

TITLE

Module Title: Psychology in Health and Social Care



Module Code: LCHS4010
Assessment No: 1
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Scenario

- Amira, age 3, newly joined nursery

- Shows separation anxiety

- Limited verbal communication

- Difficulty with group play

- Aim: understand needs using psychological theory

Chosen Theory

Bowlby's
Attachment Theory:

- Emotional bond with caregiver

- Influence on social, emotional, cognitive development

Key Concepts

- Attachment behaviours

- Secure base

- Separation anxiety

- Internal Working Model

- Critical period

Relevance

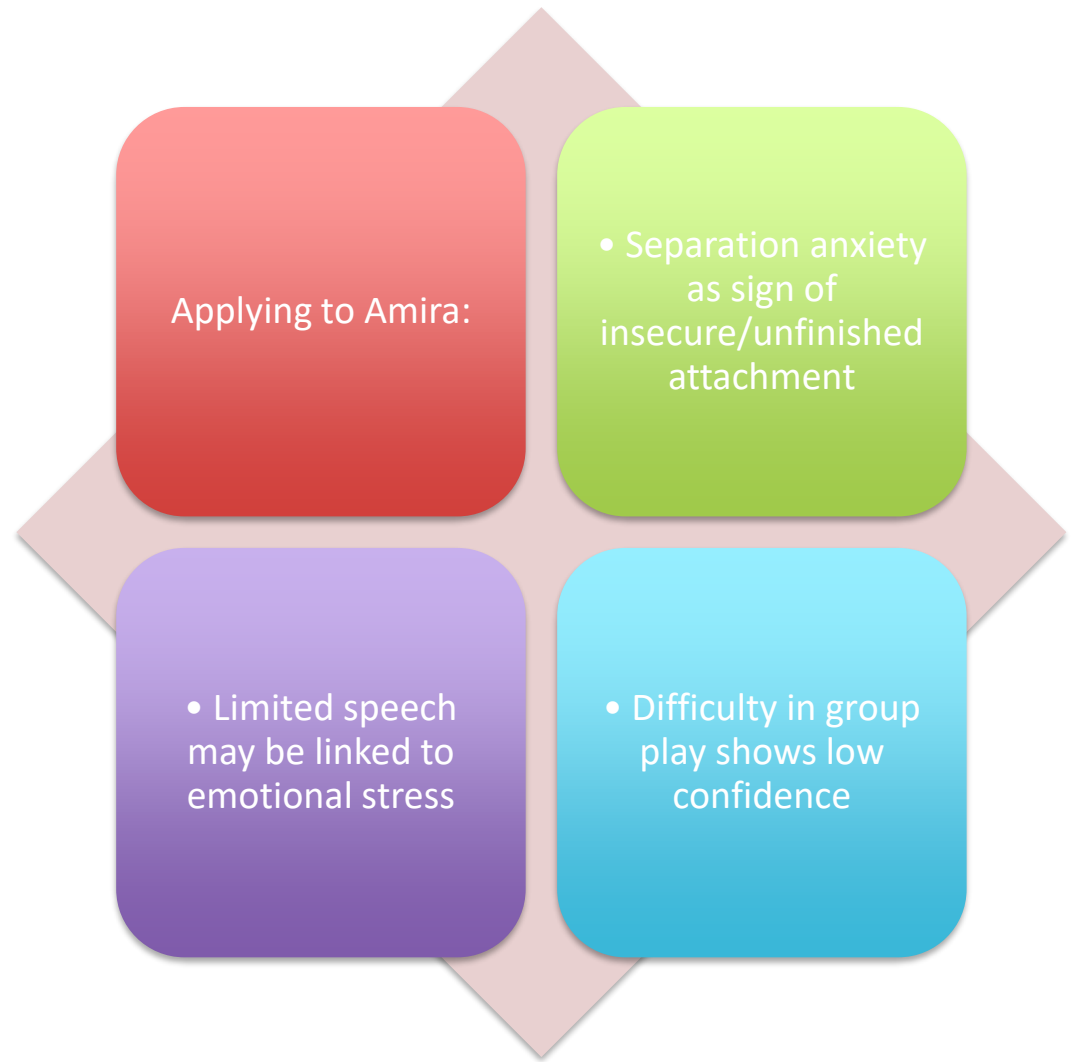
Relevance to early childhood:

- Shapes emotional wellbeing

- Supports social skills

- Influences exploration & confidence

Application



Biological Factors



- TEMPERAMENT



- GENETIC
PREDISPOSITION



- BRAIN
DEVELOPMENT



- NATURAL
VARIATIONS IN
DEVELOPMENT PACE

Environmental Factors

- Home attachment history

- Previous transitions

- Language environment

- Family stress

- Cultural expectations

Strategies

Attachment-based strategies:

- Key Person approach

- Gradual settling routine

- Predictable environment

- Support communication

- Foster social interaction

- Work with parents

Strengths

Strengths of theory:

- Strong evidence base
- Explains separation anxiety
- Supports early years practice

Limitations

Limitations:

- Overemphasis on mother

- Cultural differences

- Attachment not fixed

- Less focus on cognition

Conclusion

- Bowlby explains Amira's anxiety & withdrawal
- Support plan should be nurturing, predictable
- Both nature & nurture influence development

References

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