

The background features abstract, overlapping green geometric shapes, primarily triangles and polygons, in various shades of green, creating a modern and dynamic feel.

Dysgu y tu allan Outdoor learning

Beth yw dysgu effeithiol tu allan?
What constitutes effective outdoor learning?



Llywodraeth Cymru Welsh Government

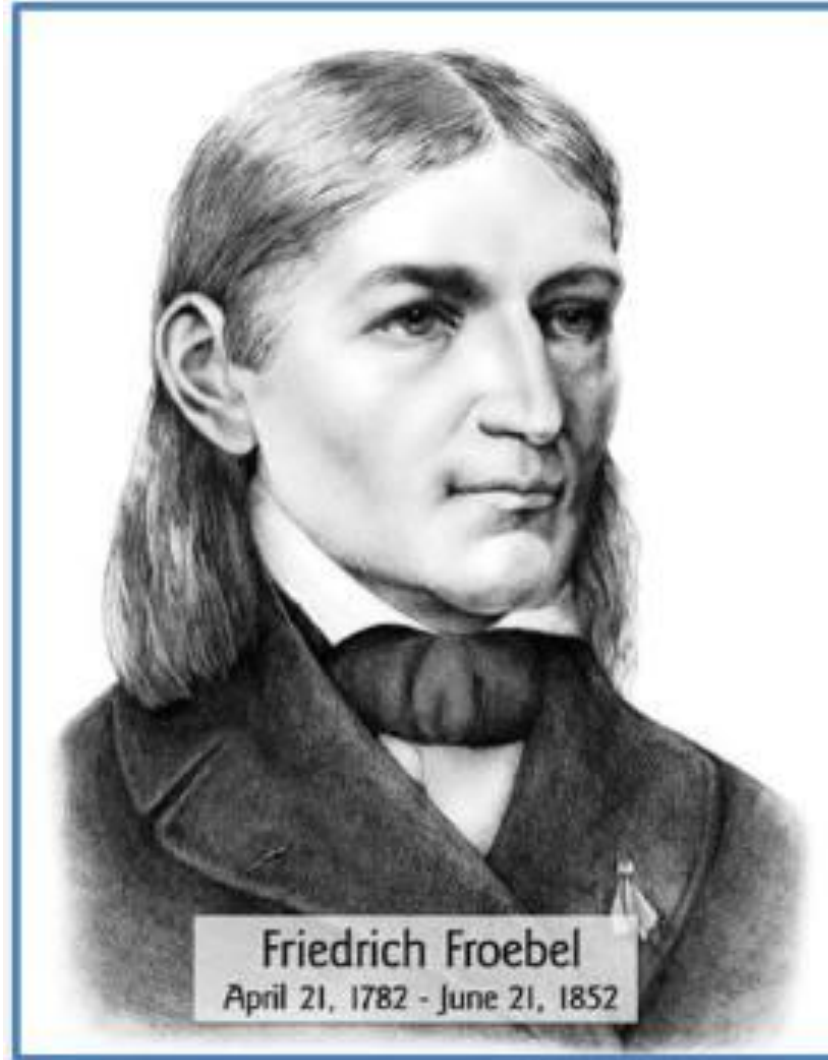
‘Mae amgylcheddau dan do ac awyr agored sy’n llawn hwyl, yn gyffrous, yn ysgogol ac yn ddiogel yn hybu datblygiad plant a chwilfrydedd i archwilio a dysgu drwy brofiadau uniongyrchol.’

APADGOS (2008:3)

‘Indoor and outdoor environments that are fun, exciting, stimulating and safe promote children’s development and natural curiosity to explore and learn through first-hand experiences.’

DCELLS(2008:3)

Friedrich Froebel



Jan White



Andy Goldsworthy



Dysgu drwy dirweddau

Learning through landscapes





Gweld y byd o gyfeiriadau gwahanol

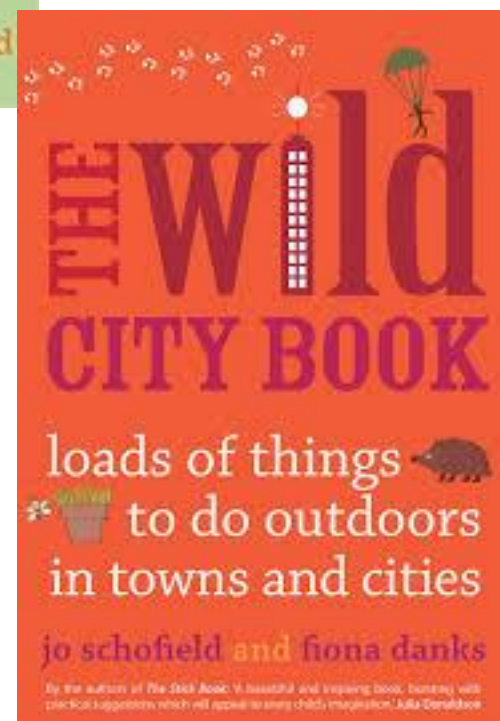
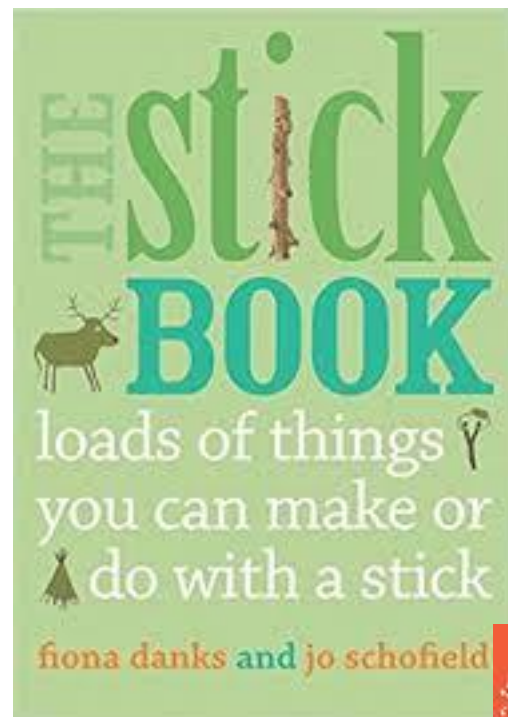
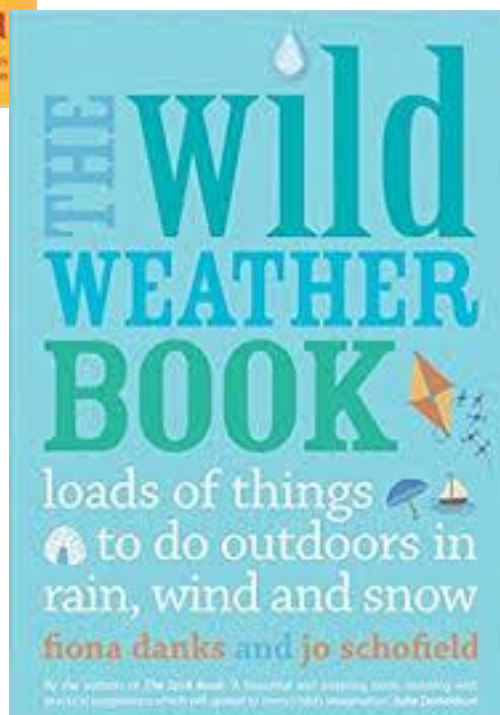
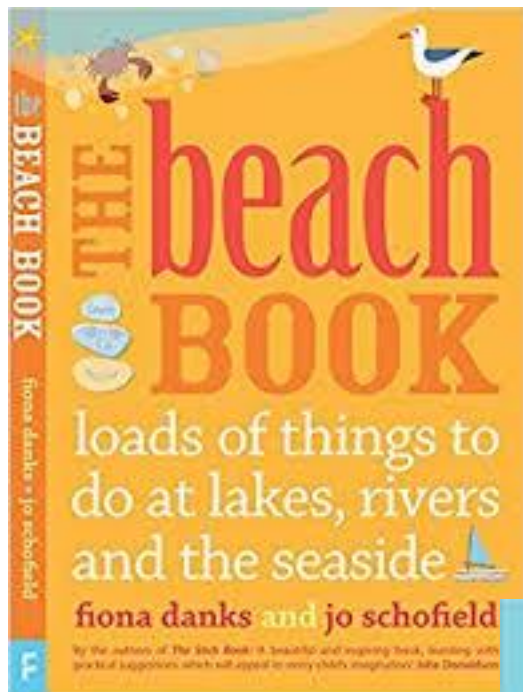
Seeing the world from different perspectives



Datblygu agweddau cadarnhaol.

Developing positive attitudes

- ▶ Sobel
 - ▶ Pryder
 - ▶ Buddianau gwybyddol, emosiynol a chorfforol.
 - ▶ Amgylcheddau amrywiol gwyllt/ wedi'u creu
 - ▶ Tu fewn ffiniau'r ysgol a thu hwnt yn y gymuned
- ▶ Sobel
 - ▶ Concern
 - ▶ Cognitive, emotional and physical benefits
 - ▶ A variety of spaces both wild & man made (structured)
 - ▶ Inside the school boundary & beyond in the community



Llywodraeth Cynulliad Cymru

<http://new.wales.gov.uk/dcellc/publications>

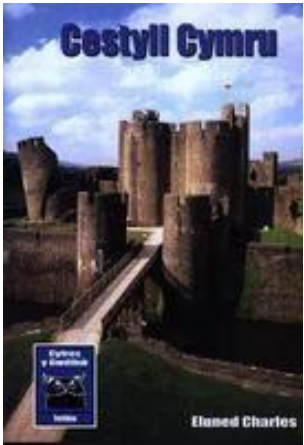
- ▶ _ Mae ymweliadau addysgol yn cynnig cyfle amhrisiadwy i gyfoethogi dysgu pobl ifanc, cynyddu eu hunanhyder, eu gwneud yn fwy brwdfrydig a gwella eu hawydd i ddysgu a chodi lefelau cyrhaeddiad mewn sawl agwedd ar eu bywyd a'u haddysg.
- ▶ Mae ymweld ag ardaloedd newydd ac archwilio amgylcheddau newydd yn ehangu gorwelion pobl ifanc a gall eu gwneud yn fwy ymwybodol o'u galluoedd a'u hanghenion eu hunain yn ogystal â rhai pobl eraill. Gall ymweliadau hefyd wella'r ddealltwriaeth rhwng pobl ifanc a'u harweinwyr sy'n arwain yn gyson at well berthnasau gwaith ar ôl dychwelyd i'r ystafell ddosbarth, y clwb ieuenctid neu'r ganolfan.
- ▶ Yn aml, ymweliadau addysgol fydd yn rhoi'r profiadau mwyaf boddhaus a'r atgofion melysaf o ddyddiau ysgol. Mae profiadau preswyl, yn enwedig, yn cynnig cyfleoedd unigryw i ddisgyblion ymdopi mewn ffordd ymarferol â realiti bywyd oddi cartref, ymhell o'u teulu a'r amgylchedd sy'n gyfarwydd iddynt. Maent yn gyfrwng pwerus ar gyfer datblygu hunan ymwybyddiaeth a sgiliau cymdeithasol.

Ymweliadau Addysgol LICC (2010:4)

Educational visits offer an invaluable opportunity to enrich young peoples' learning, raise their self-esteem, increase their motivation and appetite for learning, and improve their health and wellbeing. There is a growing body of evidence that outdoor learning plays an important and enduring role in raising levels of achievement in other aspects of education and life. Wales has an outstanding natural environment and a vibrant, unique culture that creates many opportunities for inspirational outdoor learning. The Welsh Government recognises the contribution of teachers, youth workers and other professionals across Wales who carry out this important work.

Welsh Government (2015)

Beth yw'r broses o ddewis lleoliad addas?



Cofiwch gynllunio ar gyfer cyn, yn ystod ac ar ôl
Plan prior to, during & post visit

Y

Trefnu'r Ymweliad

Planning a visit

- ▶ Pleidleisio + ysgrifennu cynnig i'r cydlynnydd
 - ▶ Sbec Staffio
 - ▶ Asesu risg-copi + YRhD oedolion
 - ▶ Llythyru Rhieni ar wahan
 - ▶ Ymchwilio i'r lleoliad / hanes ayyb
-
- Cofrestr
 - Grwpiau (polisi)
 - Dillad
 - Salwch
 - Cysylltu
 - Tystiolaeth
 - Niwed
 - Ar goll!
-
- ▶ Vote on a location / ask the EV co-ordinator
 - ▶ Go on a pre visit Staffing
 - ▶ Risk Assessment + DBS checks
 - ▶ Letters to parents
 - ▶ Research the location / history etc
-
- ▶ Register
 - ▶ Groupings
 - ▶ Spare clothing / gear
 - ▶ Unwell (travel sickness)
 - ▶ Contact details
 - ▶ Evidence
 - ▶ First aid procedures
 - ▶ Gone missing!

Ystyriaethau eraill!!!

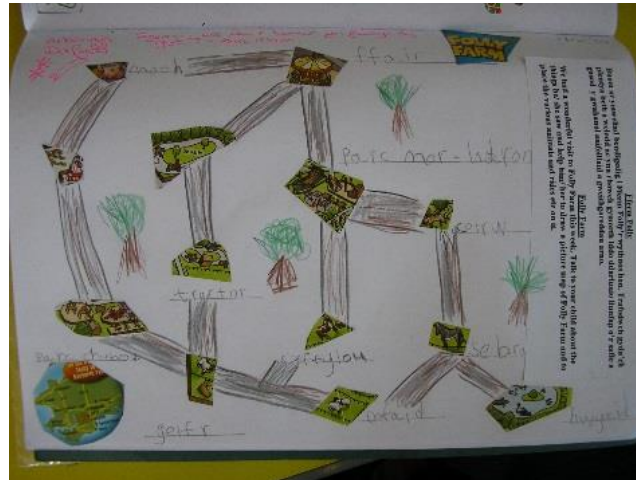
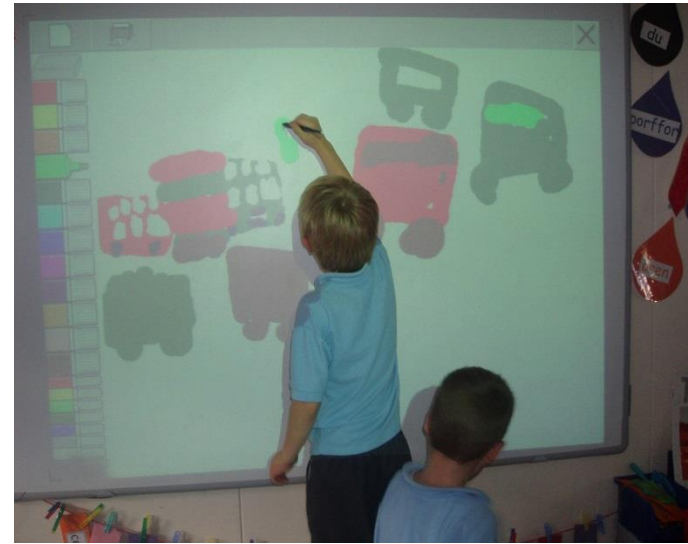
Other considerations!!!

- ▶ Tywydd
- ▶ Siopa
- ▶ Ofnau
- ▶ Gofal
- ▶ Bysiau
- ▶ Amseru
- ▶ Mewnbwn cynorthwywyr
- ▶ Gwerth am arian
- ▶ ‘Sawl trip eleni!!!!!!’
- ▶ Lles y plant
- ▶ Weather
- ▶ Shopping
- ▶ Children frightened of...
- ▶ Care
- ▶ Buses
- ▶ Timings
- ▶ Adult input
- ▶ Value for money
- ▶ How many trips this year?!!
- ▶ Children’s well being

Fy hoff ymweliad i oedd.....



Wedi bod.../ Afterwards



Taking risks is an essential part of the human experience. Children need to be protected from doing things that may harm them very badly. However, removing any risks, large or small, will harm their self-confidence. Children who are not allowed to take any risks may start to feel that the world is very dangerous, and may assume that their parents do not think they can deal with the little problems of every day life. Alternatively, children who are never in any situation of risk may be oblivious to danger. Either response results in a child being ill-equipped to deal with everyday life.

answers.yahoo.com (mynediad 12/9/18)



Mark Zuckerberg

The biggest risk is not taking any risk...
In a world that changing really quickly,
the only strategy that is guaranteed
to fail is not taking risks.

coolnsmart.com

Ystyriwch rhai o'r rhesymau posibl pam na gynigir
cyfleoedd i blant gymryd risgiau?

Consider some of the possible reasons why children
are not given opportunities to take risks?

Dylanwadau / Influences



Dyma rai o'r rhesymau posib,
a ydynt yn rhesymau dilys?

Here are some reasons,
are they valid?



Can and should we create a safety bubble?

Kierkegaard



Edrychwch ar wefan 'Chwarae Cymru' beth ddywedant yw'r perygl o beidio caniatáu i blant gymryd risgiau?

Look at the 'Play Wales' website, what do they say are the dangers of not exposing children to risks?

All children and young people need and want to take risks physically and emotionally as they grow up, no matter what culture or background they come from, or what impairments or behaviour they may come with.

Play Wales (accessed 12/9/18)

Mae pob plentyn a pherson ifanc angen ac eisiau mentro, yn gorfforol ac yn emosiynol wrth iddynt dyfu i fyny, waeth beth fo'u diwylliant neu eu cefndir, neu waeth pa ddifffygion neu ymddygiad sydd ganddynt.

Chwarae Cymru (mynediad 12/9/18)



life begins
AT THE END
- of your -
COMFORT ZONE

The image features a scenic view of a mountain valley with a rainbow in the sky. The text is overlaid on the image, with 'life begins' in a white script font, 'AT THE END' in a white bold sans-serif font, and '- of your -' in a white script font. 'COMFORT ZONE' is in a white bold sans-serif font. There are thin white horizontal lines above and below the text.