

Introduction to Research

BMHP5005

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LITERATURE REVIEW FOCUS

This ***literature review*** is about the gender differences between man and woman both physically and psychologically.

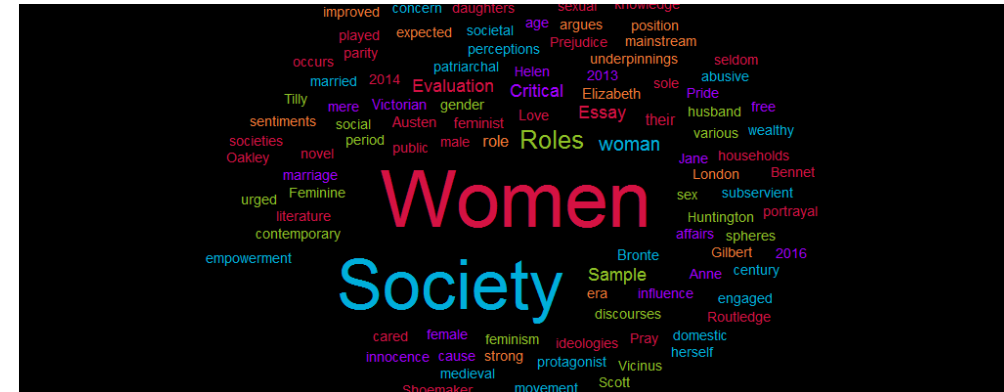
Research question:

- Are women stronger than men?
- Do women suffer from more mental health problems than men?
- What kind of psychological development happens in the case of women when they endure the gender struggle?

Research aim: Are women stronger than men and do women suffer more mental health problems than men?

Research objectives:

- To study the difference in strength between men and women
- To study whether women suffer from more mental health problems than men
- To study the psychological development of women on account of consistent struggle within the society
- To recommend ways that will help to improve the situation



METHODS

- Secondary research method
- **Keywords:** Women, female, psychological issues, gender biasness, risk factors.
- **Data resources:** Articles and journals from Google scholar
- **Inclusion and exclusion criteria:** Resources from recent years, aligned with key words, proper access to the data.



FINDINGS & KEY THEMES

Key findings

- High amount of interpersonal violence and abuse
- 47% female over 12 years old reported alcohol addiction.
- Improving health policy to reduce suicide rate
- Prevention of discrimination is the utmost solution

Key themes

- **Problem faced by women in modern world.**
- **Ways to endure those problems.**
- **Psychological development of women**

