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Y Drindod Dewi Sant
University of Wales
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*Trawsnewid Addysg; Trawsnewid Bywydau
Transforming Education; Transforming Lives*

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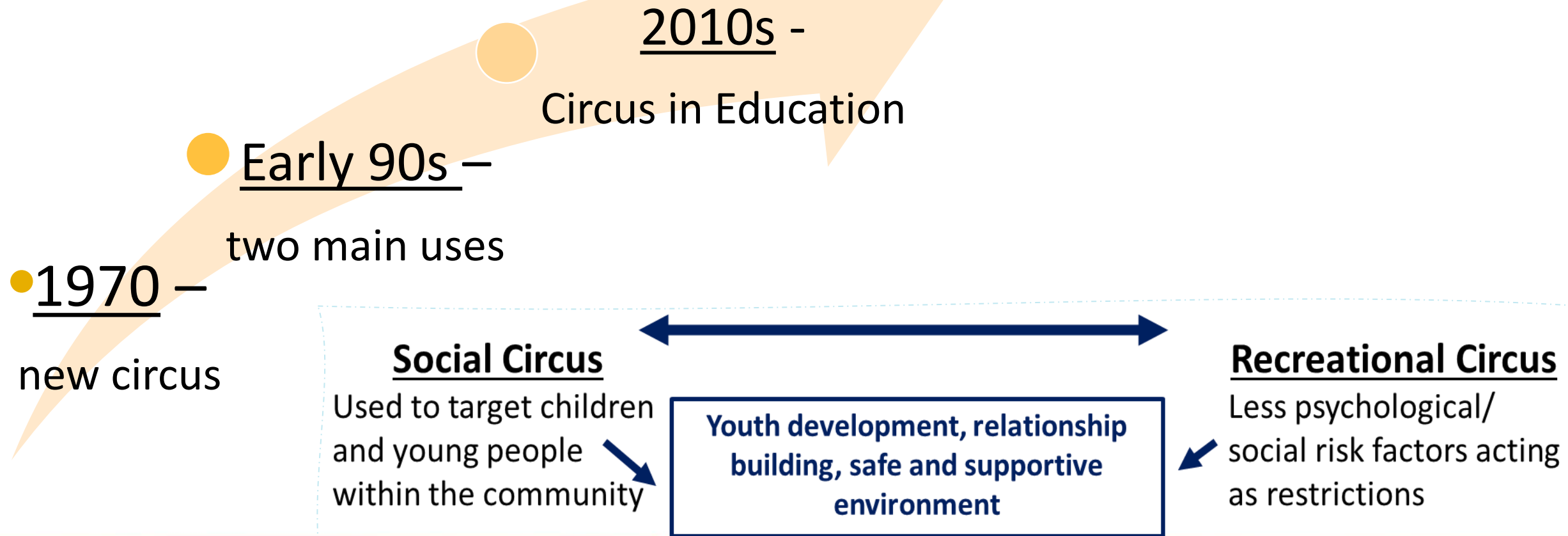
Circus Arts Instruction

Creative Education through movement

Whole
person

Inclusion

History, Development and Place



Circus Arts Instruction (Davis, 2010)

- Three fundamental elements
 - Physical Skills – Circus skills used as the foundation of all circus projects
 - Non-competitive – ‘Troupe’ mentality with no auditions
 - Inclusive – No matter ability, background, gender, religion



Article

The Impact of Circus Arts Instruction in Physical Education on the Physical Literacy of Children in Grades 4 and 5

March 2019 · Journal of Teaching in Physical Education 38(2):1-9 · [Follow journal](#)DOI: [10.1123/jtpe.2018-0269](https://doi.org/10.1123/jtpe.2018-0269)Projects: [Circus activities: an educational adventure](#) · [Physical Literacy](#)Dean J. Kriellaars ·  John Cairney ·  Marco Antonio Coelho Bortoleto · [Show all 6 authors](#) · Patrice Aubertin

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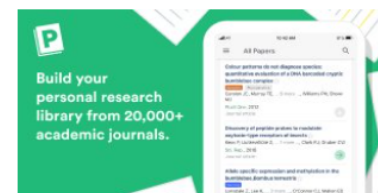
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Abstract

Objective: To examine the impact of circus arts instruction in physical education (PE) on the physical literacy of children in Grades 4 and 5. **Methods:** A clustered, quasi-experimental design was used comparing children in schools with circus arts instruction in physical education (n = 101) with children in socioeconomic status-matched schools using standard PE instruction (n = 110). Physical literacy assessments performed at the beginning and end of one semester using the Physical Literacy Assessment for Youth tools. **Results:** Significant improvements in motor competence for both groups; endpoint differences favored the circus arts instruction in physical education schools for 15 of 18 movement skills for Grade 5 and 7 of 18 skills

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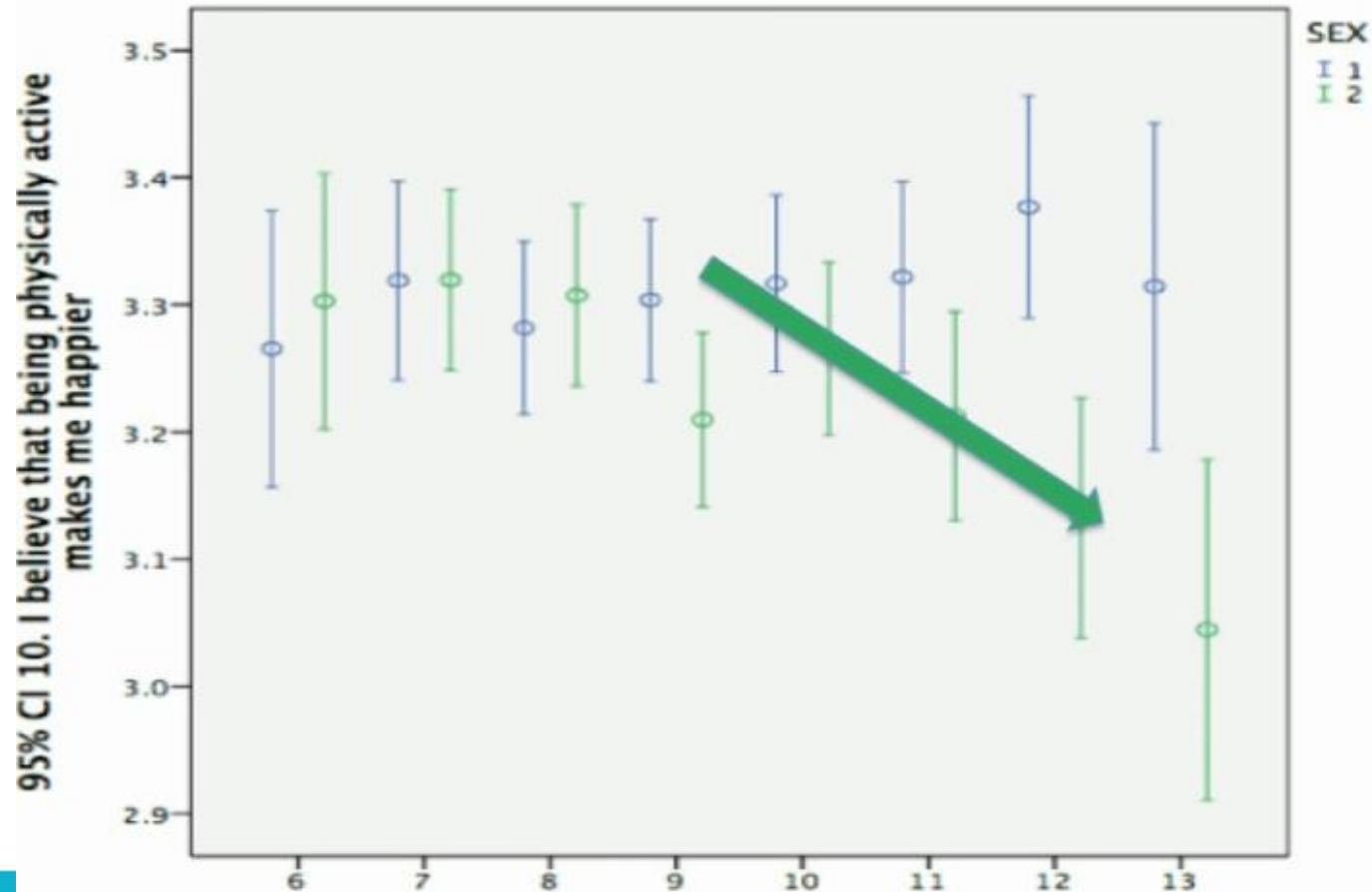


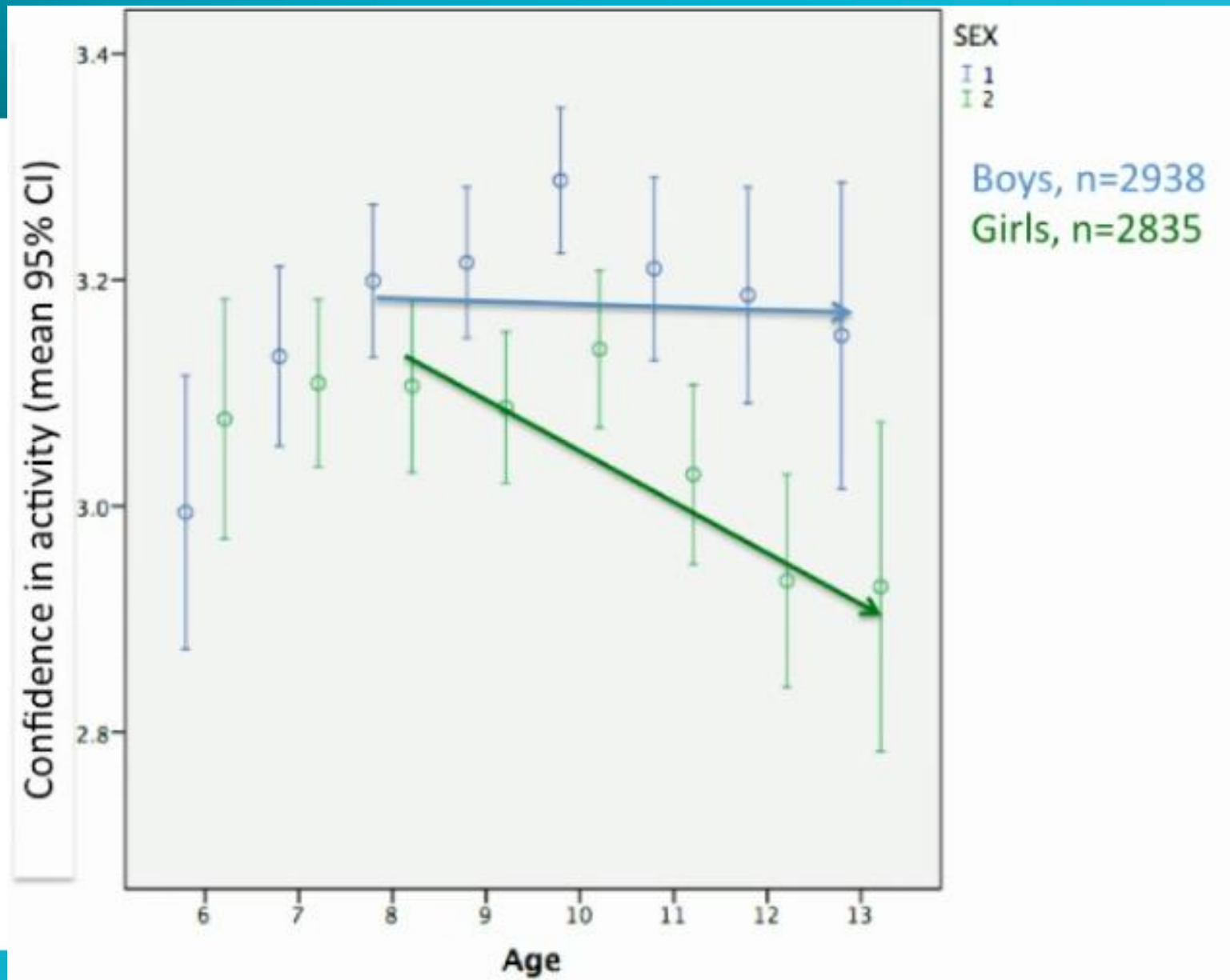
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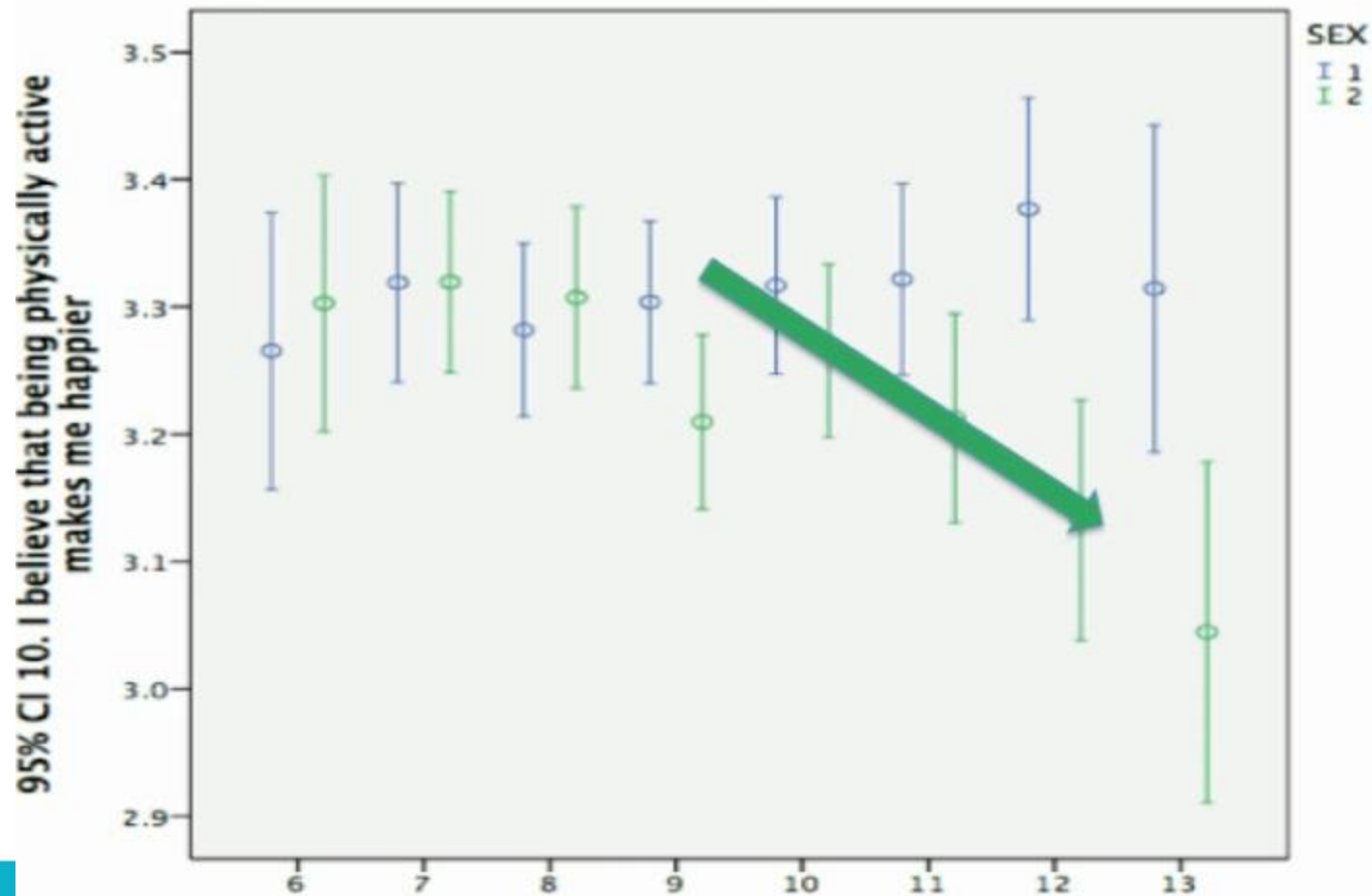


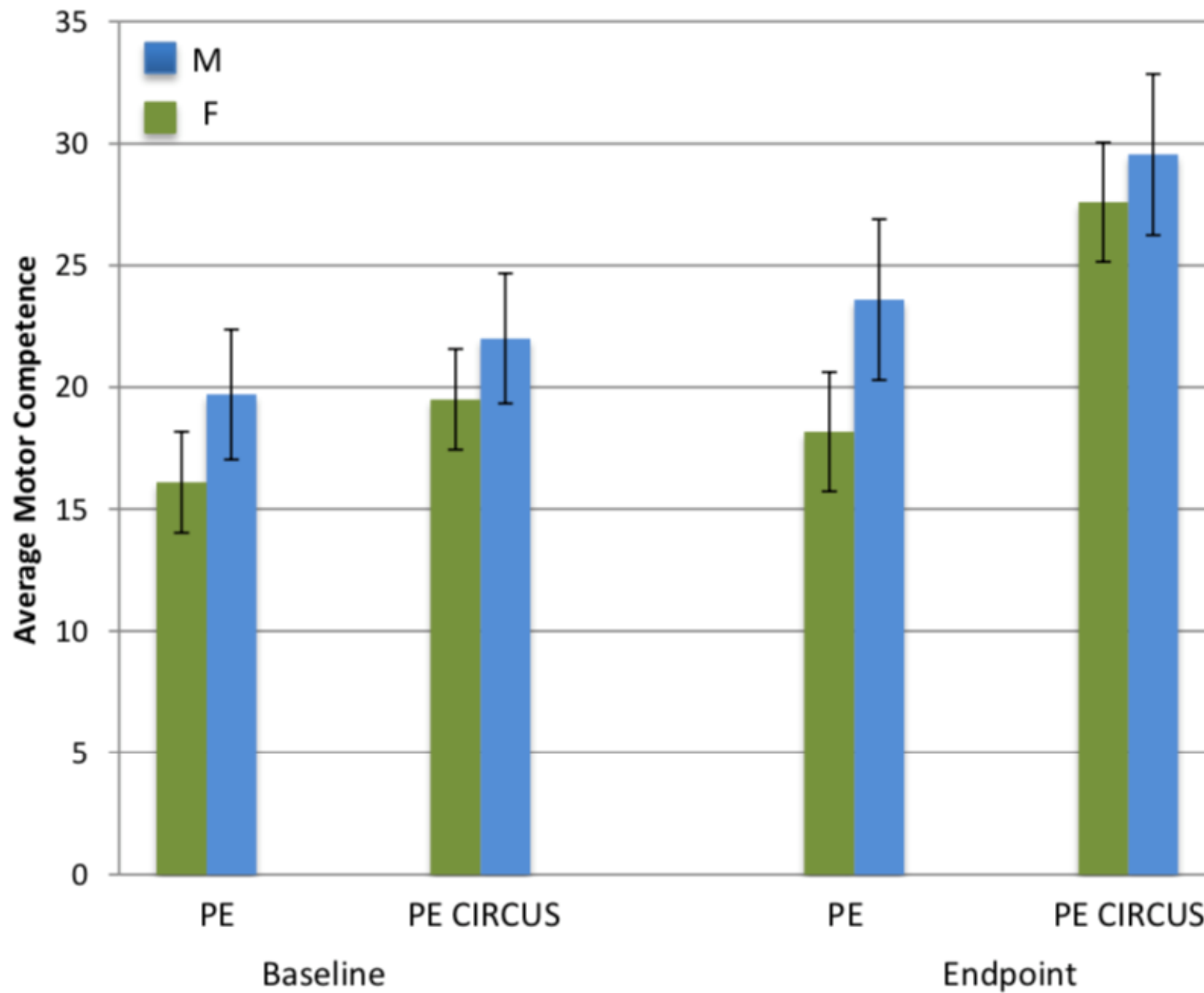
Break Competence & Confidence – Dissociate Happiness from PA

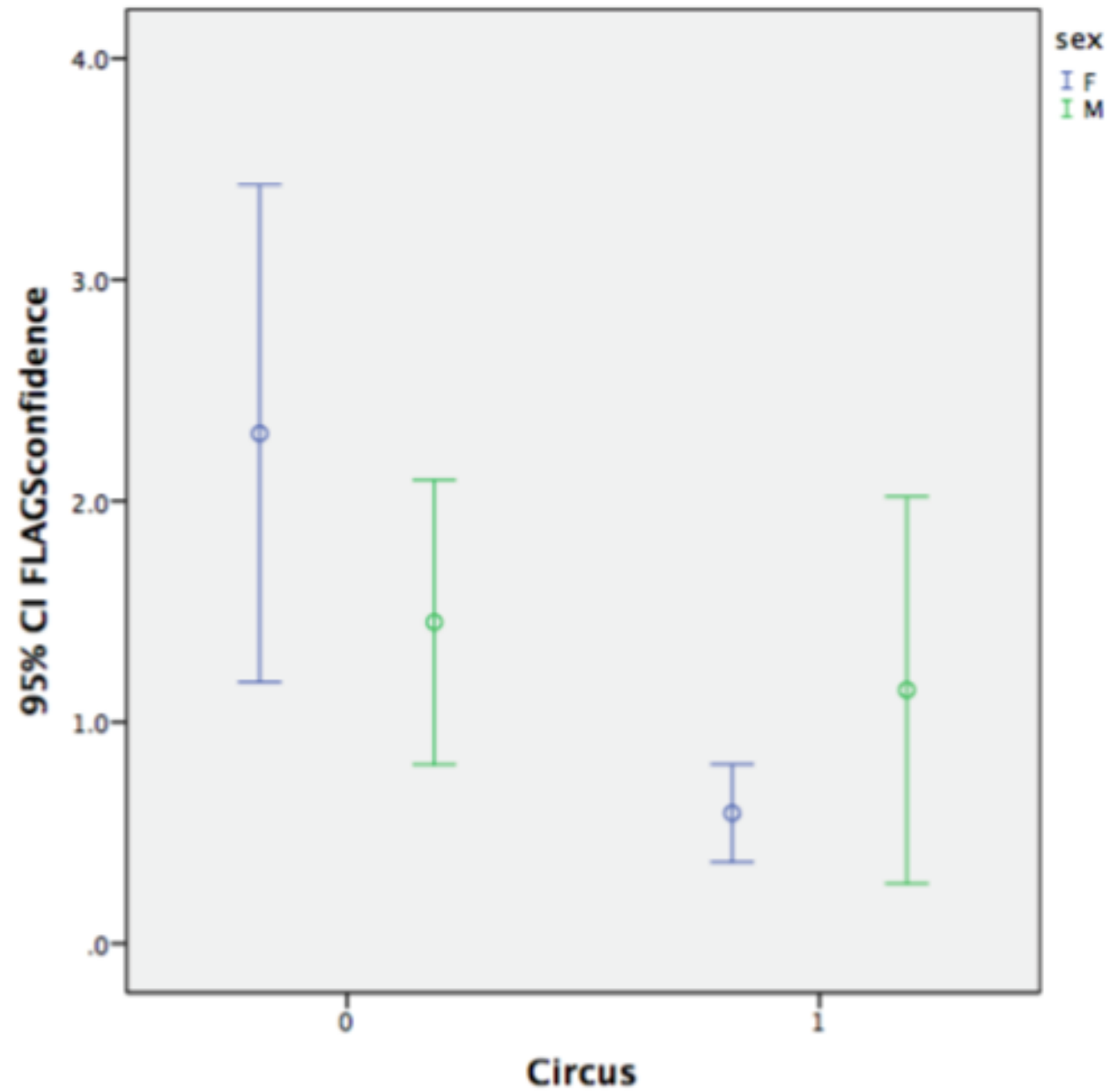


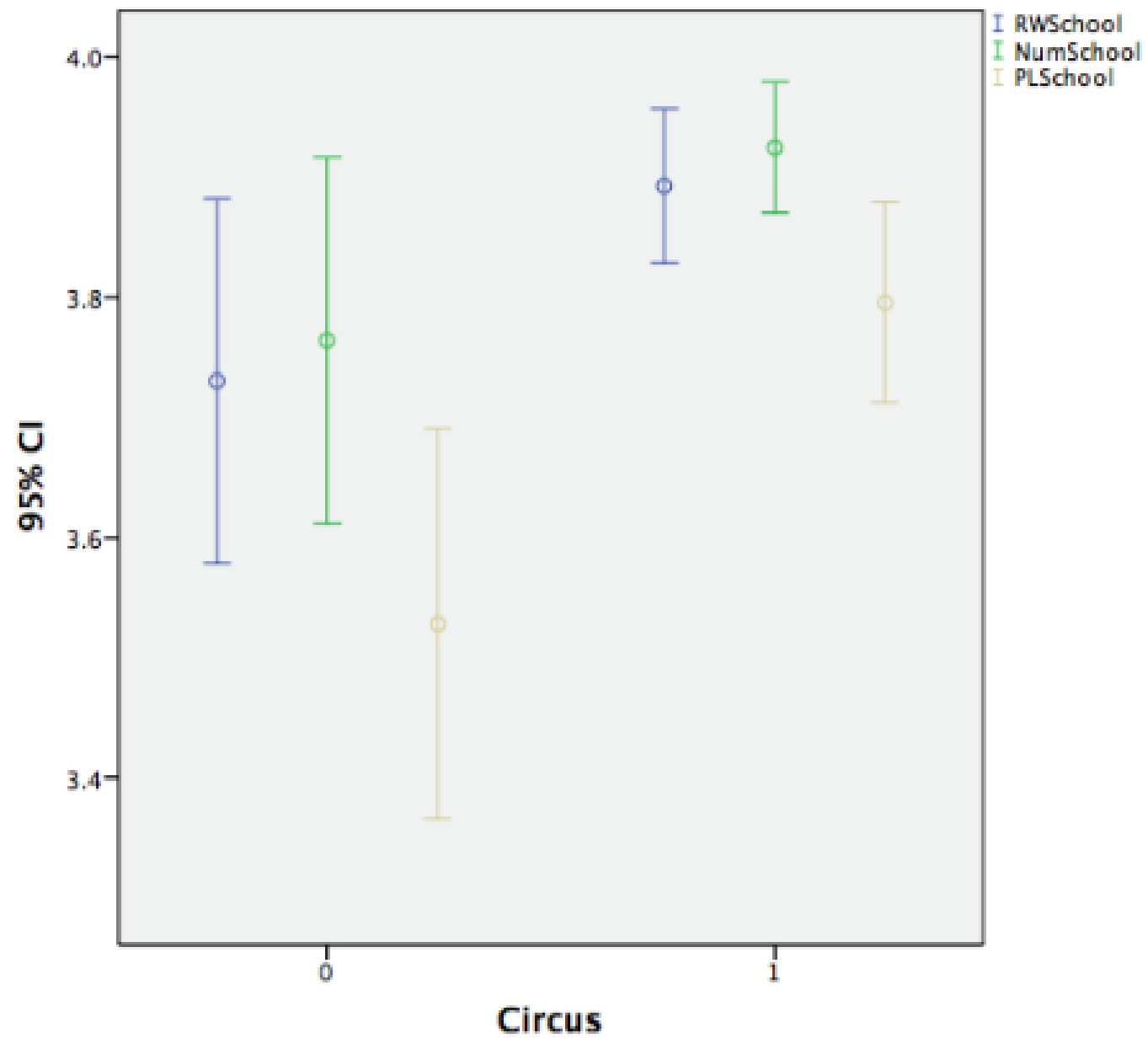


Break Competence & Confidence – Dissociate Happiness from PA









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Creative Arts Instruction

**What does it look like
in schools?**

