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Module: Academic and Empoebility Skills

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Section	Response
1. Research	I started my research by finding the information i needed i used different website and sources. I compared the information to make sure it was correct. I was good at finding useful information and writing notes, sometimes it was hard to know which websites i could trust that is why i use the right keywords instead of searching for Mental Health Nurse i use more specific words like Mental Health Nurse role in UK, NHS or HMS competencies and the CRAAP test helped me to check if a source was good and reliable and helped me to find better and more useful information.
2. Presenting	I prepared my presentation by putting my ideas in the right order, i practised what i wanted to say so i can feel more confident. I started my presentation on the role of mental health nurse, explained the skills the duties and responsibilities of Mental Health Nurse I think I explained my ideas clearly sometimes it was hard to remember everything and finish on time.
3. Challenges you faced	I am good at finding information and sharing my ideas; however, I sometimes find it hard to choose the best sources and write information in my own words I also feel nervous when I am speaking in front of others. Feedback from my teachers and classmates can help me to improve myself
4. Actions to improve	I want to improve my research and presentation skill. I will start my work earlier and keep my notes organised, and i will use the CRAAP test to check my sources also i will practise my presentation more so i can speak clearly and feel more confident
5. Further steps needed to Prepare for Task 3	For Task 3 I will use five references, write in academic format. I will use the template to complete the task and discuss the duties, responsibilities, and skills of a mental health nurse.

