

Psychology and Counselling: UWTSD House Rules on American Psychological Association (APA) – Citation and Reference List formatting

DR KATE WILLIAMS

Contents

APA 7th Edition Guidance: The Basics	2
Citations within the text	2
One author	2
Two authors	2
Three to 20 authors	2
Using ‘et al.’ when first authors have the same surname	2
Citing multiple works in the same sentence	2
Secondary citations	2
Group (corporate) author with abbreviation	2
Author of a chapter in an edited book	2
Quotations	2
Reference list	3
General conventions	3
Book or ebook with DOI	3
Book without DOI	3
Journal article	3
Chapter within an edited book (DOI to be included if available)	3
Webpages	3
Secondary sources	3

APA 7th Edition Guidance: The Basics

Citations within the text

Citation type	Format	Example
One author	Surname followed by date of publication	Jones (2009) (Jones, 2009)
Two authors	Both surnames followed by date of publication for all uses of citation	Griffiths and Hammond (2015) (Griffiths & Hammond, 2015)
Three to 20 authors	First authors surname followed by 'et al.' for all uses of citation, even the first use	Watson et al. (2019) (Watson et al., 2019)
Using 'et al.' when first authors have the same surname	To avoid ambiguity, as many names should be listed as needed to differentiate between the papers, and then followed with 'et al.'	1. Fannon, Chan, Ramirez, Johnson and Grimsdottir (2019) 2. Fannon, Chan, Montego, Daniels and Miller (2019) 1. Fannon, Chan, Ramirez, et al. (2019) 2. Fannon, Chan, Montego, et al. (2019)
Citing multiple works in the same sentence	Order citations within the same parentheses alphabetically (including citations shortened to et al.) and separate these with semicolons.	Several studies (Eysenck & Keane, 1980; Morris, 2009; Thomas, 1999) have suggested that.....
Secondary citations	Include the <u>original work and date</u> , as well as the <i>citation for the source where you found the information</i>	Seidenburg and McClelland (1990, <i>as cited in Coltheart et al., 1993</i>) demonstrated that...
Group (corporate) author with abbreviation	First citation: use full name Subsequent: use abbreviation if one is available. If not, use full name throughout.	The National Health Service [NHS], (2020)... According to the NHS (2020)...
Author of a chapter in an edited book	Same rules for number of authors apply as above. Reference list entry will be different.	Lawrence and Dodds (2003)
Quotations	Authors as above, plus date and page number	Up to 40 words long: Contain within "quotation marks" It is suggested that "quotations are effective in research papers when used selectively" (Gibaldi, 2003, p. 109) More than 40 words long: Omit quotations marks, set quote as an extract and indent ½ inch to the left.

Reference list

General conventions

- Start reference list on a brand new page
- Arrange reference list in alphabetical order by first authors surnames
- All references should be double spaced and have a hanging indent
- An ampersand (&) goes between the last two surnames of a reference at all times (not ‘and’)
- Titles of books, names of journals and volume numbers should be *italicised*
- Titles of journal articles and issue numbers should **not** be italicised
- Dates are contained within parentheses, as are edition numbers of books (if available)

Reference type	Format	Example
Book or ebook with DOI	Authors surname, initial(s). (publication year). <i>Book title</i> (edition). Publisher. DOI or URL	Brace, N., Kemp, R., & Snelgar, R. (2012). <i>SPSS for psychologists</i> (5th ed.). Palgrave Macmillan. https://doi.org/10.xxxxx
Book without DOI	Authors surname, initial(s). (publication year). <i>Book title</i> (edition). Publisher.	Brace, N., Kemp, R., & Snelgar, R. (2012). <i>SPSS for psychologists</i> (5th ed.). Palgrave Macmillan.
Journal article	Authors surname, initial(s). (publication year). Title of article. <i>Title of Journal (using capitals for main words)</i> , volume(issue), page range. DOI	Honsi, A., Mentzoni, R. A., Molde, H., & Pallesen, S. (2013). Attentional bias in problem gambling: A systematic review. <i>Journal of Gambling Studies</i> , 29, 359-375. https://doi.org/10.1007/s10899-012-9315-z
Chapter within an edited book (DOI to be included if available)	Surname, initial(s). (publication year). Title of chapter. In authors initial(s), surname (Eds.), <i>Book title</i> (edition number., page range). Publisher	Dillard, J. P. (2020). Currents in the study of persuasion. In M. B. Oliver, A. A. Raney, & J. Bryant (Eds.), <i>Media effects: Advances in theory and research</i> (4th ed., pp. 115–129). Routledge.
Webpages Note: website name gets omitted if author and site name are the same.	Authors surname, initial(s) OR organisation/agency name. (publication year, month day – if available). <i>Title of page</i> . Website name. URL	Mayo Clinic. (2017, March 8). <i>Nutrition and healthy eating</i> . https://www.mayoclinic.org/healthy-lifestyle/nutrition-and-healthy-eating/in-depth/caffeine/art-20045678?p=1
Secondary sources	Only include the reference of the source you have read / located the information from. Format dependent upon type of reference as above. e.g., in the citation example, we would only include Coltheart et al. (1993) in the reference list.	Coltheart, M., Curtis, B. Atkins, P., & Haller, M. (1993). Models of reading aloud: Dual-route and parallel-distributed-processing approaches. <i>Psychological Review</i> , 100, 589–608. https://doi.org/xxxxx