

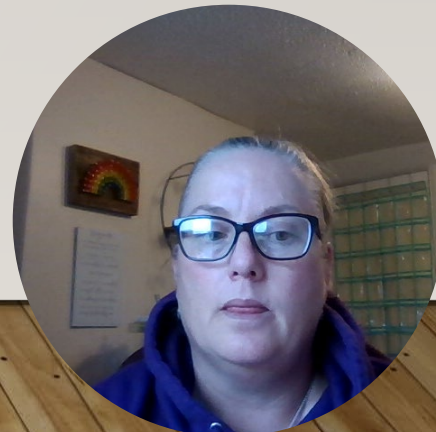


IDENTIFY A GROUP THAT IS AT RISK OF EXCLUSION

Michelle Poole

1903921

ECED7005

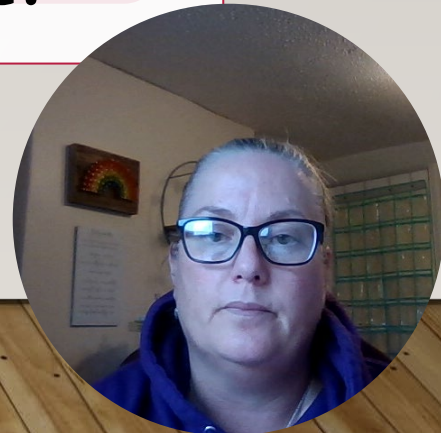


Introduction

Discuss the
group I have
chosen

Risks of
Exclusion

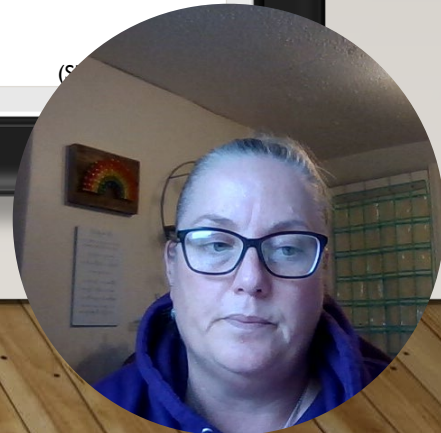
How will I
approach this
topic?



Definition of old age

Definition:

Old age typically refers to the later stages of the human lifespan, generally representing individuals 60 or 65 years old and older. The ageing period involves various physical, mental, and emotional changes as individuals move into the later stages of life.

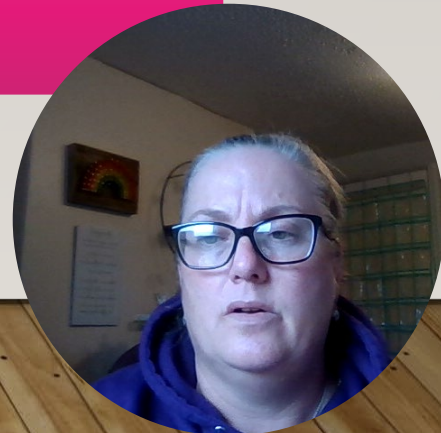


Our aging population

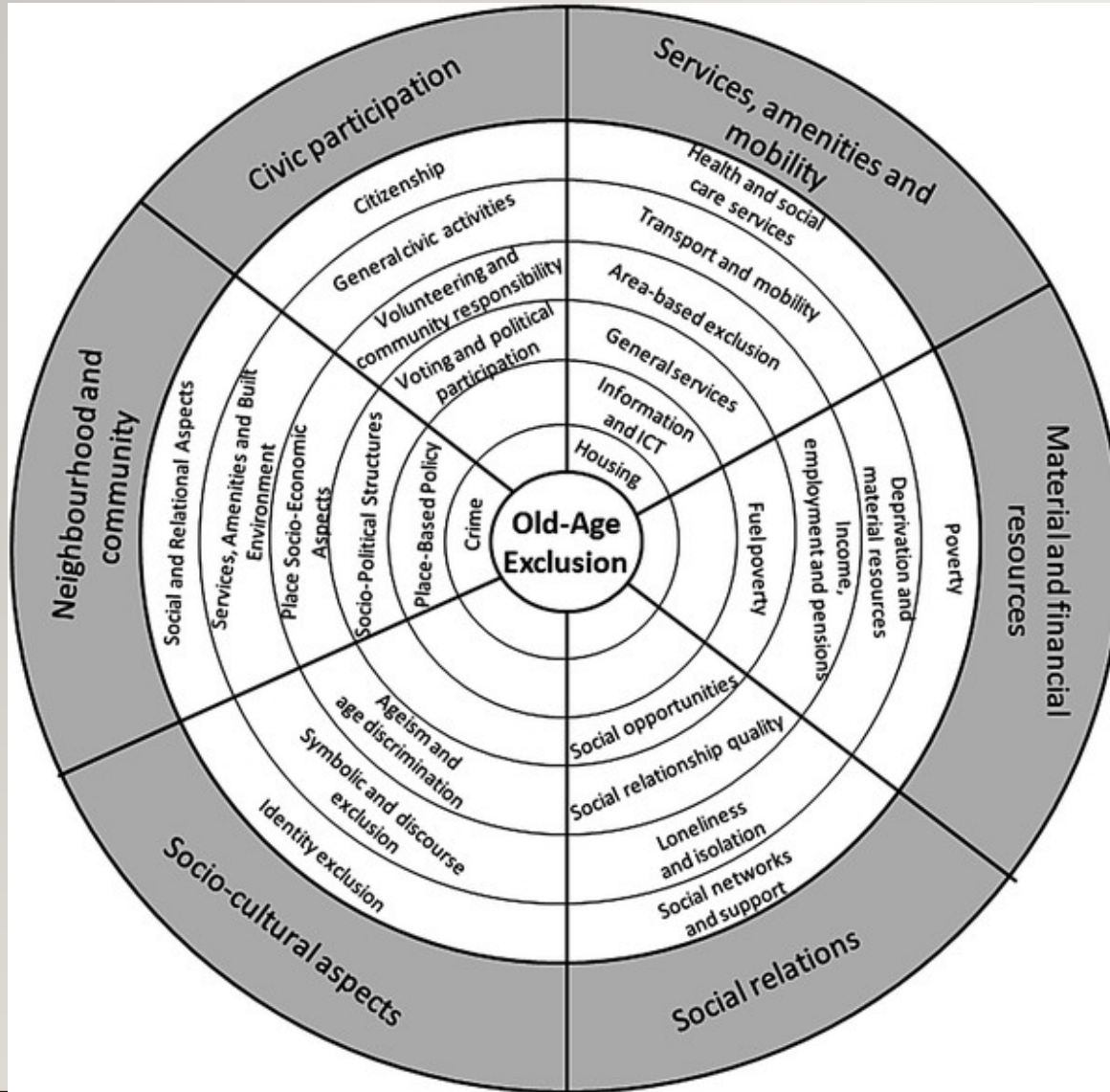
75% of 75-year-olds in the UK have more than one long-term condition, rising to 82% of 85-year-olds (Barnett *et al.*, 2012).

Between 2007/08 and 2013/14, the number of A&E attendances by people aged 60 or over increased by two-thirds, a steeper increase than is expected by demographic change alone (NHS England data, 2015).

More than one in five are already over 60, and the number of people over 60 is expected to increase from 14.9 million in 2014 to 18.5 million in 2025 (ONS, 2015).



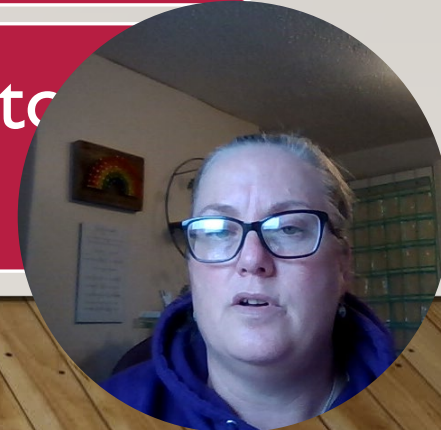
What two barriers I have chosen that excludes old people?



Technology

Social Exclusion,
Loneliness

How do they need to
be addressed?



Technology

- Difficulties accessing essential services.
- Causes anxiety and stress.
- Speed at which technology changes,

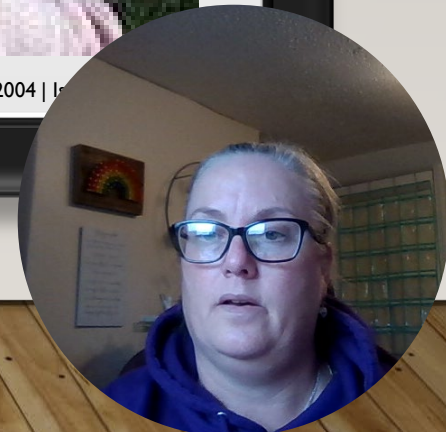


Solutions to old people and technology

- Devices designed for old people.
- Amazon Echo show
- Adapting existing devices



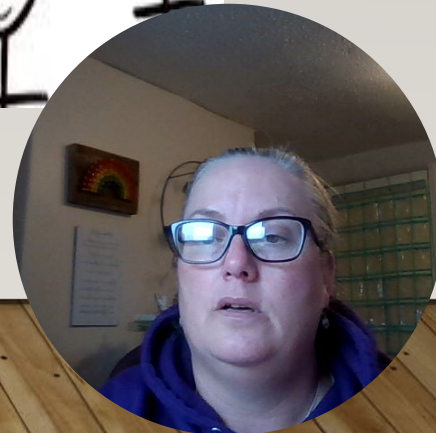
Image © kate_sept2004 | I



DEFINITION OF SOCIAL EXCLUSION

The idea of social exclusion builds on a long-standing recognition that material exclusion is both caused by and is a cause of exclusion from other domains related to an individual's well-being.

Social exclusion is generally accepted as a multifaceted concept involving more than simply material disadvantage.

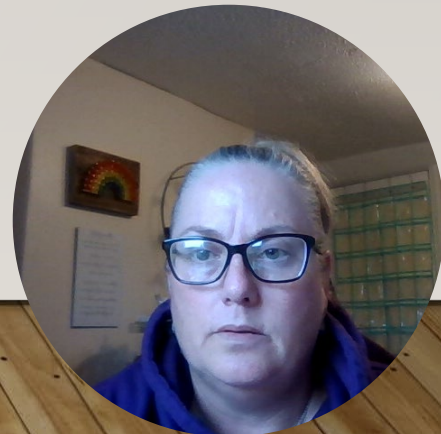


What does social exclusion mean for old age

- Older people face the threat of losing independence, either financially or otherwise, which is a crucial challenge and underpins the identification of different domains of social exclusion for older people.



(www.linkedin.com, 2023).



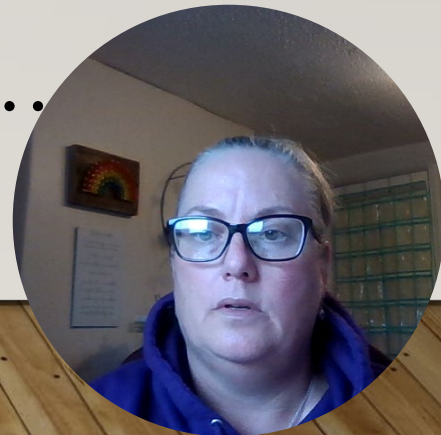


Social Isolation and Loneliness

(General Health, 2024)

Social exclusion and solutions.

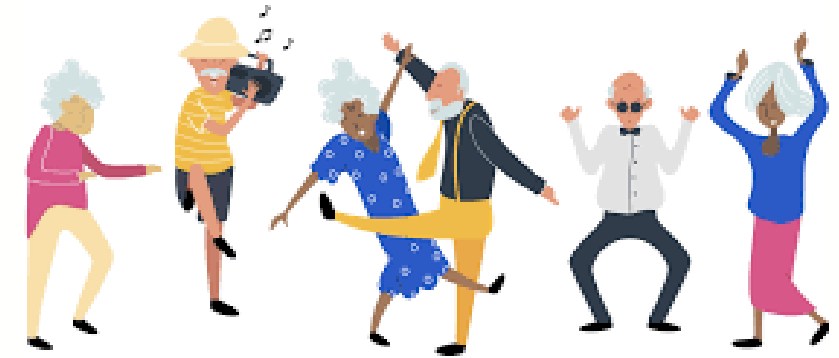
- Let them live in their own homes as long as possible.
- Encourage them to go out.
- Help them move.
- Final thoughts...



Why should old people be included



(VIDEAvictoria, 2011)



Scott 2022



(wazhmaaboutitissues, 2011)



(Slideplayer.com, 2011)



The importance of social inclusion

- Human Dignity and Rights:
- Mental and Physical Health:
- Economic Benefits:
- Social Cohesion:
- Innovation and Problem-solving:



Policies related to old age



Llywodraeth Cymru
Welsh Government

Age-Friendly 2023.

Welsh
Government
Our Strategy for
an Ageing Society
– Age-Friendly
Wales 2021.

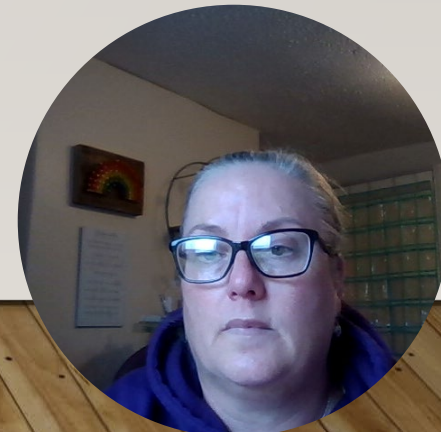
United Nations
Principles for
Older Persons
(UNPOP).

Human Rights
Act 1998.

Equality Act
2010.



(Older People's Commissioner for Wales, 2024)



Thank you
for listening



References

- abilitynet.org.uk. (2023). Technology for Seniors | AbilityNet.
<https://abilitynet.org.uk/factsheets/technology-seniors>.
- Age-Friendly World. (2023). The Welsh Government: The Strategy for an Ageing Society. :
<https://extranet.who.int/agefriendlyworld/afp/the-welsh-government-the-strategy-for-an-ageing-society/>.
- ageing-better.org.uk. (2024). Reframing ageing: Public perceptions of ageing, older age and demographic change | Centre for Ageing Better.
https://ageing-better.org.uk/resources/reframing-ageing-public-perceptions-ageing-older-age-and-demographic-change?gad_source=1&gclid=CjwKCAjwqMO0BhA8EiwAFTLgIKXzoQtBZI9FA9HA.
- Anon, (n.d.). Loneliness and Social Isolation: Emerging Public Health Crisis and Strategies for Prevention – General Health Advocacy.
<https://generalhealthadvocacy.com/loneliness-and-social-isolation>.
- Ensuring access to information and services in a digital age Guidance for Local Authorities and Health Boards An independent voice and champion for older people. (n.d.).
<https://olderpeople.wales/wp-content/uploads/2024/05/S12-Guidance-Ensuring-access-to-information-and-services-in-a-digital-age.pdf>.
- European Convention on Human Rights (Article 10)
https://www.echr.coe.int/documents/convention_eng.pdf.
- Human Rights Act 1998 –
<https://www.legislation.gov.uk/ukpga/1998/42/contents>.
- Imgbin.Com (2017). Drawing old age child person grandmother PNG - free download. Imgbin.Com.
<https://imgbin.Com/png/hj586w4t/drawing-old-age-child-person-grandmother-png>.
- Johnson, S. (2015). How can older people play a bigger role in society? the Guardian.
<https://www.theguardian.com/society/2015/mar/30/how-why-older-people-valued-knowledge-experience>.
- Kneale, D. (2012). Is social exclusion still important for older people?
<https://ilcuk.Org.Uk/wp-content/uploads/2018/11/social-exclusion-report.pdf>.
- Limited, A. (2016). Difficult technology for a man elderly stock photo – alamy www.Alamy.Com.
<https://www.Alamy.Com/stock-photo-difficult-technology-for-a-man-elderly-97171383.Html?Imageid=905db448-55c6-432c-967d-d50087e25af2&p=95853&pn=1&searchid=aecaaef3bd9e4f28be0481cda37fc92e&searchtype=0>
- Marmalade Trust. (2023). Loneliness Guide.
https://www.marmaladetrust.org/lonelinessguide?gad_source=1&gclid=CjwKCAjwqMO0BhA8EiwAFTLgIDDhItalRhvG7i9obE0JcS_q0aRZb3wNXYuspMVSfpZQRaf3UlmRhoC5_UQAvD_BwE
- Newton, C. (2019). How to Reduce Social Exclusion of the Elderly. Inclusive Solutions.
<https://inclusive-solutions.com/blog/how-to-reduce-social-exclusion-of-the-elderly/#:~:text=If%20a%20senior%20is%20still>.
- NHS England (2020). Improving care for older people. NHS England.
<https://www.England.Nhs.Uk/ourwork/clinical-policy/older-people/improving-care-for-older-people/>.
- Older people in community development. (2009).
<https://www.helpa>
[ge.org/silo/files/older-people-in-community-development-the-role-of-older-peoples-associations-opas-in-enhancing-local-development.pdf](https://www.helpa.org/silo/files/older-people-in-community-development-the-role-of-older-peoples-associations-opas-in-enhancing-local-development.pdf).
- Older People's Commissioner for Wales. (2024). United Nations Principles for Older Persons
<https://olderpeople.wales/about/publication-scheme/our-policies/un-principles/>.
- Our Strategy for an Ageing Society. (2021).
<https://www.gov.wales/sites/default/files/publications/2021-10/our-strategy-for-an-ageing-society.pdf>.
- Prajapati, D.V.C. (2024). Why Is Social Inclusion Important for Mental Health? www.icliniq.com.
<https://www.icliniq.com/articles/healthy-living-wellness-and-prevention/social-inclusion-and-mental-health#what-is-the-importance-of-social-inclusion>.
- Psyche. (2023). How to feel less lonely as you get older | Psyche Guides.
<https://psyche.co/guides/how-to-feel-less-lonely-as-work-and-family-quieten-down-later-in-life>.

References

Rank, S. (2023). 5 Reasons Why Regular Socialization Is Beneficial for Older Adults. IntegraCare. <https://www.integracare.com/5-reasons-why-regular-socialization-is-beneficial-for-older-adults/#:~:text=Staying%20socially%20active%20can%20have>.

Reframing ageing Public perceptions of ageing, older age and demographic change. (2021). https://ageing-better.org.uk/sites/default/files/2021-07/Reframing-ageing-public-perceptions.pdf?_gl=1.

Sacred Heart Mission (2021). The importance of social inclusion. Sacred Heart Mission. <https://www.sacredheartmission.org/news/the-importance-of-social-inclusion/#:~:text=Social%20inclusion%20is%20important%20for>.

Scott, A. (2020). The future of ageing: A guide for policymakers – IMF F&D. IMF. <https://www.imf.org/en/Publications/fandd/issues/2020/03/the-future-of-aging-guide-for-policymakers-scott>.

Slideplayer.com. (2024). <https://player.slideplayer.com/24/7329542/data/images/img2.jpg>

SlideShare. (2018). Elderly people in India. <https://www.Slideshare.Net/slideshow/elderly-people-in-india/91040427>

The Baring Foundation. (2012). Tackling loneliness in older age: the role of the arts. https://baringfoundation.org.uk/resource/tackling-loneliness-in-older-age-the-role-of-thearts/?gad_source=1&gclid=CjwKCAjwqMO0BhA8EiwAFTLgIGu9osbRXD8kKcJxkL0-xrCABf827KySAvIUCviiK4.

UN International Covenant on Civil and Political Rights (Article 19) = <https://www.ohchr.org/en/professionalinterest/pages/ccpr.aspx>.

United Nations (2016). Identifying social inclusion and exclusion. United Nations, United Nations, pp.17–32. <https://www.un.org/esa/socdev/rwss/2016/chapter1.pdf>.

VIDEAvictoria, V. (2011). Torey Brandolini. Flickr. <https://www.flickr.com/photos/videavictoria/5593056321/>.

wazhmaaboutitissues. (2011). Older Generation on technology. <https://wazhmaaboutitissues.wordpress.com/2011/05/25/older-generation-on-technology/>.

WHO, (n.d.). Respect and Social Inclusion - Age-Friendly World. <https://extranet.who.int/agefriendlyworld/age-friendly-practices/respect-and-social-inclusion/#:~:text=An%20inclusive%20society%20encourages%20older>.

