

ASSESSMENT 2: DEBATE & SUPPORTING PAPER

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Module Code	BMH6009
Title	Does population ageing pose challenges for health and social care systems?

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Supporting paper

Standpoint

The study mainly focuses on discussing people of old age in the UK. I think that aging people are commonly associated with hearing loss, neck and back pain, and several complex health conditions. Older age people are characterized by the underlying factors that are related to the influence that pursue the chances of new activities. Suggested evidence to remain broadly constant and brings good health by developing the ability of personal characteristics. I believe that step-by-step guides help aging people keep in touch with family and friends by using the internet. Banking and online shopping are done quickly and conveniently saving the effort and time of old age people. I think that online benefits aging people by knowing their digital buddy and convincing them to make difference in their lives. Free services in the UK are given to the aging people that help in accessing advice and information. I also come to know that various development of the new technologies assist the aging population and bring several benefits such as e-health checkups and daily exercise advice. An Age-friendly Environment is helpful for the communities to establish developing skills and implement the necessary changes.

Other views

In debating, viewers are generally involved in giving specific views and ideas related to medications. One viewer supporting the unique development needs to overcome the challenges of healthcare and physical support. Aging brings a collaboration globally with the government, international agencies, and civil society that is converted to foster healthy living. The second viewer supports the international plan and sustainable development goals of the aging people. "Decade of Healthy Ageing" seeks for reducing the improvement of health inequities and foster older people's abilities. A public benefits and mission is co-authorized by the staff of WHO for bringing the output activities. In debating, the viewer is considering the ways of developing the communities and facilities to foster integrated care delivery and responsive health services. Long-term quality care by the collaborative actions for implementing the necessary changes is by adopting policies and programs. A concrete measurement practice of age-friendly is by developing policies and reducing barriers. People experiencing certain health problems need physical care to meet their daily needs and building of healthy relationships.

Reflect on information

In this debate group, a different viewpoint is provided that is regarding aging people collaborating with internet usage. In this case, older people are getting affected by the

lockdown that affects their planning of exploring and traveling ideas. A smaller proportion of the older age people rises quarterly and levels of disabilities also get increased. The residential setting for aging people needs social care rising and increasing demands that influenced the demands. Increased terms and conditions of the aging people need unpaid care and receive private funding for the long term. National trend pattern likely varies to the different group population that ensures receiving coordinated services. 85 and older people need special and advanced care services that are needed to be understood by the local policymakers. Development of the care need is common in the aging populations and generating the funding pressure to cohort their needs. A rapid training to the people for managing and arranging digital platforms is to find their matches and available caregivers.

Technologies transform aging through the complete online assessment that follows training processes to operate self-home care for the aging groups. Adopting the new challenges and approaches for the aging population is a significant need to improve the disadvantages of the people.

Statistics on the UK aging population

Aging results in the biological levels that impact the wide varieties accumulations over time resulting in cellular and molecular damages. The population of the world is double the age of people over 60 years nearly rising from 12% to 22% (who.int, 2022). The social and physical environment directly affects health by the incentives or barriers affecting opportunities health behavior and decisions. Maintenance of a healthy behavior particularly balanced the refraining use of tobacco and daily activities. Major challenges are faced by the people of the aged and ensure the social and health systems and the making of the demographic shifts. Population aging pace is faster nowadays and it is estimated that 80% of people of old age will live in low- and middle-income countries (who.int, 2022). People are expected to live in their 60s and beyond experiencing the growth in many countries in older population proportions. The shift of the distributions of the older ages is known as aging populations experiencing or changing. By 2030, it is expected that 1 in 6 people is 60 and over age and over will be increasing by 1 billion to 1.4 billion by 2050 (who.int, 2022). UK advisory published guidelines for the aging populations and together brings good practices and ideas.

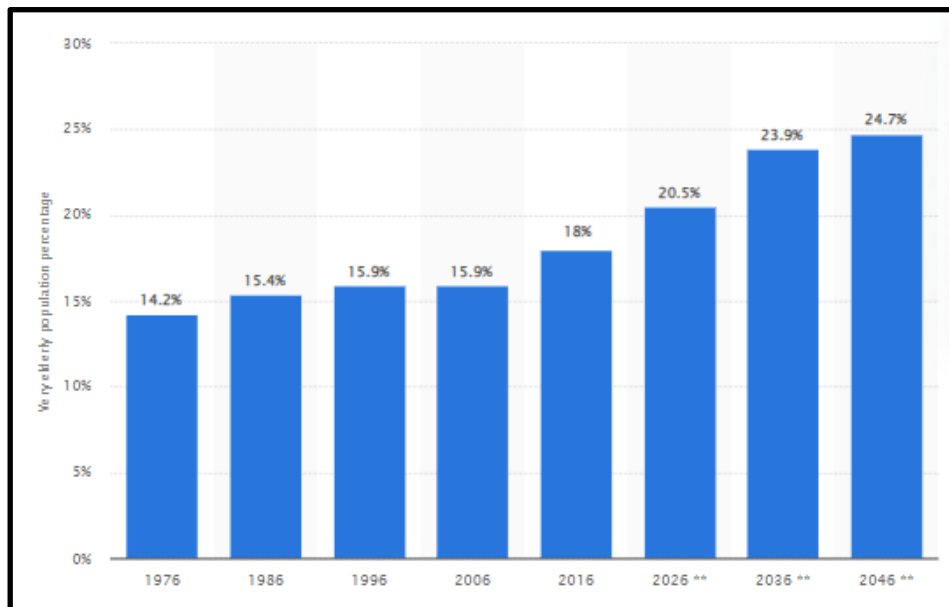


Figure 1: Elder population in the UK

(Source: statista.com, 2022)

According to the above-mentioned figure, the distribution is showing of the people aged 65 and over in the UK. Expected increment of 10% and reaching 24.7% by 2046 of the elder people (statista.com, 2022). In the UK, the aging population was primarily driven by declining fertility and life expectancies. **“Clinical Practice Research Data link (CPRD)”** is a GP practice networking across the UK for interaction with the patients and supporting the diagnosis in long term. The UK is following Madrid's plans for the regional strategy implementation that include age-related strategies and policies.

Government support

The government recognized and addressed the concerns and needs of older people in times of emergency. Restrictions are introduced by the UK government that reduces the spreading and contracting risks of private and public life. The perceived outraged concern of devaluing is the compounded ageism by ignoring the issues that are faced by the people of old age (Hafford-Letchfield *et al.* 2022, p. 1239). Implications of the government model are commented on by some of the organizations that are based on meeting up ideas. Along with this, finding new people is for new experiences to make global possible connections. Government seeks to reform the social care for the adult, aware need of the policymakers that predict the complexities of future demands. An assuming demands of the social care increasing prevalence correlations of long-term conditions of health.

Dynamic changes need proxy demand of the health services and the need for changing interaction with social care. **“Local Government Association (LGA)”** aims for sharing encouraging designs and programs for old age people to support aging societies. Government policy commitments are related to helping older people and participating in aging societies (gov.uk. 2022). A population of aging responds by promoting sustainable and equitable economic growth to adjust to the system of social protection. Demographic change in response to the economic and social consequences the nongovernment organizations' relevant networks. Solidarity and active aging is guiding principles of generations that are agreed upon jointly by the employment committee and social protections. Supporting alliances of age actions is by adapting the new approaches that are related to the aging challenges. A commonly identified theme is that brought attention to the national government by providing directions. LGA is spreading the good practices that are regarding the regional and local issues affected by the aging people.

Impact of COVID 19 pandemic

COVID19 pandemic response to the societal and government is that brought sharp focus on health inequalities. Exposed discrimination and disadvantages that are supposed is to be faced by the marginalized communities. The services sector is impacted by COVID-19 that is engaged with the adverse communities is that accessing the additional fund for remotely working. In addition, aging people suffering their lives threatened by a huge number disproportionally raises the risks. In residential settings, people living in need of higher social care are consistent with a lower fraction in the people in their 80s and 90s. Residential care needs are affected by the needed factors that include funding and local authority policies. People of age 60 and over major concern are related to making the plan and affecting their lives due to the pandemic. 60-year-aged people follow regular exercise, reading, and gardening help to them cope with the exercise (ons.gov.uk, 2022). People aged between 60 and 70 is likely to check their neighbors and equally together going shopping. Optimistic of the 60s is to a higher proportion that returns to normal for the people of aging experiencing lockdown effects. Social impacts of COVID 19 own three-quarters of people aged 80 and over.

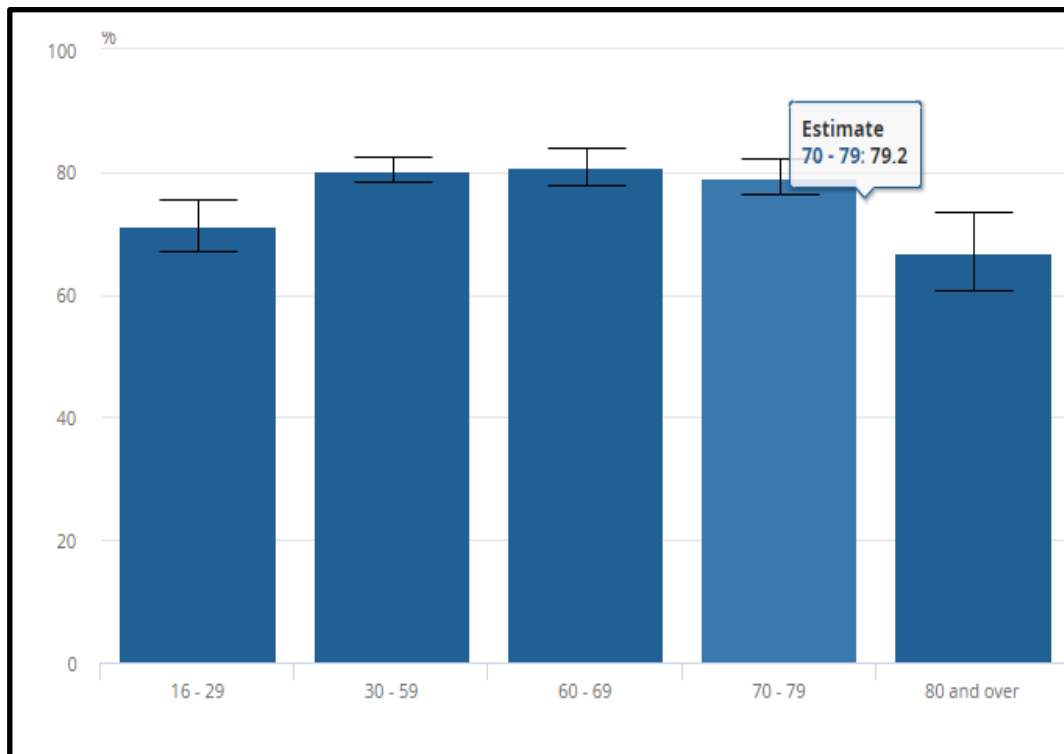


Figure 2: Impact of COVID 19 on age group

(Source: ons.gov.uk, 2022)

In the mentioned figure, 60 years and over are affected by COVID-19 and unable for making their plan generally is 64.5% (ons.gov.uk, 2022). Older people are facing difficulties in surviving their lifestyles during the pandemic time. The latest changing policies newly withdraw good practices of the older people that compromise with their smooth running service and home care deliveries. A wider reflecting community in the population of the UK is afforded to the breakdown of the barrier through support and mutual exchange. Surprisingly, greater vulnerabilities posed the risks by COVID-19 that particularly prioritize the ageist environment.

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Assessment 2: Debate & Supporting Paper

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Debate

Topic: Does population ageing pose challenges for health and social care systems?

The rising population often leads to various health and social care system damages as it is evident that an alarming increase has been observed in the pollutants created by humans in this ageing population world. So here I am to deliver my thoughts and perceptions regarding the rise in population which often results in various health and social care problems. Before starting the debate on the concerned topic let me put forward a question in front of the beloved audience which is ***“Does population ageing pose challenges for health and social care systems?”***

In my opinion, the ageing population results in the increasing demands and requirements of people which often affect the economic growth of the concerned country or nation. In regards to this, one can disagree that the ageing population's demands and requirements are generally neglected by their family members and by their beloved ones. The ageing population requires effective care as they are growing older which is the first and foremost requirement. This requirement is often unsatisfactory as the youth and various family members of the concerned ageing populations are neglecting the basic requirements of the ageing populations. The increasing ages of people often surround them with a variety of diseases and health problems issues which are often encountered and experienced by the family members of the concerned ageing populations. Health problems and disease are often accompanied by different modes of investment which includes investments in medicinal products, social care systems and so on. These investments in medicinal products and several care systems for the ageing populations are often experienced as a burden on the family members for which they often neglect the older aged people in their concerned families.

The ageing population often consumes more and more health care resources as they use to consume significantly very less before the age of 65. The rising ages of people demand effective health care and social care systems within the concerned country or nation which is a matter of concern for the government of the concerned country as well as for the concerned family members. The increasing ages of people bring various health issues which include short breathing problems, blood pressure problems, and diabetes and so on which require a lot of investment for taking good care of the concerned ageing population. On contrary, this ageing population plays a vital role in the effective decision-making on various family issues faced by the concerned family members. So we as a beloved one of the ageing populations cannot neglect their health issues and social care problems as it is evident that every or the other person in this world is going to face this issue once in their lifespan.

Older people are often left alone, as they are no one left with whom they can share their feelings, and emotions which are the primary cause of their health issues. So in my opinion, we must not leave the concerned ageing population alone rather we must spend quality time with them by sitting beside them and having deep conversations about their previous aged history that has been observed experienced by the ageing population. This would enable them in taking an adequate amount of food which is essential for their health conditions and further this would give a positive result on the health conditions. The conversational round with their beloved ones will reduce the rate of depression and anxiety which is the primary cause of deterioration in health conditions. Further, this will reduce the burden of further investment in various medicinal products and social care needs of the concerned ageing population. This also reduces an extra investment on the hospital investments and necessary health care investments when the concerned population requirements and demands are fulfilled in their respective places by their concerned beloved ones and family members.

The ageing population can bankrupt the systems of the concerned country because over the upcoming 10 or 20 years the ageing population are going to be doubled from the ratio as recorded in the current years. This is evident as the demand for health and social care increases with the increasing population ageing. So taking it into consideration we must not neglect the demands of the ageing population as these are the basic requirements for every ageing population. Besides neglecting these points we must act smart with certain effective health and social care systems which aim at improving the health conditions of the concerned ageing populations. This smart step will enable a reduction in the bankrupt systems which will result in increasing economic conditions of the concerned country with the development and growth of ageing populations. The ageing populations must ensure various physical exercises which would help them in improving their health conditions along with this it will reduce the demand and requirement for health and social care services.

In my opinion, I would suggest taking good care of the ageing population in their respective places which would reduce the burden of further investments on the demands of various health and social care services. The primary demand of the ageing population is that they require their beloved ones and family members beside them to engage in a conversation which is often not fulfilled. These unsatisfactory conversational issues and the ageing populations being left alone are the root cause of various health issues within the concerned ageing populations. So per my point of view, their primary demand must be fulfilled by the potential beloved ones and family members which ensure effective health conditions and happier life for the concerned ageing population. I think that the various personal care provided to the ageing populations would reduce the burden of financial issues in their respective families. On

the other hand, various families and beloved ones treat the concerned ageing people in a very bad manner which decreases the morale of living happily for the concerned ageing populations. This result increases the demand for various health and social care services as being neglected results in depression, anxiety and many more diseases which do not has any curing system.

Along with this various other people and individuals scolds and discriminate and often abuse the concerned ageing population for their illness and demand for the basic requirements of health and social care services. The uneducated ageing population experiences a lot of problems regarding their mental and health conditions as imposed on them by the concerned family members. The family members and beloved ones play a key role in the deterioration and improvement of health conditions of the concerned ageing populations. So In my opinion, the ageing population must be provided with essential needs and requirements which reduce health issues from the concerned ageing population. These further results in the decrease in demand for health and social care services required for the effective life of the concerned populations. The concerned family members must ensure various needs and requirements of the ageing population that no health issues occur as they must be engaged in various exercises, effective food diets and so on.

In accordance with the concerned topic, it can be reviewed that, ageing populations often increase the demand for health and social care systems in the concerned country. The deteriorating health conditions of the concerned aged people result in the bankruptcy of various systems in the concerned country. The bankruptcy of various systems is possible because as people grow older their demand and requirements for health and social care services increase which requires a large number of investments in certain medicinal products and social care services. Besides this, it is evident from the above debate that taking good care of the concerned population reduces the issues of bankruptcy of various systems in the concerned country. Good and effective care includes the fulfilment of various demands and requirements of the concerned population. The basic demand and requirements of the concerned population are the presence of their family members along with various health and social care which is generally received at the respective places of the concerned population.

This fulfilment of the primary demand and requirements of the concerned population enables better health conditions which further reduce the burden of extra investments on medicinal products, hospital expenses and social care investments in the concerning health and social services of the ageing populations. In this debate, I have suggested the smart move and social care services that are to be provided for the concerned ageing population which enable them to live a happier and healthier lifestyle along with their family members. Further, the concerned

ageing population must not be neglected and criticised regarding their health and social care needs. This criticism and abuse is the primary cause for the various health deterioration of the concerned ageing population within a concerned country. Rather the family members and beloved ones must sit beside the ageing population as they have plenty of pieces of knowledge and skills which could be acquired for the development and growth in the lifestyle of an individual people.