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Employability skills

- It is good to have employability skills in the workplace as
 - Shows self motivation
 - You can work under pressure
 - You have a good team spirit
 - Good learning skills

My Intended Career

- My intended career is a youth worker
- I am a compassion and have empathy towards people
- I have strengths in working well with people
- Im reliable and dependable
- Im always willing to learn more

Time Managment

- Increases your productivity
- Makes you more efficient
- When I have a lot of things juggled up I struggle to stay organised
- I feel better knowing all my timetable is in order

Reflection

- Its good to reflect back on things as you can see where i went wrong and do things better next time
- I try to reflect on all my important decisions so I know where I can improve
- My last care job I had to improve on certain parts of my work if I wanted to continue to stay there

Academic Writing

- Excellent tool of communication
- It shows how you absorb information and take it on board
- Shows a clear understanding the way you lay out and order the information

Practical Skills

- I am very much a practical person
- I prefer hands on things as I find it easier to learn quicker
- When I read and have to perform without physical activity I tend to be slower which I need to work on

Critical thinking

- Critical thinking is needed in my intended career as if im going to be working with people I will need that skill
- 'Critical thinking makes sense in light of this paradoxical dichotomy'

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