

Natasha Biggs

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Suesan Rose

Highcroft Mental Support

203 Erdington Road

Slade Road Birmingham

B23 7LT

0121 345 5667

Dear Ms Rose

I am writing to you today to apply for the open position of mental health social worker. I was informed about the job opening by a former employer, Miss Davis working in Highcroft, and I was stated at providing you with a letter of reference.

I have a bachelor's of science in health and social care from The University of Wales Trinity Saint David which was a three-year course of learning about diverse types of Health and Social Care. During my time studying at University, I have worked and learned so much about different social situations and been able to understand how to handle a situation in a professional manner. Since finishing University, I went on to work as a support worker which gave me the opportunity to gain more confidence in myself as employer and induvial.

Throughout my career before attending University, I have gained an ability to provide emotional support, mental support, and guidance to adults who have been a victim of domestic violence. been kicked out, needed support with housing and adults who just needed extra support. While been in that job I have provided the adults with assessments, consultation, and treatments for the adults who had more psychological needs.

I have accumulated very hands on experience while been a support worker as there many factors of what the job role provided and some of the following accomplishments that I was able to gain have been:

- Confidence

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- Teamwork
- Great attitude
- Working under tough circumstances
- Supporting different appointments
- Meeting family
- Trustworthy
- Strong work ethic
- Excellent communication
- Leadership skills
- Excellent work standards
- Independent
- Positive attitude under pressure

I would like to add that thanks to my previous job role as been a support worker I have gained a lot of experience of working under difficult conditions and working alongside different managers and service users has given me the opportunity to see how rewarding and changeling it can be.

While been a social worker I attended different training programs which helped us gain the experience and knowledge of doing CPR or if there was an emergency, we had a mindset of what to do. Working in social care also helped with getting to know all the various kinds of Acts based on health and social care and mental health.

Becoming a mental health social worker has been something that I have wanted to become since I left secondary school as that is something that has been remarkably close to my heart, and I have read upon all the different kind of training and experience's that is needed to be able to work alongside yourself. I know that working with mental health patients can bencredibly challenging as everyone has a different type of mental health and a different coping mechanism.

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I have a powerful desire to make a positive difference in people's lives and I believe that if I had the chance to be a Mental Health Social Worker at Highcroft Mental Support if given the opportunity.

If you require any more information, please contact me on the number or email that is stated above.

i hope you look favourbly at my application

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Yours sincerely

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