

WEEKLY PLANNER

Subject to adaptation and change

Semester One

Teaching	Themes	Face-to-Face Teaching (On-Campus) Monday 9-10	Asynchronous or Synchronous teaching (hour) Wednesday 11-12 <i>Teaching to follow the face-to-face teaching that includes reflective YouTube presentations, podcast, or ppt that reflects on the following topics.</i>
Week 1: Sept 28th	<i>Introduction to the Module and Module Delivery</i>	- Contracting and Module Expectations - Group Process Activity – Reconnection 'Keeping a journal'; a diary, log. <i>Introduction to the On Being Project</i> <i>Unlocking US Brene Brown</i> <i>BACP Hub</i> <i>Other voices?</i>	<i>(S) Developing a professional counselling identity</i> <i>Creating a video - assessment</i> <i>Reflective journal writing</i> Rory Lee Oakes https://www.bing.com/videos/search?q=You+tube+reflective+journal+writing&view=detail&mid=0B7798DA4719BE243F760B7798DA4719BE243F76&FORM=VDRVRV Gillie Bolton – Therapeutic Writing https://www.youtube.com/watch?time_continue=248&v=os1Wy55cTlg&feature=emb_logo
Week 2: Oct 5th	<i>Developing a Professional Identity</i>	Group Process: Exploration of the Theme	<i>(A) Reflective Practice: Values and Principles</i> <i>What it means to be human – Jane Goodall</i> https://onbeing.org/programs/jane-goodall-on-what-it-means-to-be-human/

			• <i>Reflective journal writing</i>
Week 3: Oct 12th	<i>Reflective Practice: Values and Principles</i>	Group Process: Exploration of the Theme	(A) <i>The power of the narrative</i> Assessment check –in Mark Brackett: <i>Permission to feel</i> https://brenebrown.com/podcast/dr-marc-brackett-and-brene-on-permission-to-feel/ • Reflective Journal Writing
Week 4: October 19th	<i>The power of the narrative</i>	Group Process: Exploration of the Theme	(S) <i>Poetry and Metaphor – Beauty and Language</i> • <i>Reflective journal writing</i> • <i>Making a video Q &A</i>
<i>Reading Week October 26th</i>			
Week 5: Nov 2nd	<i>Poetry and Metaphor</i>	Group Process: Exploration of the Theme	(A) <i>Identity: Professional and the Personal</i> • <i>Reflective journal writing</i>
Week 6: Nov 9th	<i>Identity: Professional and the Personal</i>	Group Process: Exploration of the Theme	(A) <i>Cultural Identity-How do we listen to the conversations on diversity?</i> BACP Diversity Hub https://www.bacp.co.uk/cpd/cpd-hub/diversity/ • <i>Reflective journal writing</i>
Week 7: Nov 16th	<i>Cultural Identity-How do we listen to the conversations on diversity?</i>	Group Process: Exploration of the Theme	(A) <i>Cultural Identity-How do we listen to the conversations on diversity?</i> • <i>Reflective journal writing</i>
Week 8: Nov 23rd	<i>Cultural Identity-How do we listen to the conversations on diversity?</i>	Group Process: Exploration of the Theme	(S) Preparation for sharing your video

Week 9 Nov 30th Assessment Submission :	Video Sharing	Group Process: Sharing your Video	(A) What is missing your personal and professional profile; room for growth.
Week 10: Dec 7th	Video Sharing	Group Process: Sharing your Video	TBA Student Choice