

Reflective report

MODULE NAME: ACADEMIC SKILLS

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1.Introduction

The purpose of this reflective writing assignment is to demonstrate academic skills through the Gibbs Reflective Cycle. Therefore, in order to achieve this goal, the assignment provides a brief description of Gibb's reflexive model. It then offers a reflection on three different academic skills that are essential to an individual in their student and professional lives. Academic skills reflected in this assignment include paraphrasing skills, research skills, and summarizing skills.

2.Model of Reflection

The Gibbs' Reflective Cycle is a systemic reflective practice framework and engages in six steps, namely Description, Feelings, Evaluation, Analysis, Conclusion, and Action Plan. The model thus encourages the learner to reflect on experiences in a systematic way in order to

understand them in a deeper context and also to grow. It shall be beneficial in that it will provide a clear and systematic process of reflection for an individual, thus helping him or her to explore their thoughts, feelings, and actions in a systematic manner (Adeani et al., 2020). The Gibbs' Reflective Cycle guides the user in undergoing the critical thinking and self-awareness process, enabling them to go through each stage by permitting the identification of areas for development.

3.Academic skill: paraphrasing

I wanted to talk about paraphrasing it is really useful skill, and one that I've been working on myself. Basically, it's all about taking someone else's ideas and putting them into my own words.

From what I've learned, paraphrasing is very useful for several reasons. First, it shows that you really understand the material, rather than just regurgitating what someone else said. It also helps avoid any accidental plagiarism, which is always a good thing. Furthermore, putting things in my own words can actually help clarify ideas and put them in better context.

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(What not to paraphrase in writing 2024),First, the technical jargon when it comes to paraphrasing. These are specialized terms that have very specific meaning in your field. Using another word won't cut it - you should stick to generally accepted language.

Now, when it comes to more everyday words and phrases, you can definitely put your own spin on things. Words like "the", "to", "because", - these ordinary little guys don't need to be paraphrased. The same is true of plain old word types, such as garden-variety adjectives and adverbs.

The key is to find that balance between the very robotic sound with the technical stuff, and putting your personal stamp on the more casual language. Just use your best judgment and you will be golden.

4.Academic Skill Reflection : Research Skills

Research is an imperative part of my academic journey in the life of a student. Whether it be an assignment, project, or thesis work, one should make a point to do effective and thorough research as it is one of the most important skills a student must learn (Pather and Remenyi, 2019).

Most of the time, I get enthusiastic and my excitement starts pumping at the launch of a new research project. I like to explore and discover, yet I always feel overwhelmed by the vast amounts of data available; I have no idea where to start.

As I reflect on my research skills, I acknowledge my strengths and areas where I would need to improve. Normally, I do succeed in finding the right information that I seek, majorly through online databases and libraries. However, based on the findings of the study by Ansah (2019), there are instances that call for very keen evaluation of sources in a critical manner and then synthesizing information cohesively.

This reflection guides me into realizing the fact that developing strong research skills definitely takes a good deal of practice. This is not only in finding the relevant sources but also in the analysis and synthesis of information from them to support arguments and conclusions drawn.

I am dedicated to spending more time on the skill development of research. This will be evident by practicing source evaluations with better discernment, sharpening note-taking techniques, and even locating more effective ways of obtaining more feedback regarding my research process. This way, improving my approach to research will help to become much better and confident in the whole process of becoming a scholar (Ommering et al., 2021).

5.Academic skills:Summarising

I benefited a lot from this course, especially learning summarization skills. Through this class, i learned several things, the main ideas are that to write a good summary, first to really understand the text by taking notes on the main points and details. Then organize these ideas messages of the original, using your own wording and excluding any direct quotations.

Important details that support this are:

- 1) Identify the main ideas and important supporting point
- 2) Write a thesis statement to guide your summary
- 3) Determine the flow of your summary before drafting it
- 4) Use your own language, quoting directly only when necessary
- 5) Review your summary one last time before submitting
- 6) Taking notes and writing important things from the article

Writing is important when it comes to language learning, for sure. Teachers, students, and researchers should all be on their radar. The aim of this study was to investigate how the use of summarization strategy effects graduate students learning English. They had 20 Iraqi graduate in the mix, all of them studying English as a foreign language at Al-Nahrain University in Iraq during the 2018-2019 academic year.

Students took a pre-test on writing a summary, then had 16 session over 8 weeks to learn the summary strategy. Next, they wrote a summary of a text called “Globalization” and scored on things like grammar, vocabulary, organization, content, and flow.

It turns out that the summarizing strategy really helped in enhancing student’s academic writing skills. Therefore, researchers believe that it is a good idea to include it in school and university curriculum, (Numan Khazaal, Edhah 2019)

6.Conclusion

In a nutshell, this paper reflects on Gibbs' Reflective Cycle with respect to time paraphrase , research skills, and summaries skills. Each of the reflections delves into personal experiences, feelings, evaluations, and action plans, leading one to be more self-aware and grow. A more relevant analysis of these skills, in relation to successful academic performance, is determined through structured analysis. Consequently, in moving forward, implementation of the tailored strategies, such as goal setting and seeking feedback, will be inculcated in the bid to improve overall effectiveness. Implementing this through incorporation of reflective practice and working towards continued improvement will make academic performance and professional development better.

7.References

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