Digital safety in sunrise care home

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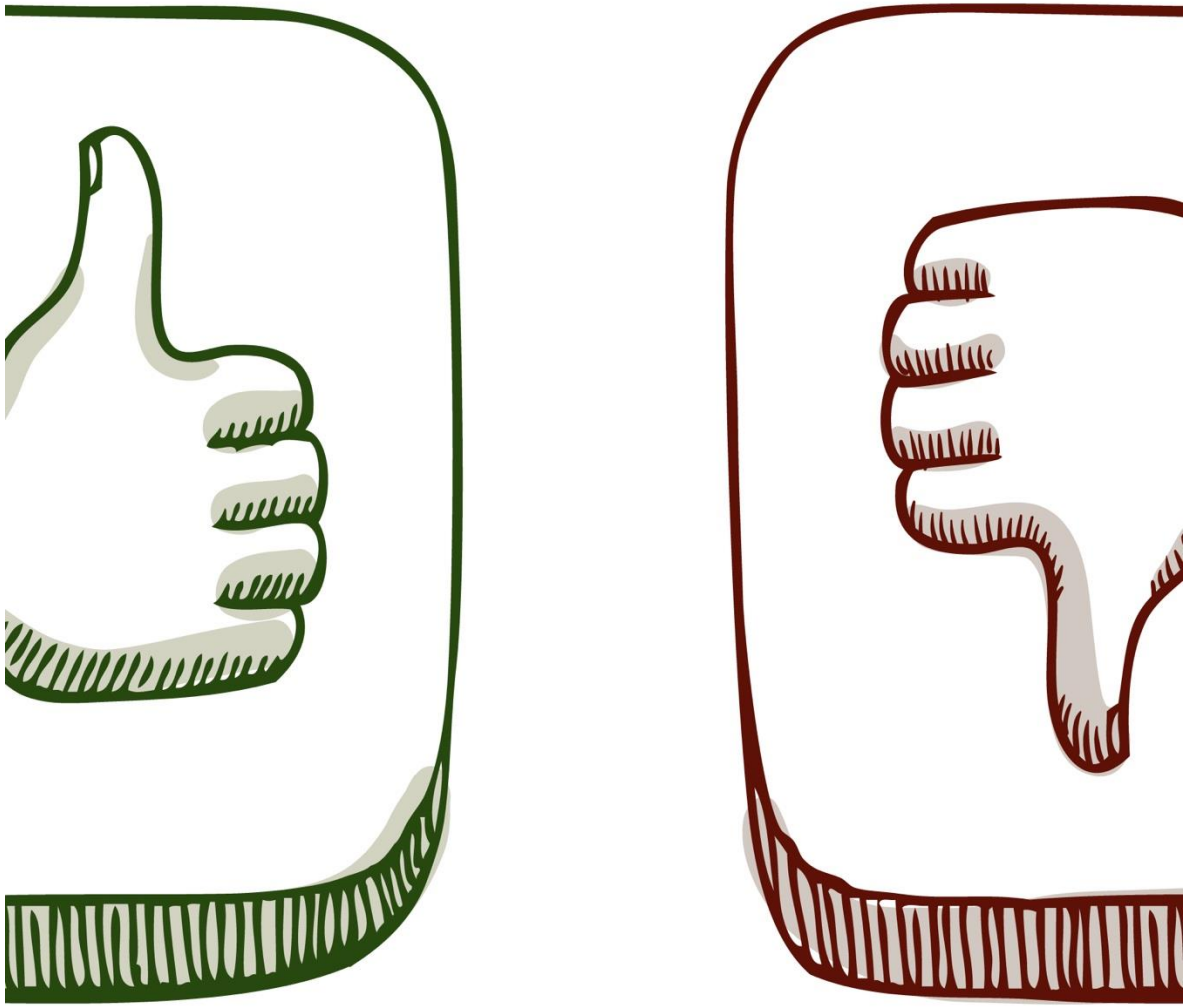
Introduction

- Digital safety in health and social care involves protecting sensitive patient data ensuring secure communication and maintaining confidentiality across digital systems.
- Staff must understand how to use technology responsibly to prevent data breaches and protect individuals' rights (NHS Digital, 2023)

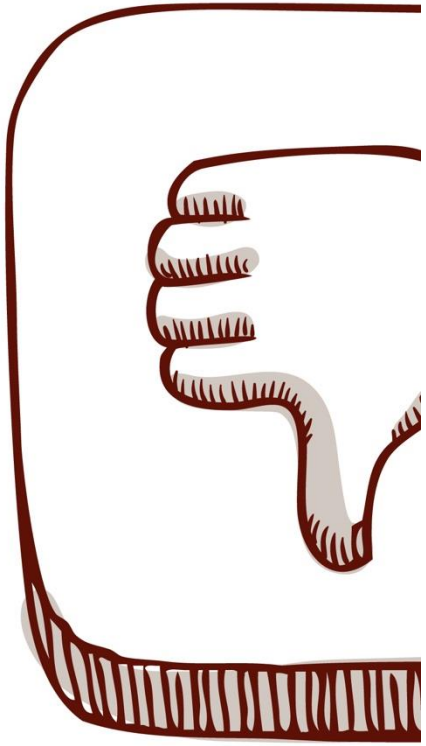
Advantages

- Builds trust between healthcare professionals and patients.
- Helps legal requirements
- Improves communication by ensuring secure sharing of medical information.
- Safeguards patient records and personal details from unauthorized access (Taylor, 2022)



Disadvantages

- Mistakes, such as sending data to the wrong person, can still occur.
- Staff may need additional training to manage secure systems (Brown, 2021)
- Strict Data protection rules can sometimes slow down information sharing.



Conclusion

- Maintaining digital safety in health and social care is vital to protect patients' confidentiality and uphold professional standards.
- Although it can create extra responsibilities, effective digital safety promotes trust, security and ethical practice within care settings.

References

- Brown L. (2021) Training and digital protection in care. London: HealthTech press. Available at: https://www.healthtechpress.co.uk/digital-protection (Accessed: 8 November 2025)
- NHS Digital (2023) Data security and Protection Toolkit. Available at: https://www.dsptoolkit.nhs.uk (Accessed: 8 November 2025)