

Hi all,

For your Laban/Actions workshop on the 9th / 10th November Yvonne would like you to read ROMEO AND JULIET. Ideally in its entirety, but at the VERY LEAST Act 3 scene 5. The link to the full play is here, but there are copies in the library.

http://shakespeare.mit.edu/romeo_juliet/full.html

She would also like you to read Hedda Gabler by Henrik Ibsen in its entirety but at the VERY LEAST Act 1 Scene 1. The link to the play is here, but there are copies in the library.

<http://fullonlinebook.com/plays/hedda-gabler-act-1/foxw.html>

The book 'Different Every Night' by Mike Alfreds will also be a huge help in the session if you have read it, but even if you cannot get hold of a copy from the library etc it may be useful to research the book, the author and some of his ideas/thoughts about actors and performance techniques.

Finally ensure you find out more about LABAN technique and its use for actors and that you revisit/further research ACTIONS & INTENTIONS techniques that we explored in the first year. There are several books on this in the Library and lots of useful help and information online with tutorials, you tube videos and actors blogs.

Finally finally...Yvonne Murphy runs OMIDAZE theatre company and works with lots of young people and professional actors. She is a great link/contact, ensure you find out about her, her company and her work and be ready to engage with her workshop fully.

Enjoy!!

Lynne xx