



End of Solitude

Learn to Love Solitude (ADFM5018)

End of Solitude

Lesson Aims

- Introduction to themes of **'being alone'** (loneliness and solitude)
- **Seminar 1** - Close Reading of End of Solitude (Seminar) with starter quote
- Two Films – Two Years at Sea and Jeanne Dielman
- **Seminar 2** – compare and contrast films in relation to Tillich quote
- Portfolio Task – Quotes & Images
- Reading: Read the article **End of Solitude**

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- **Main Thesis:** We are replacing the solitude to being in constant communication with people.
- **Key concepts:** Social networking, Solitude, Connectivity, Contemporary self, Technology, Society, Loosing abilities, people.
- **Main Issues:**
 - What is happening with solitude in these days?
 - Why are T.V. and Internet a problem in these days?
 - And how can they affect the ability to being alone?
 - In which way does social networking affect the human behaviour?
 - What happen, when you lose the ability to being alone?

“Language...has created the word ‘loneliness’ to express the pain of being alone. And it has created the word ‘solitude’ to express the glory of being alone.” – Paul Tillich

Tarkovsky's Advice to the Young: Learn to Enjoy Your Own Company

What would you like to tell people?

I don't know... I think I'd like to say only that they should learn to be alone and try to spend as much time as possible by themselves. I think one of the faults of young people today is that they try to come together around events that are noisy, almost aggressive at times. This desire to be together in order to not feel alone is an unfortunate symptom, in my opinion. **Every person needs to learn from childhood how to be spend time with oneself.** That doesn't mean he should be lonely, but that he shouldn't grow bored with himself because people who grow bored in their own company seem to me in danger, from a self-esteem point of view.

Two Years at Sea
(2011)
Ben Rivers



Jeanne Dielman
(1975)
Chantal Akerman



Seminar Exercise

Discuss the opening quote from Paul Tillich regarding 'pain' (loneliness) and 'joy'(solitude) of being alone in relation to the two film clips.

Think about the **interior** states of the characters and their relation to their **exterior** environments.

A woman with long blonde hair, wearing a colorful knitted beanie and a red puffer jacket, is shown in profile, looking out over a vast mountain landscape. She has a backpack on. The background features snow-capped mountains and dense green shrubbery in the foreground.

Artgrid

solitude and the sublime

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Exercise (for next week)

Task 1 - Solitude

- Source and research 6 quotes related to 'solitude'
- Source and research 6 images to connect with each 'solitude' quote
- Put these into a 30-60 second sequence [if you are able to or storyboard/slides]

Task 2 - Loneliness

- Source and research 6 quotes related to 'loneliness'
- Source and research 6 images to connect with each 'loneliness' quote
- Put these into a 30-60 second sequence [if you are able to or storyboard/slides]

Task 3 (optional)

Create a 30-60 second film in the spirit of John Smiths' The Girl with the Chewing Gum

Creative Writing/Documentary film exercise