

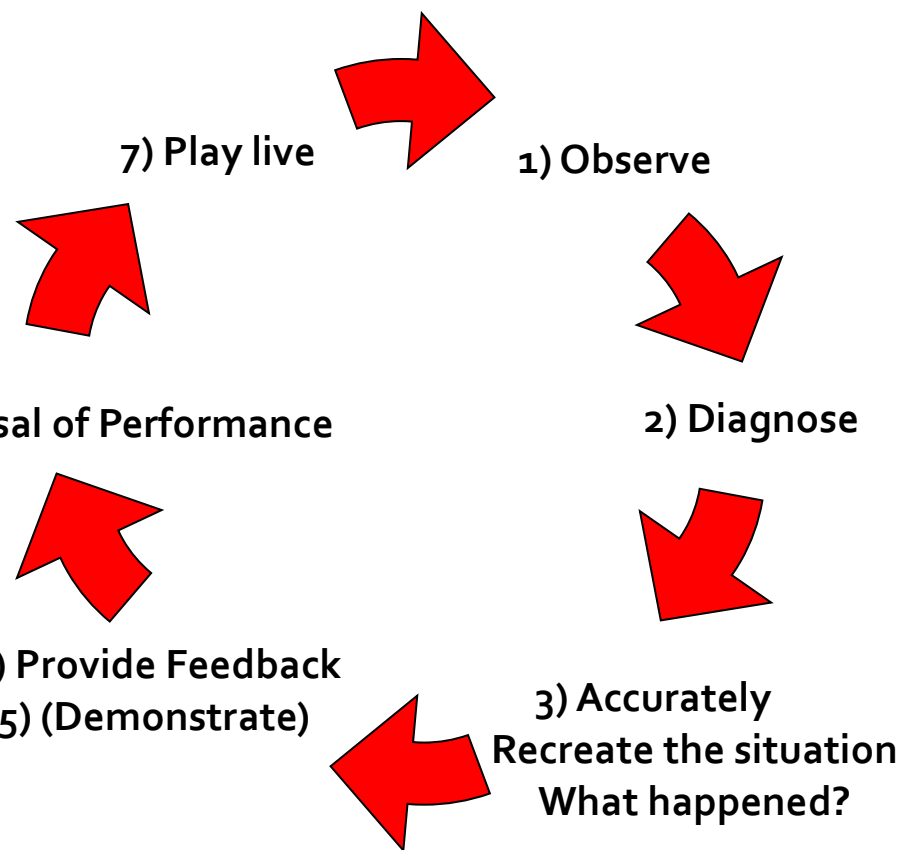


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Challenge

Can you look to utilise the **Coaching Process** at least once when you Identify a **breakdown within the Mechanics** during your practical delivery.



Challenge

When you are **supporting your players**.

Do you consistently support your players using the full coaching process and understand the benefits to this.



The Coaching Process



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The Coaching Process



Question!

How has the Coach looked to utilise the Coaching Process?

- ☐ Stop the whole Practice
- ☐ Stop one Group within the Practice
- ☐ Just Speak to the Individual away from the Practice
- ☐ Speak to the Individual during the Transition
- ☐ Speak to the Individual at the End of the Practice
- ☐ Other _____

1	Observe	
2	Diagnose	
3	Recreate	
4	Feedback	
5	Demonstrate	
6	Rehearsal	
7	Play Live	

Challenge

When Coaching within your **club environment**,
Can you ask either a;

- Fellow Coach,
- Parent / Guardian,
- Club Volunteer

to observe your practice and identify when you support players, **if you consistently utilise the full coaching process.**

If not, **challenge yourself** and become familiar with this Intervention tool.

