



Teamwork & Team Development

Stephanie Nkoli Kenechukwu (2008477)

Lecturer: Lloyd Beharry

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Table of Contents

- Tuckman's stages of Team development
- Benefits of Team working
- Team development Activities
- Conclusion
- Reference

Tuckman's stages of Team development

Forming (Immature Group)

- Introduction, definition of goals, ground rules, observations
- Being accessible, performance criteria, rapid response times

Storming (Fractional Group)

- Conflicts, tension, questioning the leader, strong feelings(excitement/anxiety)
- Proposing and promoting input, resolving problems, upholding commitments to build trust

Norming (Sharing Group)

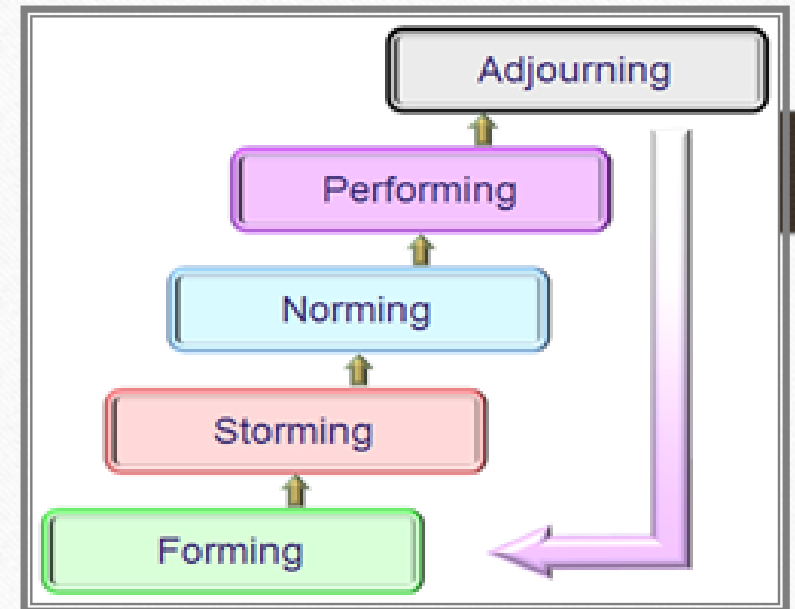
- Awareness, trust, stable roles
- Recognizing individual & team contributions, providing resources

Performing (Effective Team)

- Organisation, cater to the needs of team members, confidence
- Problem-solving and decision making, praising achievements

Adjourning (Disbanding Group)

- Transition, separation



Admin (October. 15. 2018)

John/Lynn Bruton and Lumen Learning. (N.D.)

Mike Clayton (APRIL 07. 2015)

Benefits of team working

Better
Communication

Increased
Productivity

Increased
Motivation

Improved
Mental Health

Creativity is
Encouraged

Leadership
qualities are
identified

Share Village (January 28. 2020)

Team development Activities

- Two Truths and One Not
- Life Highlights Game
- The one Question Ice Breaker Activity
- Create you Own Team Building Activities
- The Great Egg Drop
- Zoom

Tim Deluca-Smith (October 01. 2018)

Conclusion

- when individuals form a team they don't have all the attributes required to form a group
- not all teams formed are effective there are certain sectors make a team successful
- there are distinct aims fairness within supervision in terms of power distribution
- Equality in the team such as participation and inclusion of all members is important
- team members feel appreciated
- team work brings excellent services for patients

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