

Applied Psychology Seminar 5: Evaluating the acceptability and preference for a number of psychological treatments for post-traumatic stress disorder.

Your task: You are expected to have read (at least once through) the journal article referenced below. During the seminar, you can work with your peers to work through this exercise and draw out the most important and relevant information from this journal article in order to summarise into your own academic poster.

Tarrier, N., Liversidge, T., & Gregg, L. (2006). The acceptability and preference for the psychological treatment of PTSD. *Behaviour Research and Therapy*, 44, 1643-1656.

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| <p>1. How many treatments for PTSD are being explored for their acceptability and preference?
What are these?</p> | |
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2. What type of study do the researchers state this was? Were there any specific hypotheses?	
3. Who were the participants?	
4. What was the final number of participants that took part in this study?	
5. What method of recruitment was used?	

6. How did participants provide consent to take part in the study?	
7. What ethical issues could have arisen from recruiting/consenting participants in this way?	
8. Document the main procedure for the study.	

9. Did any participants report having previously experience a psychological problem? What are the ethical issues that should have been considered by the researchers in relation to this?	
10. The study results were separated to provide evidence for which therapies participants were likely to <i>endorse</i> and which they felt likely to experience <i>discomfort</i> in. a) What were the top three therapies that participants were most likely to <i>endorse</i>? b) What were the top three therapies that participants reported they were likely to perceive an experience of discomfort from?	

11. Overall, what did the researchers conclude about participant's preference and acceptability of the therapies that were explored in this study? a) <i>Think about which were most and least preferred.</i>	
12. How generalizable are the findings of this study to a real world clinical setting? How have you come to this conclusion?	