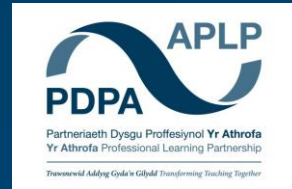




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ECAD4018C – Sesiwn 7

Cefnogi plant i fod yn barod i'r
ysgol

ECAD4018 – Session 7

Supporting Children to get ready
for school



Nod y sesiwn yma:

- Edrych ar rôl y rhieni a darparwyr blynyddoedd cynnar i gefnogi datblygiad plant
- Edrych ar feysydd allweddol ar gyfer cefnogi parodrwydd ysgol
- Trafod beth mae 'bod yn barod i ddysgu' yn ei olygu
- Edrych ar gyd-destun polisi – **Dechrau'n Deg**
- **Estyn** – Trefniadau Cefnogol
- Tasg

- **The aim of this session is:**
- Looking at the role of parents and early years providers in supporting child development
- Looking at key areas for supporting school readiness
- Discussing what 'being ready to learn' means
- Looking at policy context – **Flying Start**
- **Estyn** – Supportive Arrangements
- Task

Beth yw ein rolau fel rhieni a darparwyr blynyddoedd cynnar i gefnogi datblygiad ein plant?

“

Children have the potential to become school ready when families, early years providers and schools work together to support the development of their confidence, resilience and curiosity.

This article was written with the help of Helen Stroudley, Early Years Consultant at **Peeples**. So, let's go through what school readiness means and how you can better prepare you and your little one for their first day of 'big school'.

What are our roles as parents and early years providers to support the development of our children?



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Meysydd Allweddol ar gyfer Cefnogi Parodrwydd Ysgol...

- ✓ Annibyniaeth a Hunan-ofal
- ✓ Sgiliau Cymdeithasol ac Emosiynol
- ✓ Paratoi Ymarferol (Arferion)
- ✓ Cyfathrebu a Llythrennedd
- ✓ Gweithgareddau (Chwarae, Darllen, Motor
Cain)

Key Areas for Supporting School Readiness...

- ✓ Independence and Self-Care
- ✓ Social and Emotional Skills
- ✓ Practical Preparation (Routines)
- ✓ Communication and Literacy
- ✓ Activities (Play, Reading, Fine Motor)

Trafodwch...

“Family-based support is one of the most significant contributors to children’s continued success in the education system, particularly during periods of educational transition.”

Harris and Goodall (2009)
Helping Families Support Children’s Success at School, Save the Children.

Discuss...

Beth mae 'bod yn barod i ddysgu' yn ei olygu?

Mae plant pedair oed yn tueddu i setlo'n gyflymach yn yr ysgol os ydyn nhw:

- bod â digon o iaith i fynegi eu hunain a gofyn cwestiynau (sgiliau iaith cynnar)
- gallu gwrandao ar gyfarwyddiadau a'u dilyn
- gallu dod ymlaen â phlant eraill, gan rannu a chymryd eu tro
- mynd i'r toiled a gwisgo ar eu pen eu hunain
- ymdopi â bod i ffwrdd o'u rhieni/gofalwyr
- â diddordeb mewn straeon, caneuon a rhigymau, tynnu lluniau a gwneud pethau
- bod â rhywfaint o gyfarwyddyd â llythrennau a rhifau
- yn chwilfrydig am y byd, gyda dyhead i ddysgu.

[theme-3-welcoming-families-to-engage-with-the-school-resources-1-9.pdf](#)

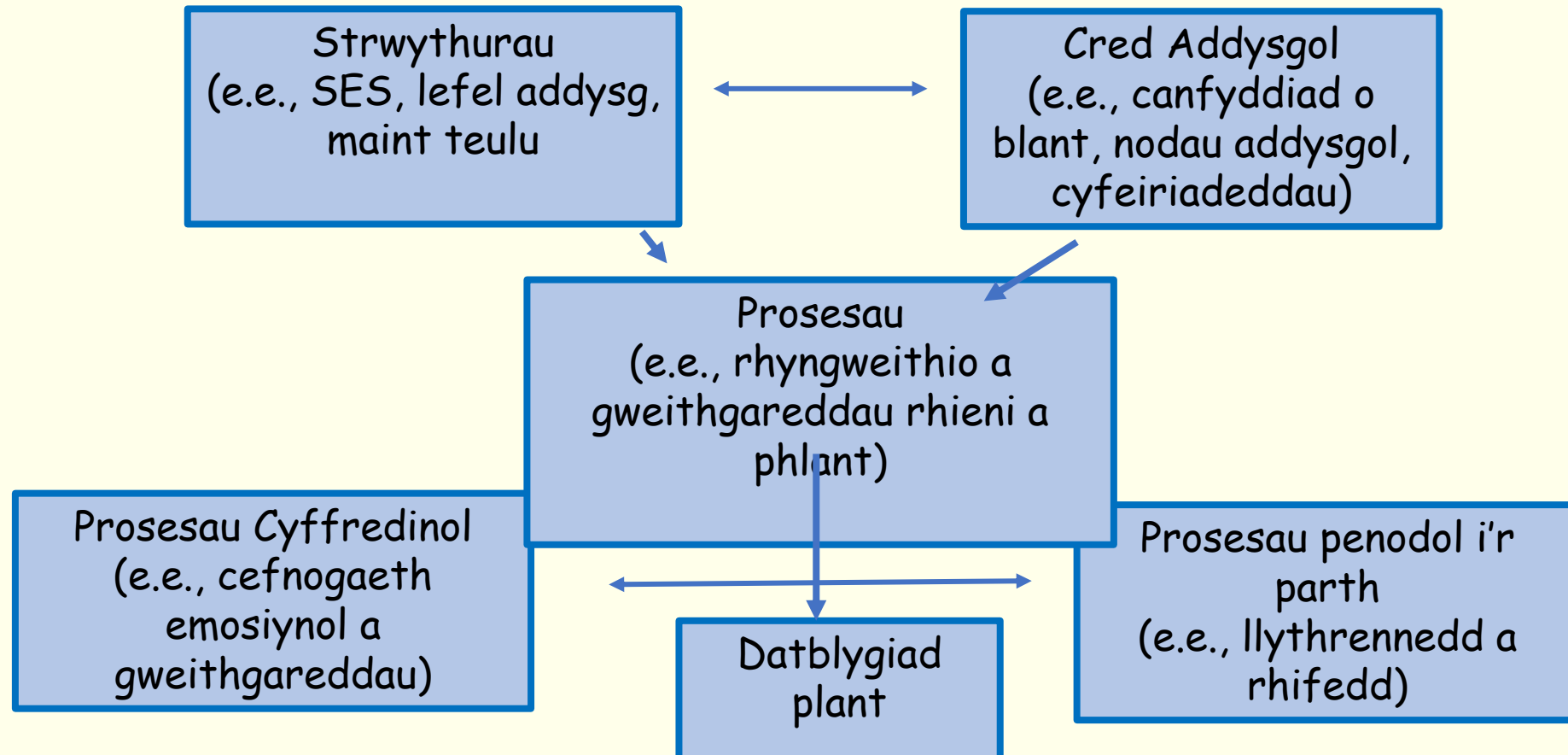
What does 'ready to learn' mean?

Children age four tend to settle more quickly in school if they:

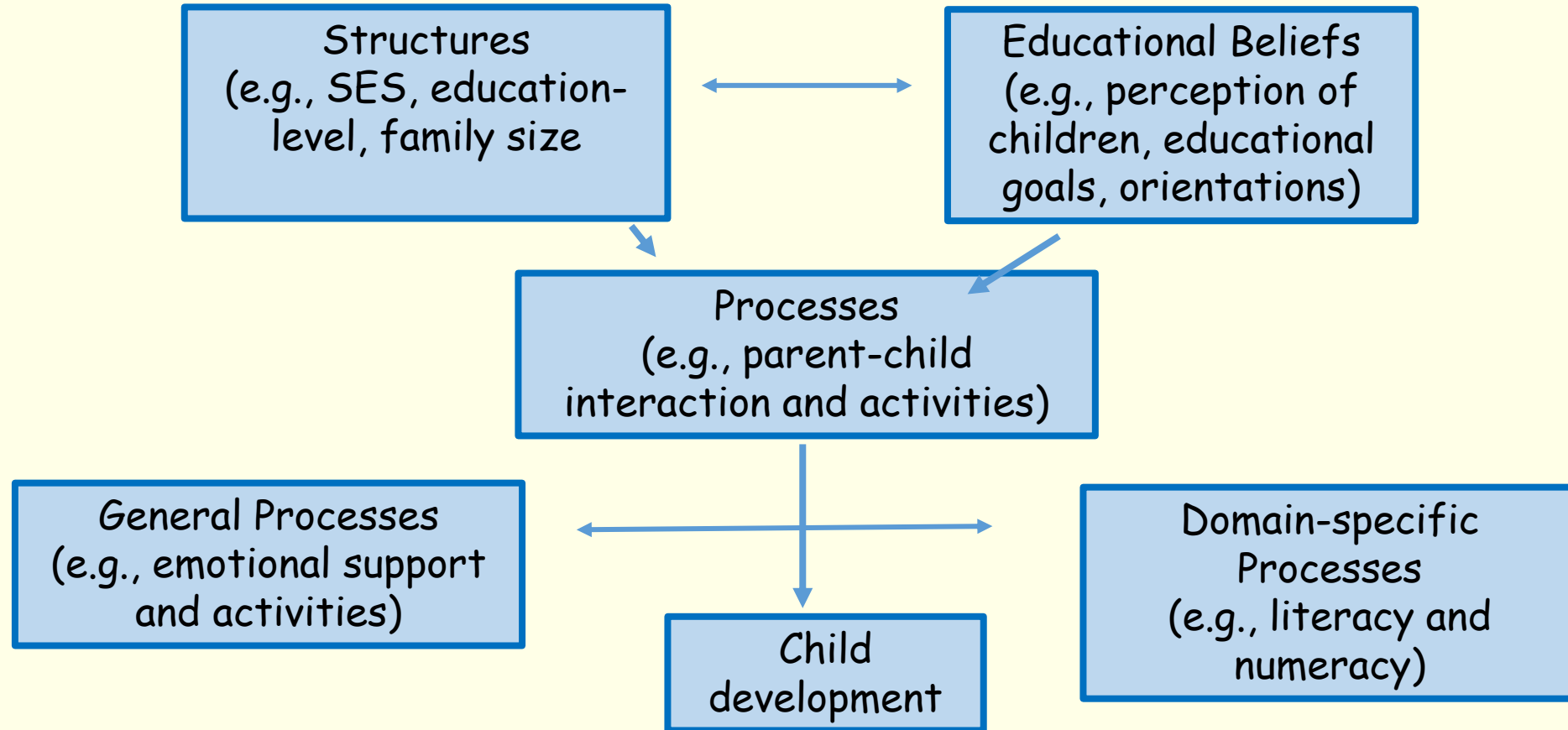
- have enough language to express themselves and ask questions (early language skills)
- can listen to and follow instructions
- can get along with other children, sharing and taking turns
- go to the toilet and get dressed by themselves
- cope with being away from their parents/carers
- are interested in stories, songs and rhymes, drawing and making things
- have some familiarity with letters and numbers
- are curious about the world, with a desire to learn.

[theme-3-welcoming-families-to-engage-with-the-school-resources-1-9.pdf](#)

Amgylchedd dysgu yn y cartref



Home learning environment



Cyd-destun Polisi

Uchelgais Llywodraeth Cymru yw bod pob plentyn yng Nghymru yn cael y dechrau gorau posibl mewn bywyd a chaiff yr uchelgais hwnnw ei ategu gan hawliau plant. Rydym am gael ‘**Cymru i Bob Plentyn**’, a Chymru lle mae pob plentyn yn cael y dechrau gorau mewn bywyd, gan gynnwys gwasanaethau gofal plant a blynyddoedd cynnar o ansawdd uchel a chymorth o ansawdd uchel i rieni neu ofalwyr. [Beth yw hawliau plant: canllawiau i rieni a gofalwyr | LLYW.CYMRU](#) Hawliau plant yw'r sbardun i raglenni a pholisïau allweddol fel Dechrau'n Deg.

Policy Context

Underpinned by children's rights the Welsh Government's ambition is for each and every child in Wales to have the best possible start in life. We want ‘**A Wales for All Children / Cymru i Bob Plentyn**’, a Wales where all children have the best start in life, including high quality childcare and early years services and support for parents or carers. [What are children's rights: guidance for parents and carers | GOV.WALES](#) Children's rights are the driving force behind key programmes and policies like Flying Start.

Ehangu gofal plant Dechrau'n Deg Yn Rhaglen Lywodraethu 2021-2025

Roedd ymrwymiad i ddarparu ehangu'r ddarpariaeth blynyddoedd cynnar yn raddol i gynnwys pob plentyn 2 oed cymwys, gyda phwyslais arbennig ar gryfhau'r ddarpariaeth cyfrwng Cymraeg.

Dechreuodd cam cyntaf yr ehangu ym mis Medi 2022 ac roedd yn cynnwys pob un o'r pedair elfen o Flying Start. Roedd Cam 2 yn canolbwyntio ar ddarparu elfen gofal plant rhan-amser o ansawdd uchel Dechrau'n Deg i fwy o blant 2 oed yn ystod 2023-24 a 2024-25. Parhaodd Cam 3 â'r ehangiad hwn o 2025/26 ymlaen gyda'r nod yn y pen draw y byddai'r ddarpariaeth ar gael i bob plentyn 2 oed yng Nghymru.

Blaenoriaethau ar gyfer yr ehangu yw:

- Gwneud y mwyaf o ganlyniadau datblygiad plant i gefnogi'r dechrau gorau mewn bywyd, yn enwedig i'n plant mwyaf difreintiedig
- Mynd i'r afael ag anghydraddoldeb a lliniaru rhai o effeithiau amddifadedd
- Cefnogi a chryfhau darpariaethau cyfrwng Cymraeg a
- Mynd i'r afael â bylchau yn argaeledd darpariaeth

Expansion of Flying Start childcare In the 2021-2025

There was a commitment to deliver a phased expansion of early years provision to include all eligible 2 year olds, with a particular emphasis on strengthening Welsh medium provision.

The first phase of the expansion started in September 2022 and included all four elements of Flying Start. Phase 2 focussed on delivering the high quality part time childcare element of Flying Start to more 2 year olds during 2023-24 and 2024-25. Phase 3 continued this expansion from 2025/26 onwards with the eventual aim that provision would be available to all 2 year olds in Wales.

Priorities for the expansion are to:

- Maximise child development outcomes to support the best start in life, particularly for our most disadvantaged children
- Address inequality and alleviating some of the impacts of deprivation
- Support and strengthen Welsh medium provisions and
- Address gaps in the availability of provision

Trafodwch...

- Beth yw **natur y strategaeth** neu'r gweithgarwch?
- Beth yw **effaith** y gwaith hwn ar **ddarpariaeth a safonau** plant?



Discuss...

- What is the **nature of the strategy** or activity?
-
- What is the **impact** of this work on **children's provision and standards**?

Trefniadau cefnogol ar gyfer trosglwyddo i'r ysgol i blant a'u teuluoedd. - Estyn

Supportive arrangements for transition to school for children and their families. - Estyn



33:10 – 35:48

(9) Parental Engagement in Children's Learning Narrowing the Achievement Gap Dr Janet Goodall - YouTube



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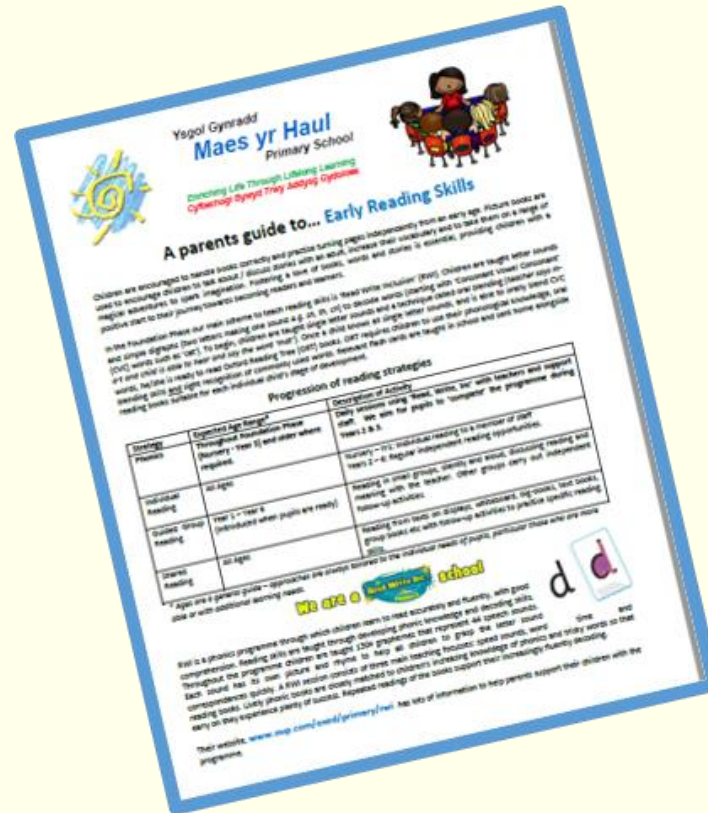
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Tasg/ Task

Cyngor i rieni

Gyda phartner neu grŵp, lluniwch “Daflen Gyngor” A4 i rieni ar sut y gallant gefnogi dysg eu plentyn Cyfnod Sylfaen gartref.



Advice for parents

With a partner or group, make an A4 “Advice Sheet” for parents on how they can support the learning of their Foundation Phase child at home.



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