



Prifysgol Cymru  
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# Physical Education, the Child & the Curriculum-**Aims of PE**

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*Trawsnewid Addysg; Trawsnewid Bywydau*  
*Transforming Education; Transforming Lives*



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# Outline

- Review Reading
  - Capel (2000)
  - Whitehead (2013)
- Exploring the Aims of Physical Education

# Reading Review Task

1. In small groups split the paper in 2 and note the key points each reading on half a page each.

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2. Once you have gathered everyone's thoughts try and link any concepts that appear in both readings.

# Questions to consider...

- Is there one prime aim for physical education?

(Whitehead, 2000)

# Questions to consider...

- Could it be argued that there is no one fundamental aim for the subject? How do you weigh up, out of all the valuable outcomes that the subject can work towards, what the best use of time is with a particular group of pupils?

# Questions to consider...

- Could it be that well taught physical education, approached as a subject with intrinsic value, will have beneficial influences outside its specific remit? Will confidence gained in physical education help individuals to secure a job? Will mastery of skill in a physical activity result in lifelong participation and thus the productive use of leisure time and the maintenance of health?

# Excellence & Inclusivity

- Can we have both? Discuss...

# Your philosophy...

- What would be your priorities for physical education in the twenty-first century?

# What is physical education for?

- Arnold (1979) – about through and in movement

# Nature of education (Whitehead, 2013)

“education is the vehicle by which individuals are supported in reaching their unique potential through developing a wide range of capabilities with which each is endowed”

(Whitehead, 2013:23 drawing on Dewey, 1922 & Claxton, 1984)

“fundamentally physical education is educative in that it develops the embodied potential of the learner. The subject area needs no further justification”

(Whitehead, 2013: 35)

# References

Arnold, P. (1979). *Meaning in Movement*. Heineman: London

Capel, S. (2000) 'Priorities for physical education in the 21<sup>st</sup> century' In Capel & Piotrowski (Eds.) *Issues in Physical Education*

Capel, S. & Whitehead, M. (2013) *Debates in Physical Education*. Abingdon: Routledge

Whitehead, M. (2000) 'Aims as an issue in physical education' In Capel & Piotrowski (Eds.) *Issues in Physical Education*

# Task

- The physically educated pupil should....
  - Be able to...
  - Demonstrate...
  - Etc.,