

"What survives is not the strongest or most intelligent being, but the one that has the ability to adapt to change," said Charles Darwin. This quote I like very much especially in pandemic situation I understand more the meaning of this. Online learning is a form of education, which is realized through modern communication technologies, in order to teach students located in different places and distances - outside the traditional learning environment (classroom).

Online learning is the use of advanced technology by people to teach us anytime and anywhere.

Online learning enables you to learn in the classroom, in groups, and wherever there is technological equipment. During the pandemic situation for everyone was difficult to learn in distance. Online learning has advantages and disadvantages for me.

Advantages in Online Learning:

Use technology to learn, create and transfer data, anywhere and anytime.

Possibility of non-payment of the teaching environment, school space, and infrastructure as well.

Dynamic learning program, which creates a connection between students and professors electronically. Additional component which gives students and school a competitive spirit with global challenges through the most up-to-date information coming out of this platform. Improves participants' digital skills. Increases students' independent work. Enables the enrichment of the process with new forms (video). **Disadvantages of Online Learning:**

Evaluating each student's work is more complicated as the student is not close (in front of) the teacher and the opportunity for help from someone or copying is easier.

Discipline in learning is more difficult to maintain, as the student is easier to stimulate learning when he is close to or in front of the teachers. Communication remains more formal between student and teacher because otherwise it can create misunderstandings. Non-communication of the student with the teacher alone, which is very necessary. Lots of ambiguity and questions from students unexplained by the teachers. Explaining student ambiguities and questions is more difficult as students and teachers are closer to each other and more likely to interact with each other.

The module professional career development for me is the most interesting module that I learned. In every week I learn new things such as self awareness, reflective writing, managing conduct in. Week 1 self awareness, getting to know yourself week 2 professional development, planning a self motivation quiz, understanding the potential role week 3 assignment discussion, workshop exercises, swot, smart objectives etc, week 4 introduction to recruitment and selection, managing conduct in the workplace week 5 job specification and person description interviews preparation role play practise week 6 introduction to employment legislation individual rights and responsibilities, week 7 good practise in the workplace professionalism and challenges facing graduates week 8 exploring employment options exercises job searches. Workplace preparing for an interview doing exercise in the online class has made to me more easy and to understand the new terms. In the beginning. I was very confusing about how schools works here if. The teacher can understand me or not because of my English. But day by day and feeling very well. The teachers are very understanding and very helpful to me, like always in the end of the module we have. Assessment. When our teacher explained to us the assessment which we have to be in role play, that each of two students have to the interview, all of us was very happy with this task, of course is easy. Because all of us have experience in the job that we working for, we saw many examples for the interview. The questions and answers. I was in Group with Leonardo, who is the student in my class first we. Done. The application form to know for what have to ask each other. We also make practise that are part to be perfect to have more confidence in ourself, to be relaxing while we're performing in front of the online class. We are trying to make these role more clearly and understanding to be professional in our assessment. My five questions for Leonildo are: -can you start please to tell me why you want to be waiter in our restaurant? 2-what are the strengths as a server? 3-what customer service mean to you? 4-what is more interesting part pf your job? 5-last question is how do you deal with pressure or stressful situation? There are many reasons that for what I choose these questions to ask Leonildo

such as: to know about his experience job, to know which employees I'm hiring in my business, to know his ability, to be sure to take him to bring something new in my restaurant. I hope we get the good mark because we worked hard to make everything fine. For my part the job application is to work in McDonald's in another store because moving my home. My job title for now is crew member. I'm preparing and for the questions that Lionlido has chosen to ask me for the interview. I remember my first interview last two years that I felt very anxiety and in stress, but hopefully I passed successfully. I was 18 years old and was the first time that I came in UK. At the beginning was very difficult for me to adapt with new lifestyle here in working at McDonald's for two years. I know every beginning is hard, but I had to learn to make the best. There even is my first job the most hard. Thing that I had to do is because sometimes because of my language I couldn't to explain myself. Even is not my mistake. For example I tried hard to the job quickly and good in the same time. My responsibilities in McDonald's are to follow healthy and safety rules to work the best of my ability. To be honest, to present myself cleanly, to follow instructions. To treat others with respect. During the year this course helped me a lot about what I have to do in my future. I have improved my communication skills and for now in my workplace I'm training to be a crew trainer in McDonald's. I really enjoy this one year course because I'm growing up my career. Sometimes I wonder myself how I have learned this. What time I get a sentence skills which has improved. Time I get a set of skills which has improved me in my future. Also I learned how to improve my self confidence to restart my career in. To improve my workplace. Working in a team encourages growth, increases job satisfaction and reduce stress. When you work on a team, you know you have the support of the entire group to fall back on it. Taste of failure Jim Jo BS simple cannot be done alone, whilst others will be enhanced by the efforts of more people. Individuals all have their own strengths, their own ideas to bring to the table there. End skills when they worked together as a team will create something more powerful than anything fast is turned out by one single person. Teams that work well together result in an organisation with happy employees and most people and business with organisations whose employees have a strong work ethic and spirit. The life has changed for good here. We have more opportunities and we source more hearings, clear functions, different. I am very proud that here I. Can fix my life in that way that I have imagined since I was a child. When I come here before, two years with my family, we was very confused to stay forever here. Day by day, all the things gone in the end. Place and our lives changed. Everyone is working and I have living together. In the April I start my new course about crew trainer. Crew trainers play a very important role in McDonald's. They train our new employees they coach and develop crew and they provide support to the management team. A crew trainer is a role model, a coach a teacher and an expert. A crew trainer needs to be a good communicator. Good communication is essential when training and when providing coaching and feedback to other crew. For our business our customers are the most important part of our business. A crew trainer needs to focus on the right things to ensure that all of our customers receive great QSC. The development thing about crew trainer that I learned is that crew trainers support management team by helping to solve problems on shifts. Crew trainers must role model correct procedures and ensure that others around them follow correct procedures as well. Crew trainers are part of the training team. As a team crew trainers need to work together to make sure that every crew person receives the training and coaching they need to deliver great QSC. I need to perform my role as a crew person and also to be a role model coach teacher and expert while I'm working. Becoming a crew trainer has benefits to me and for my restaurant. Our crew trainer development works using a combination of e-learning working with others and learning within the role. Together we will give the perfect blend of learning that we need to be effective trainer. I have a workbook which allow me to put into practice what I have learnt online through the floor activities. And the end I will reflect on and discuss your key learns with a coach on the completion of the programme the verification process will confirm what I have gained the necessary

skills and knowledge to be a confident and competent crew trainer. eLearning that I know already are: treat all restaurant staff with courtesy and respect, speak clearly, listen actively, being patient in my communication. What I need to do is to act as a role model to all crew members by giving customers an outstanding individual and memorable experience, placing them at the core of all we do, be an operations expert, effectively training crew members and apprentices using the company training and apprenticeship programme, work as an integral part of the team supporting the management team, actively drive restaurant goals and targets, and ensure that everyone's actions contribute towards achieving them, lead areas providing coaching and direction to all crew, identifying barriers to service and production and to proactively take remedial action when necessary, to take personal accountability of the delivery of the vital ingredients to a great customer experience. "Personal development planning enables individuals to take charge of their own learning. Learning becomes a proactive as well as reactive process, designed and prioritised to support immediate development needs as well as longer term ambitions. A Personal Development Plan (PDP) enables you to identify key areas of learning and development activity that will enable you to either acquire new or develop existing skills and behavioural attributes for the following purposes: enhancing performance in your current role, addressing anticipated changes in your current role, addressing career aspirations towards a future role. I have many dreams but there are not just a dream. I'm working to make them reality. I am working to archive all my goals and. To make my parents proud for me, I want to do things for them because they sacrificed too much to be here. I am. I see myself after five years completely done with my career. I want to have an office to work. Accounting another one is to open an Albanian restaurant. I want to make a course about cooking because it is one of my passions. Then I can manage my own business. I already have some ideas how my restaurant is gonna look like. I know many Albania's immigrants are here and when they come in my restaurant they can feel like they are in their home because I know the feeling to stay far away from our country is hard. Another dream is to open an institution to help people with disabilities. I am the type of person that when I see people happy and even more, I am very determined from my goal in life. I prefer to work hard in silence and to let my success make noise. I'm going to make my dreams possible no matter what. I'm sure that today is my opportunity to build the tomorrow I want. I believe in myself that everything that I wished to have I will have in my near future. My purpose is to secure a better future. In the UK, and I will do my best to contribute to this country.