

# PERSONAL DEVELOPMENT PRESENTATION

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# INTRODUCTION

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- My Self
- Carrier aspiration and Reasons
- How to achieve them
- Reference

# MY SELF

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Name

Age

Background

Current Occupation



(CDC.2021)

# HOBBIES

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- Listening to music
- Listening to news
- Spending quality time with family
- Reading books, magazine



## CARRIER ASPIRATION AND REASONS

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- This class is a foundation for me to become a nurse in the future.
- Helping others in need.
- Having a sense of purpose and fulfilling life. “ Nursing isn’t just a job – it’s a vocation” (Randstad, 2019)
- Different opportunity in nursing, example: midwife, health visitor, neonatal nurse, prison nurse, nurse educator etc.

# HOW TO ACHIEVE THOSE

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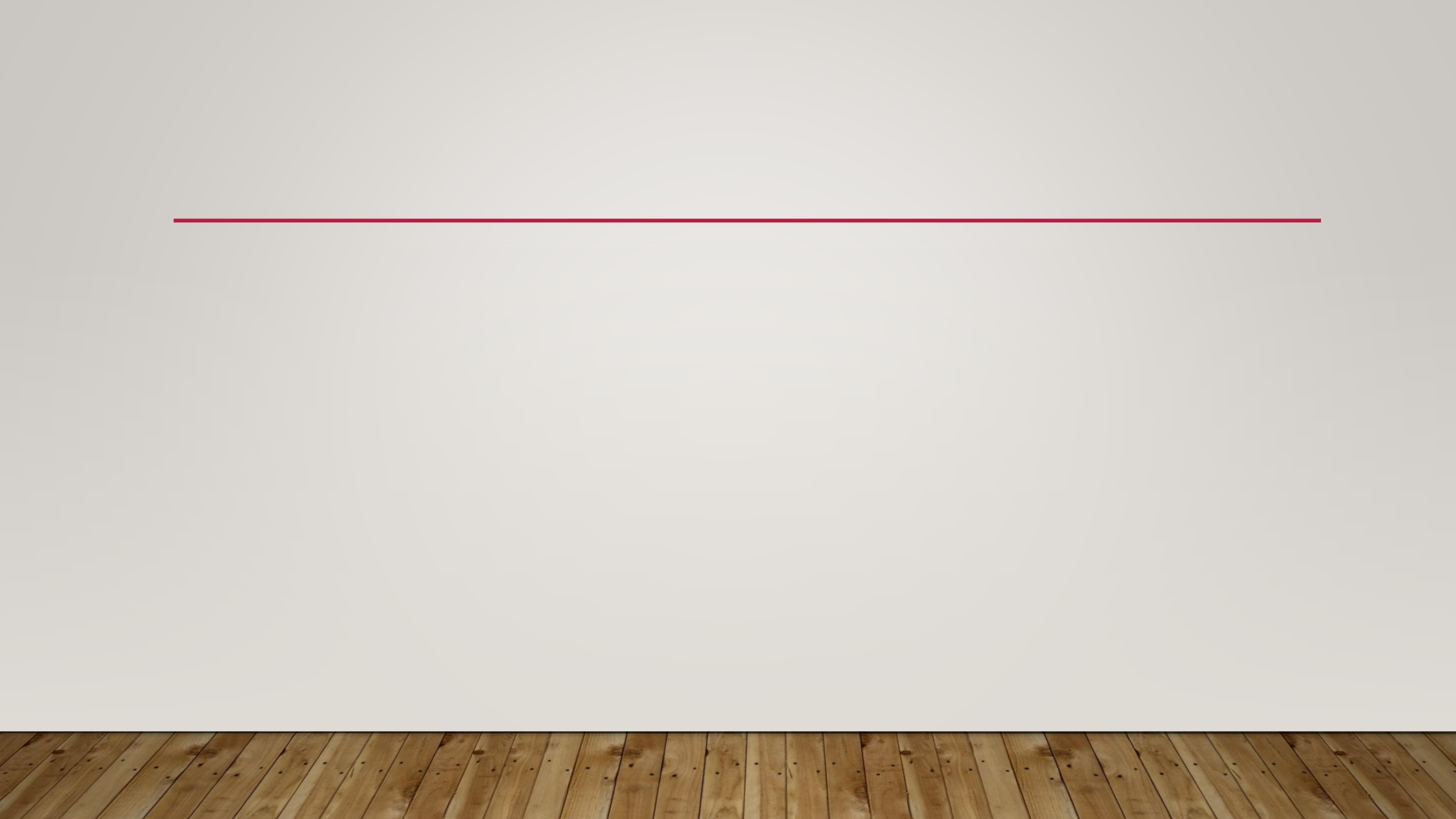
➤ Gaining skills and knowledge for effective learning to pass all my exams through:

1. time management
2. Proper planning
3. Group studies

➤ Using SWOT analysis (Cowan, 2021, p.10).

1. Strength for not giving up easily no matter how hard it may seem. Using my leadership quality at work to help me through toughest time as a student.
2. My weakness is being an Introvert person. This prevents me from even asking questions or engaging in tough discussions. I always want to avoid confrontation.





## CONT:

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3. Opportunities: Nursing has a broad area to work. This course also enable one to become social worker or even phycologist.
4. Threats: Due to massive shortage of healthcare workers, nurses easily get burned out and that can affect them mentally, physically and socially. “The government will need to exceed its target of 50,000 new nurses in England by 2024/25 if it wants the NHS to fully recover from the coronavirus pandemic” (Ford, 2021).

# CONCLUSION

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I believe with the exposure I have received and about to receive by being part of this university, I can be a professional nurse in the next five years.

# REFERENCE

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- Center for Disease control and Prevention.(2021) *Travelers Health*. [wwwnc.cdc.gov/travel/destinations/traveler/none/Ghana](http://wwwnc.cdc.gov/travel/destinations/traveler/none/Ghana).
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