

CLIMB WITH CALICUS!

BMOE5005



WHERE ARE WE CURRENTLY?

- Pride myself on using a Transformational Leadership Style.
- Foundation Coach Trained.
- Fundamentals 1/2
- 2 Years of Coaching Experience.
- Experimentation with my Coaching skills
- DLOG Filled in



GENERATION OF RESOURCES FOR CLIMBING

To Stand out from other climbing instructors I will be collating a data Base of all climbing drills, Games and Techniques. I will then Review each of the drills with the following criteria.

- Outline of the activity
- Benefits of the game - Physical, Co-ordination and mental
- Considerations
- Alternative Options for different group needs.
- Where I first discovered the activity.



FOUNDATION COACH ASSESSMENT

- Complete My DLOG and Continue my Coaching
- Develop my Coaching Booklet
- Complete my Foundation Coach Assessment

Inbues Confidence in myself and Confidence others have in my ability to teach climbing. Nationally Recognised Qualification



CLIMBING WALL INSTRUCTOR

- Attend the 2-Day Climbing Wall Instructor Training.
- Organise Session Shadowing to consolidate and practise skills in preparation for Assessment
- Maintain an Up to Date DLOG of all sessions run/shadowed.
- Once Ready, Complete CWI Assessment.

CWI is utilised as a proof of Competency and is recognised as a qualification that can be used in place of a Sign Off. It is also a requirement for Insurance.



NETWORKING AND COLLABORATION

- Social Sport
- Events such as ROCFest/Competitions
- South Wales Coaches Group
- Continued Discussion with other Coaches
- Network with Coaches in other gyms/Business' To my Own

