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Module Code: LCHS4001

Module: Academic And Employability Skills

Lecturer: Reza Taghizadeh

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Complete the template below (use the prompts in the Task 2 information document to help)

- Take your time, there is no limit – you have until Friday of Week 9 to submit
- Use any notes you have already made to help
- The boxes will expand when you type

Section	Your response (Use your own words!)
1. Research	I checked the indeed website to check the demand was for occupational therapists, then i googled the essential skills to see if required skills match my personality traits. During my search I was pleased to see a lot of the requirements familiar due to me working with young adults in sports. I found it difficult on NHS.uk to find key info to confirm CRAAP as I struggled adding it to my writing to turn it all into academic writing/speaking terms.
2. Presenting	Due to being out of education for so long I was unsure if I was verbally academic enough to present work, multiple changes to work added confusion. Once i made it final I wrote out my notes and practiced and presented to my uninterested 10 year old daughter.

	What went well was my ability to start believing my info, I found it difficult to speak confidently and sound sure of the work I produced. I think I will manage my time better to allow me to create better standard or work & also use the help provided by the uni to have it checked prior to my submission date.
3. Challenges you faced with your presentation	I faced challenges in confidence to research. I wasn't sure if I was focusing on useful information, because the info I may find useful may not be the points my lecturer would like me to focus on. I struggle finding best bits on information difficult, as I'll be unsure until I received some sort of feedback. Good or bad feedback in general will help as ill know a standard and also know where I can improve.
4. Actions to improve	My main focus in regards to improvement is time management, if I give myself more time I will produce a higher level of work which will amplify my confidents in presenting. Will also speak to students and share information and hopefully gain some useful pointers to improve my researching.
5. Further steps needed to Prepare for Task 3	I intend to practice writing and referencing more. I need to allocate a few hours a day to doing at least 1 small thing towards my writing. 3 focuses: 1. My research 2. My presenting 3. Bringing info to writing.

	I will change how I find information, to make my work better I need to find key information outside of the typical research sources.
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