

Personal Statement

Dear Sir/Madam,

More than 15 years ago, when I first began my job as a healthcare professional, my life was driven and passionate. What actually drives us out of bed each morning is the opportunity to contribute to enhancing the health of our family, friends, community, and ultimately our society as a whole. Because of your program's reputation for offering a challenging and interdisciplinary approach to public health education, I am especially interested in obtaining a Master's degree in public health there. I am thrilled about the chance to interact with professors who are experts in their fields and to work with other students who share my enthusiasm for enhancing public health(sph.umich.edu, n.d.). Also gain the knowledge necessary to manage the health issues that affect our communities, and to create the most effective plans for promoting health and preventing disease (Public Health England, 2015). I have always been drawn to the convergence of healthcare, social justice, and community engagement throughout my academic and professional career. I have a solid fundamental understanding of the biological and social determinants of health, as well as the gaps and inequities that exist in access and outcomes of health care, thanks to my undergraduate nursing studies. Participation in community service activities has taught me the value of connecting with communities and understanding their needs in addition to my academic and professional experiences. I am dedicated to implementing these concepts in my future work because I think that community-led and culturally responsive public health initiatives are essential. Also I want to be able to get the essential tools from an integrating vision that supports the empowerment of society as a whole in order to analyse and address the health and disease phenomena of local, national, and global populations, as well as their epidemiological, environmental, sociopolitical, and cultural dynamics (World Health Organisation, 2017).

At the Francisco de Paula Santander University in Colombia, where I completed my professional nursing studies in 2012, I earned an average of excellence, which benefited my work as a professional. I started the Management and Audit in Health Services speciality in 2016 because I wanted to help enhance healthcare services. Then, I worked as an auditor nurse, where my main responsibility was to assist with the design, management, and evaluation of quality systems implemented in a top-notch medical facility. As a result, better service provision was achieved, as evidenced by user surveys and a reduction in wait times during the procedures or surgeries, leaving me extremely satisfied with my performance. I currently consider that my ambitions do not cease and that, on the contrary, I wish to continue with my mastery studies. I currently have more than seven years of experience in the quality area, more than ten as a nursing professional, and more than twenty-three in the health sector. The chance to study with esteemed professors and work with like-minded people in a vibrant and varied learning environment excites me. I am sure that the information and abilities I acquire from this programme will allow me to significantly advance the field of public health.

Another motivation is the possibility to open my own business (Nursing Home) and in my opinion is another way to impact positively in our community, also to change lives and give quality of care. Elderly adults who live in nursing homes have possibilities for social engagement and connection with other residents as well as with staff members. As social isolation and loneliness can have a bad effect on one's physical and mental health, this can aid in preventing them (National Institute on Aging, 2019).

I appreciate your taking a look at my application. I am glad to have the chance to contribute to and gain knowledge from the vibrant community of academics and professionals at your university.

Thank you for considering my application.

Sincerely,

Sandra Jimenez



Sandra Jimenez

Health and Social worker

I work for the organisation as a highly motivated and dedicated employee. I am constantly trying to find methods to get better and pick up new skills that will assist the company accomplish its objectives. I pride myself on being incredibly organised and effective. I am able to manage several jobs at once and prioritise them according to their urgency and importance. I am a great communicator and team player. I can contribute to a collaborative work environment because I can collaborate well with coworkers from various departments and hierarchical levels. Being proactive, I constantly hunt for answers to issues. I am always prepared to take on new duties and challenges to support the expansion and success of the Institution. I have a strong commitment to excellence and quality. On every project I work on, I make it a point to deliver high-quality work and guarantee customer happiness.

Contact

Phone

07443409477

Email

mgsaludpublica@gmail.com

Education

2016

Nurse Audit Specialist

Santo Tomas University(Colombia)

2012

Bachelor Degree in Nursing

Francisco de Paula Santander University

Expertise

- Venupuncture
- Phlebotomic
- Catheterization
- Parenteral Nutrition
- Manual Handling
- Sign language

Language

English

Spanish

Experience

○ 2018-2023

Agudas Housing Association

Senior health care assistant

- Observing, monitoring and recording patients' conditions by taking vital signs (temperature, blood pressure, pulse, respiration)
- To ensure that the resident is helped to retain their dignity and individuality
- Assisting with clinical duties
- Personal care including infection prevention and control, food, personal hygiene, and overall reassurance, comfort, and safety
- Promoting positive mental/physical/nutritional health with patients
- Checking and ordering supplies.

○ 2017 - 2018

Acord Lodge Care Home

Health care assistant

- Assisting with resident meals, making sure that the meal is well presented and served at the correct temperature.
- To ensure that residents are helped to retain their dignity and individuality.
- Encouraging residents to have an adequate diet, reporting when this has not been achieved.
- To participate in the treatment and rehabilitation of residents as required.
- To report all accidents and incidents to the staff nurse.
- To encourage the independence and motivation of the residents and not foster dependent behavior.

○ 2016-2017

New EPS Health Service

Audit Nurse

- Manager of the primary health care program of the institutions attached to the company.
- Realization of audit visits to the health institutions of the department.
- Evaluated indicators of compliance and quality of care.
- The follow-up to the improvement plans prepared by the institutions visited.
- Follow-up to the public health events presented each week in the department.
- To evaluate the standard of medical care given, including diagnosis, treatment, and documentation of care, review the medical records of the patients.
- Identify issues with care quality, such as medical mistakes, inadequate documentation, and a failure to adhere to care procedures.
- Gather information about the standard of care provided at a hospital or other healthcare facility, analyse it, and provide management and clinical staff with thorough reports.
- To raise the standard of healthcare delivered, give nurses, doctors, and other clinical staff suggestions and educational materials.
- Improve the standard of patient care by working together with other clinicians and health professionals like doctors, chemists, and nurses.
- Make suggestions to enhance the quality and effectiveness of care after evaluating compliance with healthcare legislation and standards.



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Experience

○ 2013-2016

Emiro Quintero Canizares Hospital

Senior Nurse in Primary Health

- Leading and organising the nursing team will ensure that all duties and obligations are carried out successfully.
- accountable for organising and managing patient care while ensuring adherence to established guidelines and practises.
- conduct population-wide health evaluations and monitoring, identify care needs, and work with others to put action plans into action to enhance community health.
- Control and manage the materials and resources required for patient care, including keeping track of the inventory and requesting more resources.
- To ensure that the nursing team's members have the most recent information and abilities necessary to provide high-quality care, educate and train them.
- take part in making decisions about medical treatment and resource management, working with other health professionals to develop and carry out health programmes.

○ 2012 - 2013

Teorama GP

Nurse

- Conduct house calls to patients' homes to check on them and their families' well-being and to administer basic treatment.
- To design and create health care programmes, determine the rural community's health requirements and work together with other health experts.
- provide physical examinations, give prescriptions and treatments, and offer emergency first assistance.
- Engage in health promotion and disease preventive initiatives, such as providing education on diet, cleanliness, and infectious illness prevention.
- Give patients' and their families' advice and support on matters pertaining to their health, such as the prevention and management of chronic diseases.
- Engage in epidemiological surveillance activities to identify and stop the spread of communicable diseases, and notify the health authorities of any suspicious instances.
- Participate in disease control programme administration and vaccination campaigns.

Trainings

2022

Acute Training solutions Ltd,
Catheterisation.

2022

Trainerscourses.com,
People Movers Moving and Handling

2021

Liz Sheppard Associates,
De-escalation/breakaway techniques.



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Trainings

2021

Learning Curve Group

NCFE CACHE Certificate In Understanding the Care And Management of Diabetes

2018

Beis Pinchos Care Home, Care Certificate.

2018

Centre for Medical Science and Research Theory and Dry Lab Phlebotomy Course.

2008-2011

National University (Bogota, Colombia)Pharmacy regency technologist

1998-2000

EAfYS (Bucaramanga, Colombia),Nursing Assistant

Reference

Leora Basilian

Service Director

Phone: 07970746234

Email : leora.basilian@aihaltd.oc.uk

Diane Roberts

Manager, Acord Lodge

Phone: 07756736204

Email : diane.roberts@acordlodge.co.uk

Pitch

I am writing to you now to discuss a fascinating possibility to develop a television programme about young people and appropriate technology use. We must teach young people how to use technology properly in order to improve their lives and prevent negative outcomes as it advances and becomes more incorporated into our daily lives (Bell, Bishop and Przybylski, 2015). With the help of this programme, we can provide young people the skills and information they need to utilise technology to its fullest potential while avoiding any potential hazards. The suggested programme, which we will title "discovering technology," will be an entertaining and educational programme that examines the most recent technological advances and their potential applications. Our programme will examine the various applications of technology that young people use on a daily basis, including social networking, gaming, and education (Selwyn, 2012). We will highlight the advantages of technology, including improved information access, networking possibilities, and instruments for self-expression. However, we will also look at some of the potential drawbacks and risks associated with technology, such as addiction, cyberbullying, and privacy issues (The Lancet Child & Adolescent Health, 2018). We want to teach young people how to use technology in a safe and responsible manner through this programme. To assist parents, educators, and young people in making wise decisions about technology use, we will offer advice and tactics. Additionally, we will highlight the experiences of young people who have effectively handled the difficulties presented by technology and provide guidance from professionals in the area. In the modern world, when technology has such a big impact on young people's lives, we think that this programme is crucial. Young people are far too frequently left on their own, with little assistance or instruction, to figure out the complexity of technology (Bennett, Maton and Carrington, 2011). Our programme will contribute to closing this informational gap by giving young people useful data and resources to aid in their decision-making around the use of technology.

The vision and values of your business are nicely complemented by our suggested programme. We can contribute to the development of a better future for young people by encouraging responsible and constructive use of technology. We think this programme will be an effective instrument for achieving this objective, and we sincerely hope you'll join us on this thrilling adventure. Your assistance in making this programme a reality as a reputable and significant organisation in the sector would be invaluable. This project will succeed, and we are certain that it will benefit children and their families.

We have a skilled group of experts who are committed to producing a high-caliber programme and excited about this project. Our team consists of seasoned producers, writers, and researchers who have a thorough awareness of the problems associated with young people's use of technology. For the programme, we have a well-thought-out plan in place that covers research, scripting, filming, and post-production. We are dedicated to producing an educational, thought-provoking, and audience-resonant programme that will change how children and their families perceive technology over the long term (oecd-ilibrary.org, n.d.). We can develop a programme that engages young people in learning while also being entertaining with your help. The audience will be able to understand and relate to the content thanks to the effective narrative approaches we'll employ. In order to keep the audience interested and inspired to learn, we will also include games, quizzes, and other interactive features. By doing this, we will foster a good relationship between technology and education, which will motivate kids to keep learning about and experimenting with new technologies.

We think that by assisting young people in navigating the complicated and rapidly evolving world of technology, our programme has the potential to significantly improve the lives of young people. With your help, we can expand our audience and make sure that as many children and families as possible hear our message about using technology responsibly (McGilvery, 2010).

As a result, we think "Discovering technology " is a fantastic chance to develop a programme that combines instruction and amusement to support young people in becoming responsible and tech-savvy adults. With your help, we're sure we can produce a show that connects with viewers and has a great social impact.

We appreciate your time and eagerly await your response, and we look forward to working with you to create a program that will inform and inspire young people for years to come.

Sincerely,

Sandra Jimenez

References

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