

MA: Children and Young People's Mental Health 25/26

Two modules per term semester

30hrs Monday 5-9pm. 6-week block per module. One Saturday 9.30 - 3.30pm per module

1. ADHD: Research and Practice (CG)

Saturday 27th September

29/09/25, 6/10/25, 13/10/25, 20/10/25, (27/10/25 half term), 3/11/25, 10/11/25,

Assessments due: 27/10/25 (component 2) and 17/11/25 (component 1)

2. Understanding trauma and the mental health needs of the child (KET)

Saturday 17th January - Presentations online

17/11/25, 24/11/25, 1/12/25, 08/12/25 (15/12/25 - 2/01/26 Christmas break), 5/01/26, 12/01/26,

Assessments due: 08/12/26 (component 1) and 17/01/26 (component 2: Saturday)

3. Therapeutic and nature-based play (CG, LR)

Saturday 14th March – outdoor activity

19/01/26, 26/01/26, 02/02/26, 09/02/26, (16/02/26 half term), 23/02/26, 02/03/26,

Assessments due: 09/02/26 (component 1) and 14/03/26 (component 2)

Charlotte: 19/01/26, 26/01/26, 02/02/26,

Lymarie: 09/02/26, 23/02/26, 02/03/26,

4. Research methods for children and young people (online - SJ)

Saturday 25th April (SJ)

9/03/26, 16/03/26, 23/03/26, (30/03/26 - 18/4/26 Easter break), 20/04/26, 27/04/26, (May day- 4/05/26), 11/05/26

Assessments due: 20/04/26 (component 2) and 11/05/26 (component 1)

Stuart: 9/03/26, 16/03/26, 23/03/26, 20/04/26, 25/04/26

Charlotte: 27/04/26, 11/05/26