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Activity

Aim: Tie a knot around the tree/post, while all members of the group are holding the rope.

- Imagine the rope is 'covered in glue'!
- Place an even number of team members on the end/tail of each rope.
- Once the rope is picked up you must remain in contact with it.
- If any member of the group lets go, the group must start again or use another forfeit.
- The task is completed when a knot is tied that will not come undone when pulled.

Review & Evaluation

- Was everyone involved in offering a solution?
- Why are listening skills important in the completion of this exercise?
- Could the task have completed the task more effectively?

Safety Points

- No excessive pulling on the rope.
- Remove any debris from around the tree/post before the game commences.
- Use a flat area.

Equipment

- Rope.
- Post or tree to tie the rope around.

Organisation

Groups of 8-10 work well with this exercise.

Once the knot is tied another group could be tasked to undo it in the same way.

- Encourage the group to talk to each other.
- Remind the group that everyone must work together.

Differentiation & Progression

- Set a time limit, or improve a previous one.
- Try asking the group to tie a particular knot (reef knot).
- Make the rope longer.
- Add more people to it.
- Ensure there is adequate space around the tree or post for any wheelchair access.
- Try more complicated knots!

Skills & Knowledge

- Listen to others and follow instructions.
- Influence others and balance views to reach workable solutions.
- Generate ideas and express them.
- Vary and adapt ideas according to changing circumstances.
- Collaborate with others in working towards common goals.
- Help the group arrive at a team decision.

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