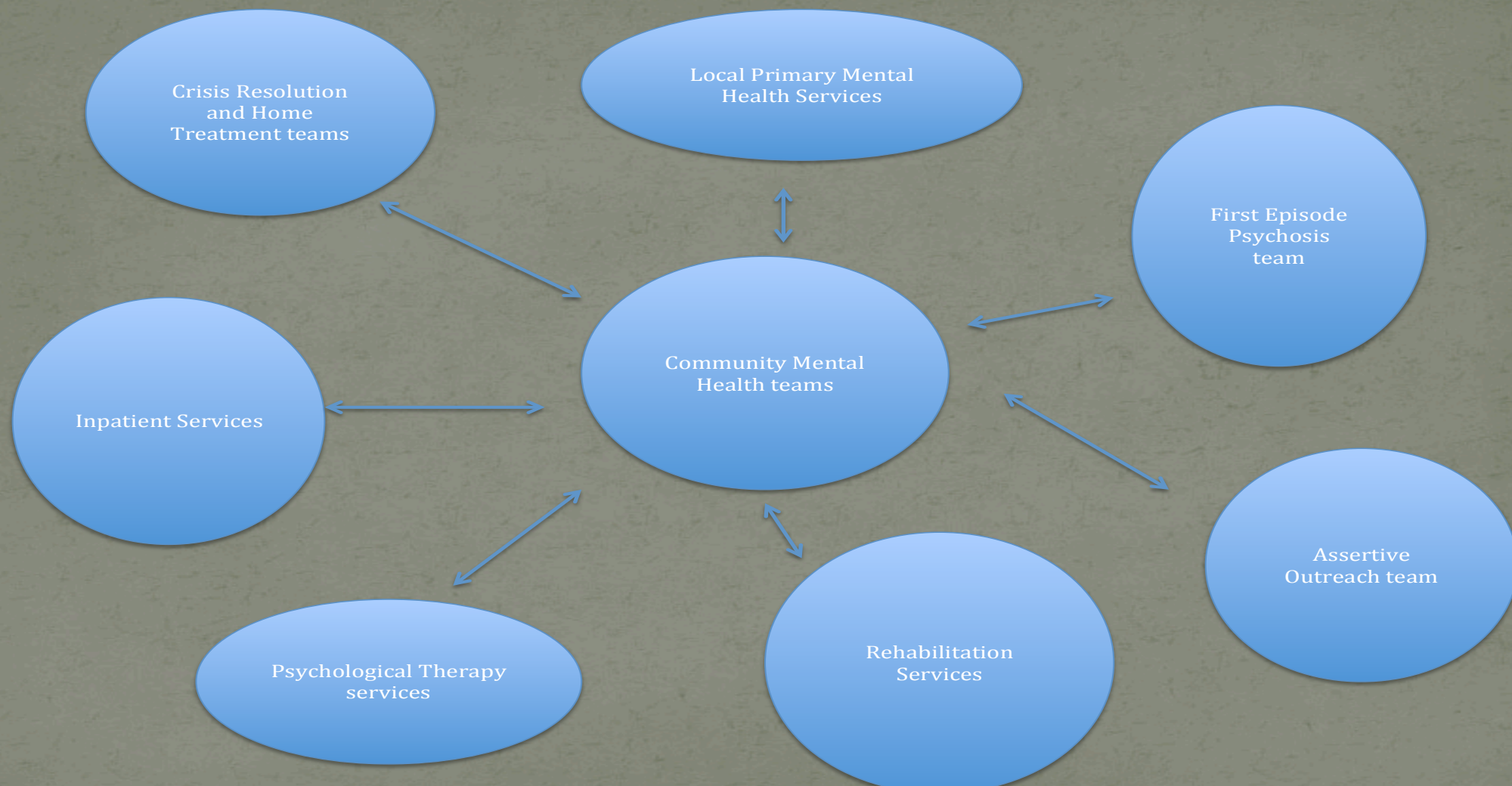
Institution: University of Wales Trinity Saint David



Community Mental Health Teams

- Assessment and treatment interventions to a defined catchment population
- Multidisciplinary team
 - community psychiatric nurses
 - social workers,
 - occupational therapists,
 - clinical psychologists,
 - medical staff
 - mental health support workers



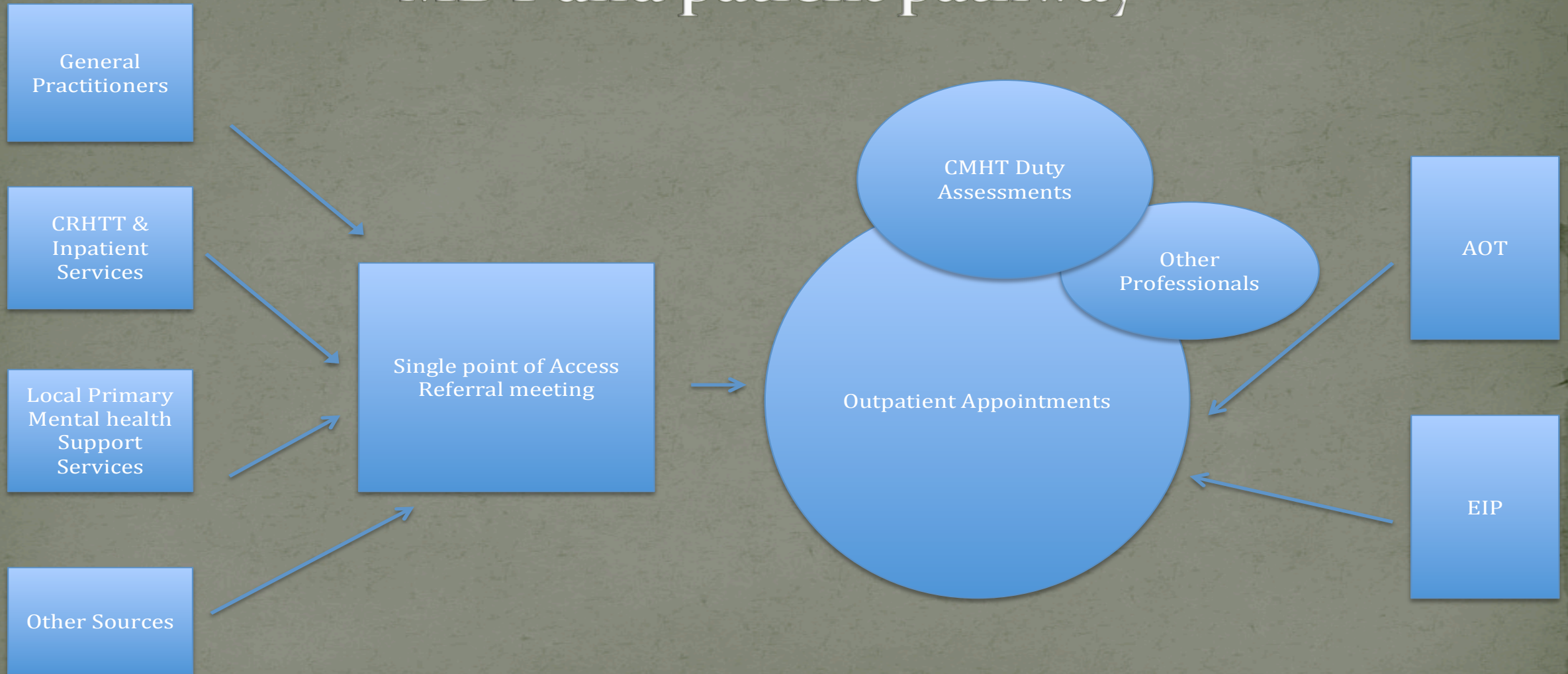


Gelligron CMHT



- One of the two CMHTs in NPT Locality
- 14 GP practices
- Jointly operated by ABMU in partnership with Neath Port Talbot Council

MDT and patient pathway



Multidisciplinary assessments in Psychiatry

- Child and adolescent
 - Assessment of neurodevelopmental disorders, triage clinics and in family assessment
- Old age psychiatry
 - Memory clinics and neuropsychiatric clinics
- Forensic psychiatry
 - complex situations when speech therapist assessment, neuropsychological assessments are to be incorporated in risk management.
- Learning disabilities and substance misuse
- Adult psychiatry
 - Primary care assessment clinics
 - integrated care clinics
 - specialised teams like assertive outreach and crisis team

Integrated multidisciplinary diagnostic approach for dementia care: randomised controlled trial

Claire A. G. Wolfs, Alfons Kessels, Carmen D. Dirksen, Johan L. Severens and Frans R. J. Verhey

CLINICS 2011;66(10):1847-1848

DOI:10.1590/S1807-59322011001000029

CASE REPORT

The importance of multidisciplinary evaluation for differentiating between mental retardation and antisocial behavior in sex offenders: a case study

Paula Approbato de Oliveira,¹ Christian César Cândido de Oliveira,¹ Cristiana Castanho de Almeida Rocca,¹¹ Ana Paula Gonzaga Costa,¹ Sandra Scivoletto¹

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Family Practice
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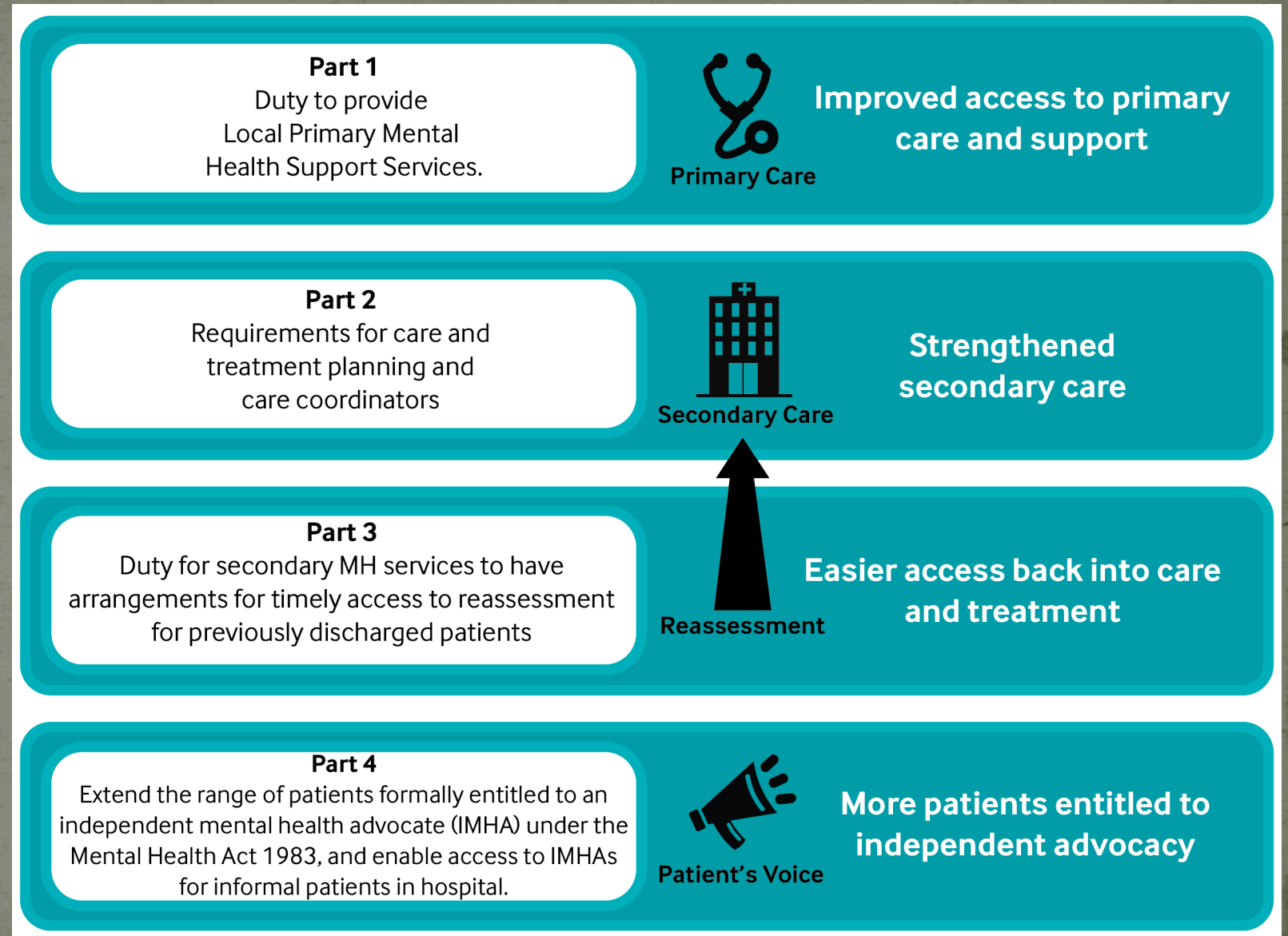
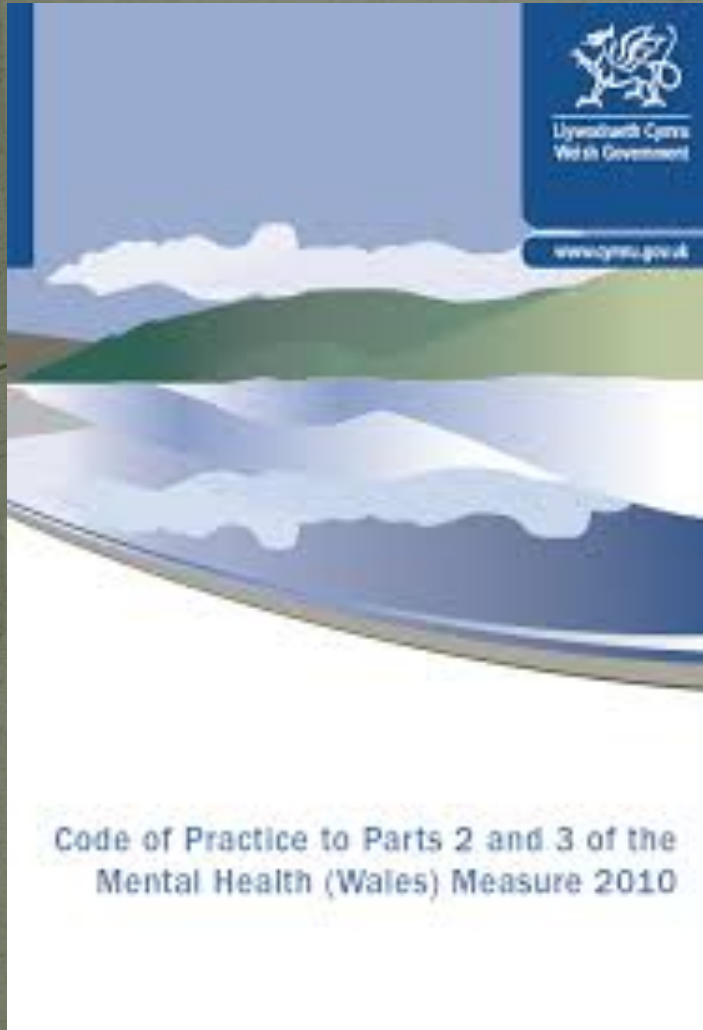
Vol. 19, No. 3
Printed in Great Britain

A short-term intervention in a multidisciplinary referral clinic for primary care frequent attenders: description of the model, patient characteristics and their use of medical resources

Andre Matalon, Tzvia Nahmani, Stanley Rabin, Benjamin Maoz and Jacob Hart

An evaluation of the multidisciplinary approach to psychiatric diagnosis in elderly people

Gill Collighan, Alastair Macdonald, Joe Herzberg, Michael Philpot, James Lindesay

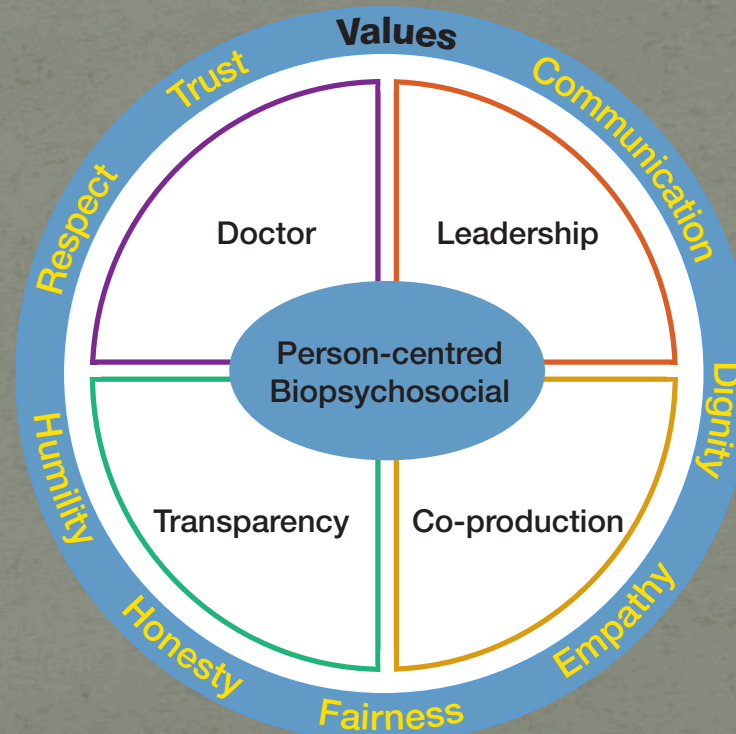


Core Values Framework



- Duties of a doctor
- Efficacy and effectiveness
- Evidence and values-based practice
- Highest ethical and professional standards
- Long-term engagement
- Prudent healthcare
- Resilience
- Unique professional blend
- Whole system

- Accountability
- Boundaries
- Challenging stigma
- Confidentiality
- Equal access to services
- Equality and diversity
- Governance
- Safe practice



- Commitment
- Continuous professional development
- Excellence
- Integrity
- Liaison
- Management
- Mentoring
- Multidiscipline
- Public mental health
- Research, innovation and training
- Sustainability

- Advocacy
- Attentive listening
- Care pathway continuity
- Choice and consent
- Compassion
- Empowerment and hope
- Explanation
- Holistic
- Maximise potential for recovery
- Partnership
- Responsibility
- Timeliness

The project

- Multidisciplinary Assessment Clinic
 - Structure
 - Function
 - Location
 - Professionals
- Benefits
 - For the team
 - Patients

Project Process - Travel

- Scoping of project
- Stake holder engagement
- Assessment tools
- Training needs
- Models of clinics considered
- Outcome measures identified

Challenges

- Anticipated challenges
 - Stakeholder engagement
 - Assessment tools and outcome measures.
 - Logistics of setting up the clinic.
 - Visits to the other services.
 - Problems encountered with MDT working
- Unanticipated challenges
 - Changing personnel
 - Change of team base.

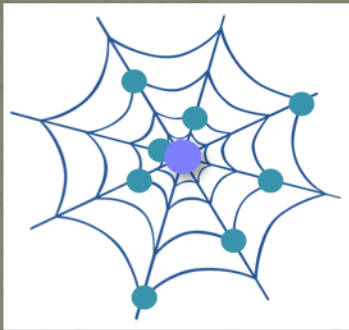
MLP & Project

- Understanding Organisation Culture, mainly the four organisation culture model
- Circle of Influence, by Stephen Covey
- Employment engagement and transforming culture
- Kotter's eight steps for leading organisational change
- Working across boundaries, leading service change across organisations

The Gods of Management

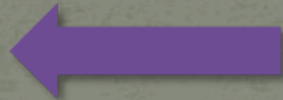
Charles Handy

More Centralised

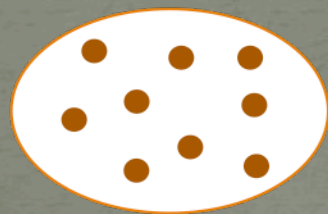


Zeus

Less Formal



Dionysus

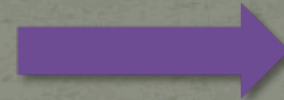


Less Centralised

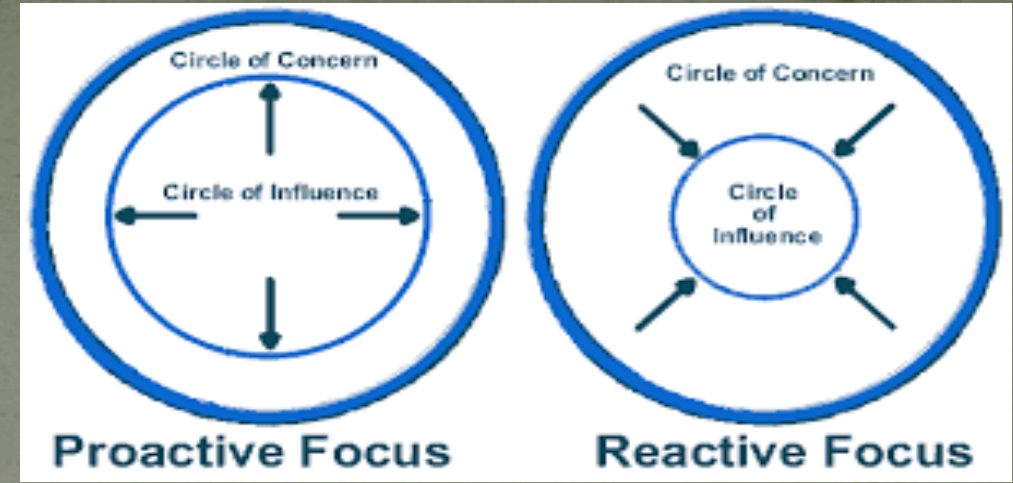
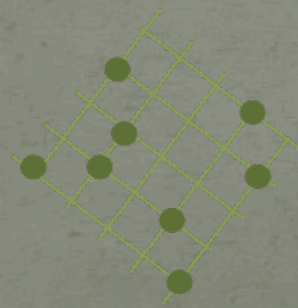


Apollo

More Formal



Athena



Future Plans:

- Functioning of the clinics within the next six months, as the new CMHT base move will be happening by December 2018
- Joint MDT assessment clinics in the other CMHT (Forge Centre) in the NPT locality
- Joint MDT primary care liaison clinics across the whole locality

