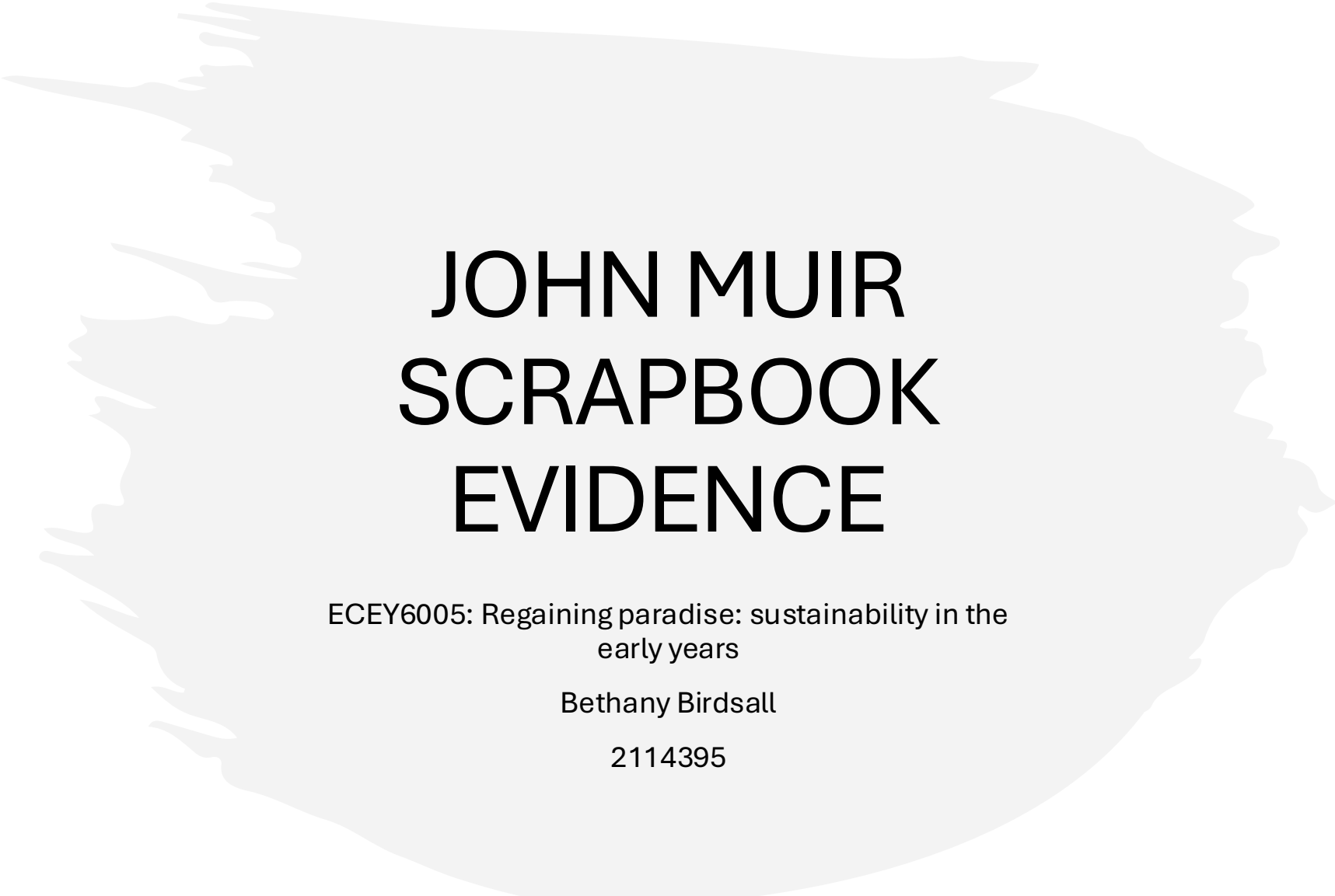




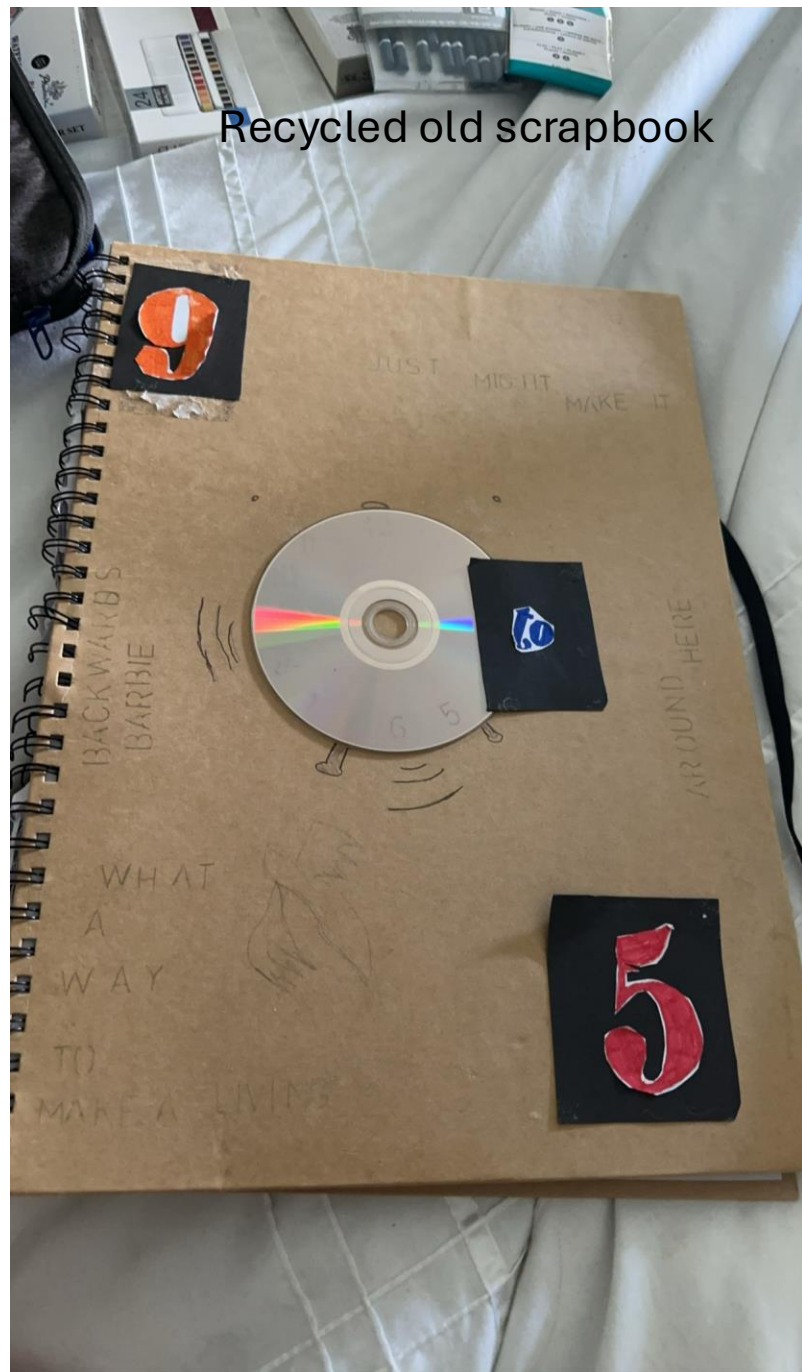
JOHN MUIR SCRAPBOOK EVIDENCE

ECEY6005: Regaining paradise: sustainability in the
early years

Bethany Birdsall

2114395

Recycled old scrapbook



Front cover



Contents
page

BETHANY BIRDSALL

ECEY 6005

2114395

JOHN CONTENTS
MUIR AWARD

1. DISCOVER
2. EXPLORE
3. CONSERVE
4. SHARE
5. JOHN MUIR



Discover



L
L
Y
L
L
E
C
H
O
W
A
I
N

ADDRESS: CHURCH ROAD
GORSLAS
LIANELLI
SA14 7NF



COUNTRY
PARK

NAME & ORIGIN



The name "Llyn Llech Owain" translates to "the lake of Owain's slab". According to local legend, the lake was formed when Owain Lawgoch, a 14th century Welsh mercenary known as "Owain of red hand", neglected to replace a stone slab covering a well to Mynydd Mawr. This oversight allowed water to flood the valley, creating the lake.

HISTORICAL SIGNIFICANCE

During September 1843, during the Rebecca Riots a series of protests against toll gates and economic hardships approximately 2,000 to 3,000 people gathered at the lake.

TODAY

Llyn Llech Owain is a 73 hectare country park that hosts diverse habitats including peat bogs, heathlands, and woodlands that attracts a wealth of wildlife. As well as being a site of special scientific interest since 1993.



WHAT IT MEANS TO ME

Llyn Uch Owain country Park is home to good and bad memories for me. But fortunately mostly good memories. I am often racing through life and I rarely give myself a chance to just breathe. I spend a lot of quality time with my dad and my dog Buddy.

Llyn Uch Owain has become a place of calm and tranquility for me when everything in my mind is too loud.

I often take this country park for granted despite it being so close to it. I don't often take time to really appreciate it's beauty and peacefulness.

MY DAD & DOG BUDDY

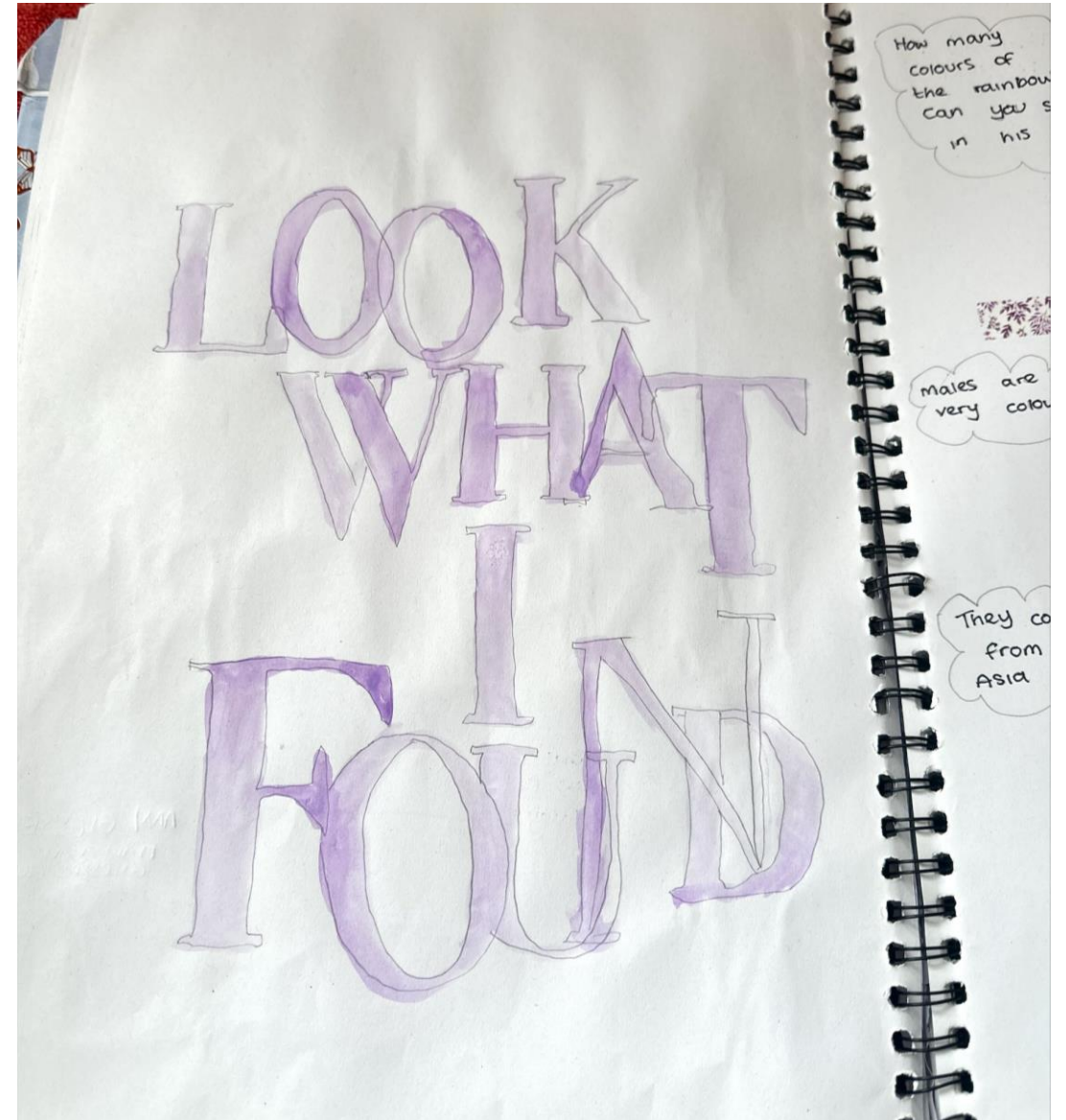
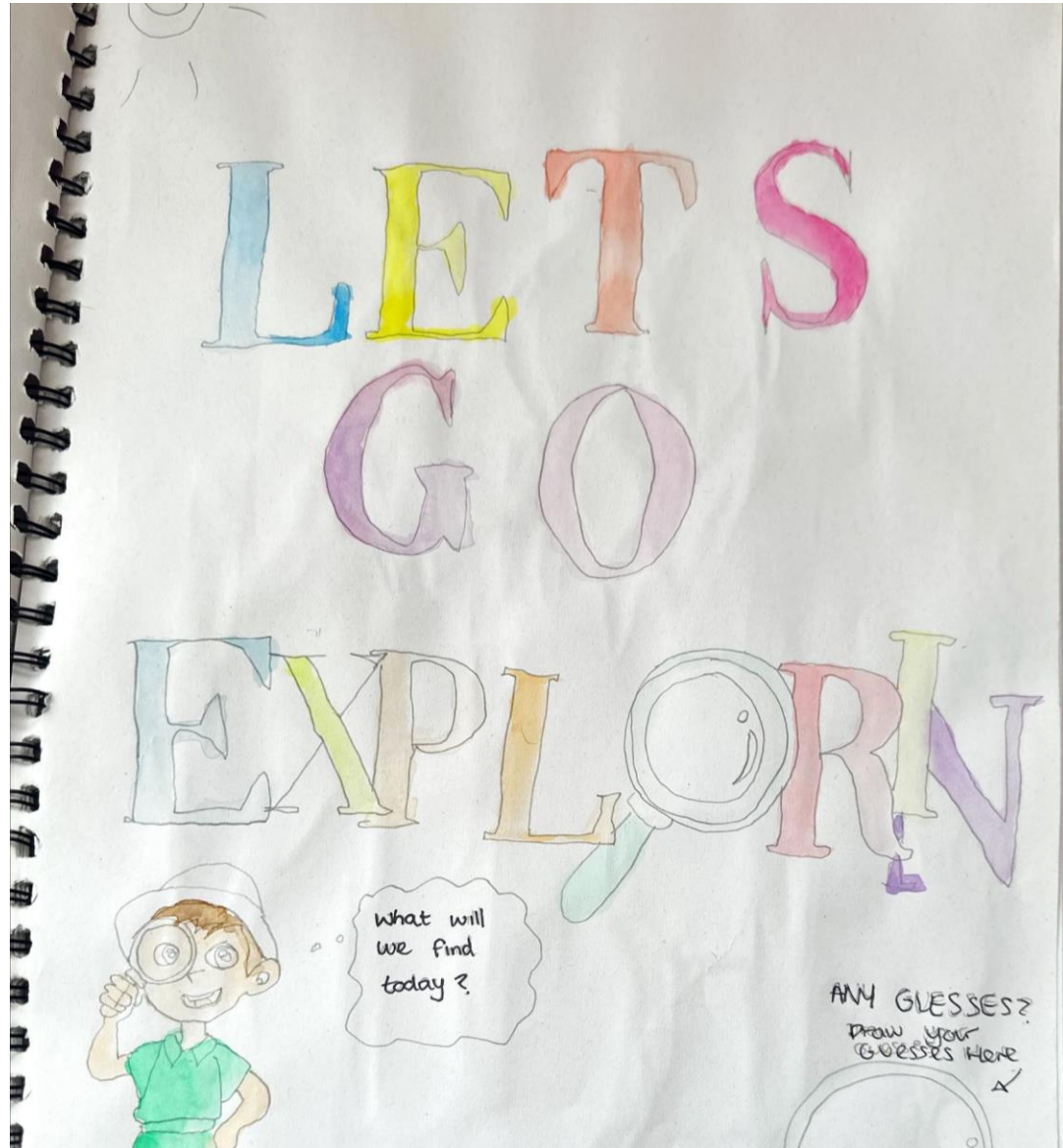


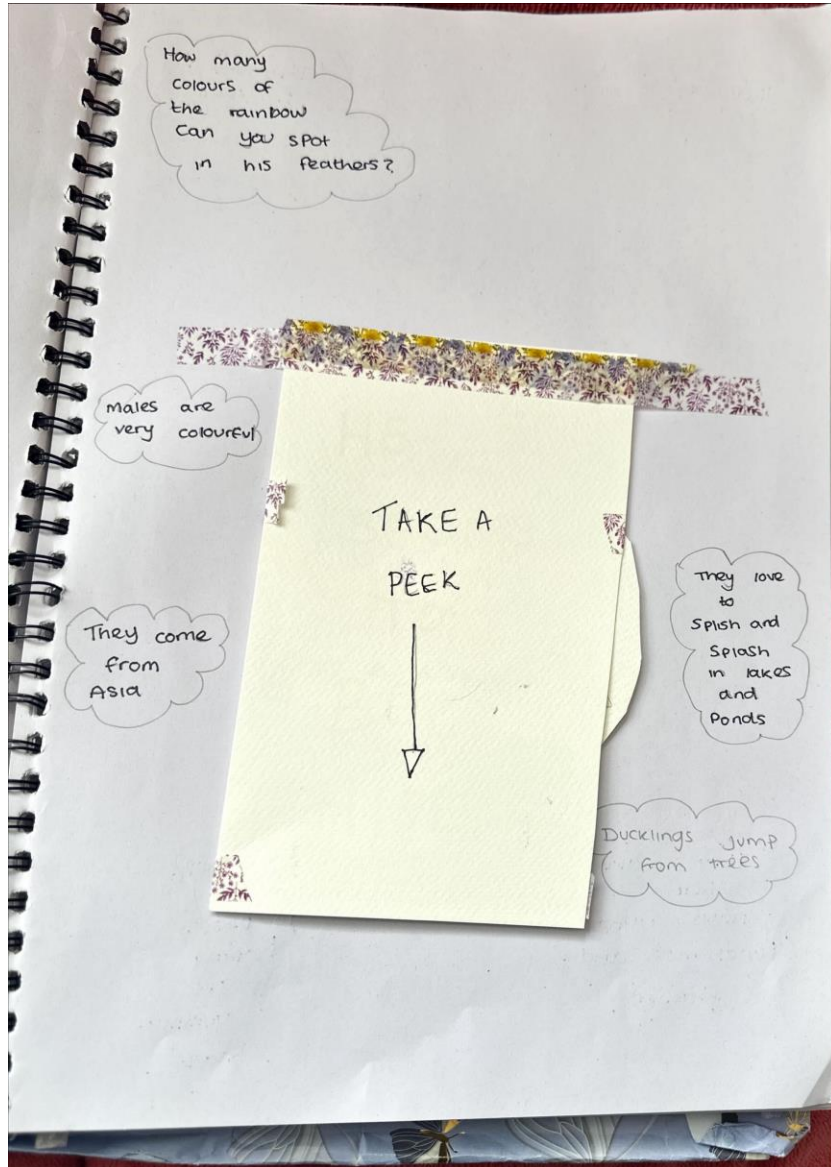
BUDDY

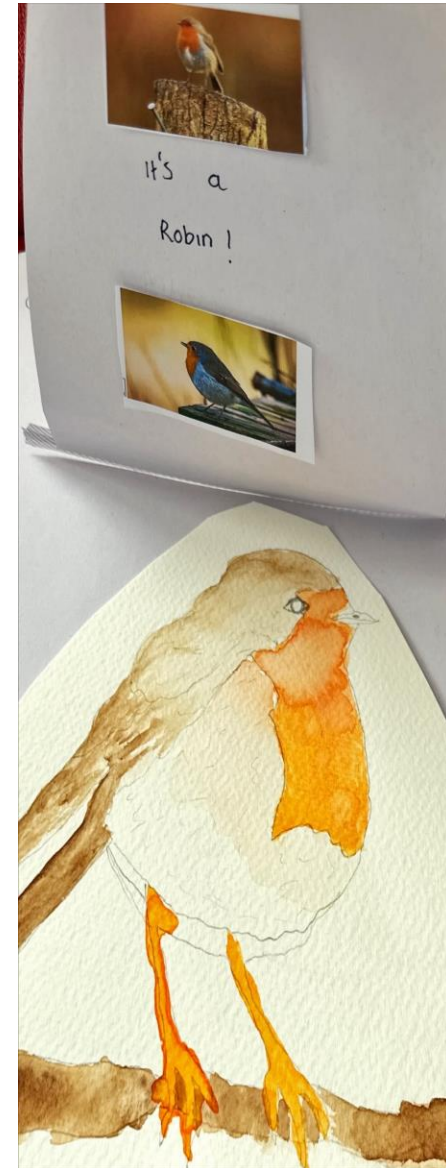
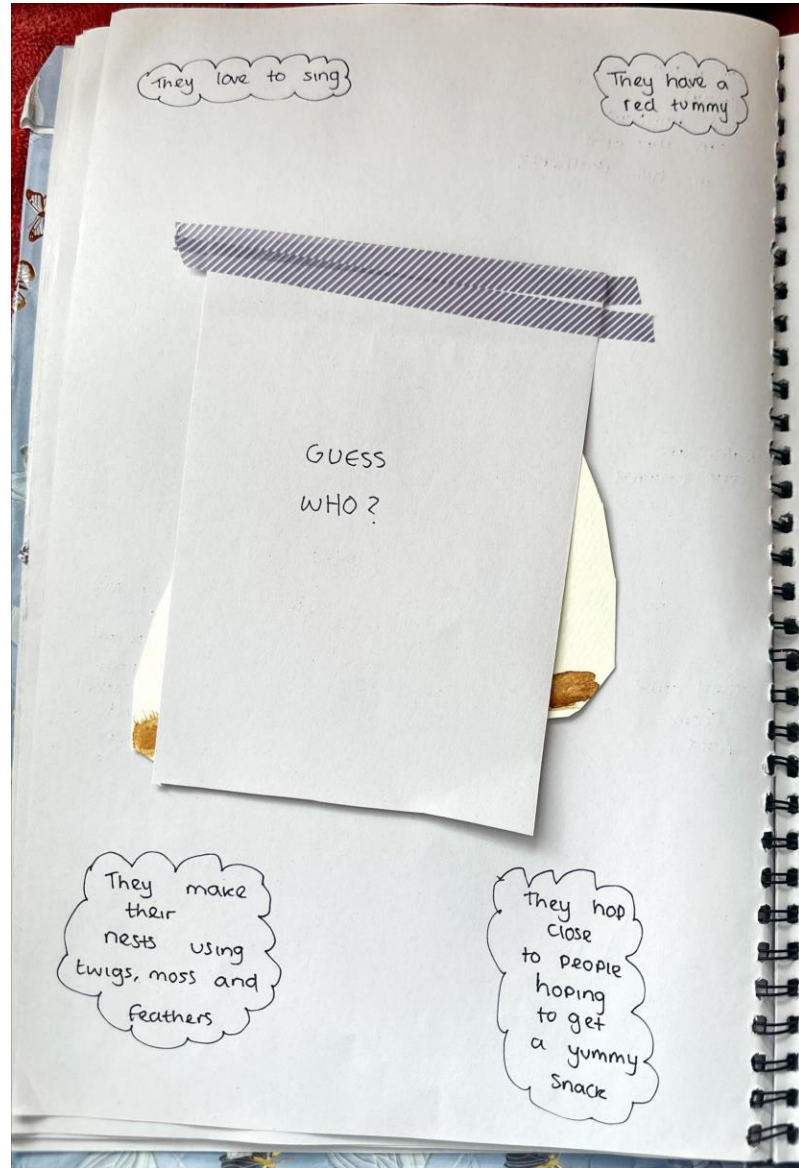


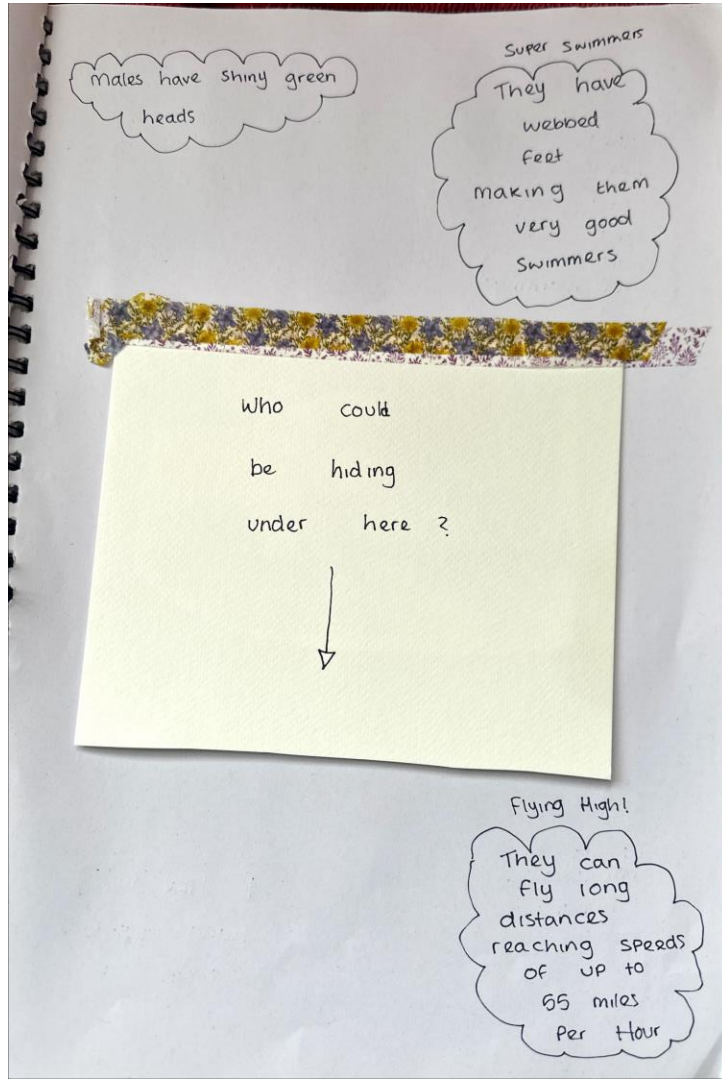
Buddy loves to
Paddle in
the lake
when we
visit.

Explore









sing
songs
early in
the morning



Can
you
Guess
what I am?

I'm always
hungry

I like to
hang upside



They
like to
sing
songs
early in
the morning

Eurasian
Blue
Tit



We eat
Big and
Small
animals

we have
really
good eyesight

who
am
i ?



This tiny creature can zip
through the air
zoom backwards and even
hover in one place
just like a helicopter.



Dragonfly

This clever Bird loves
shiny things and might
even try and take
one for its nest!



magpie



Tadpole

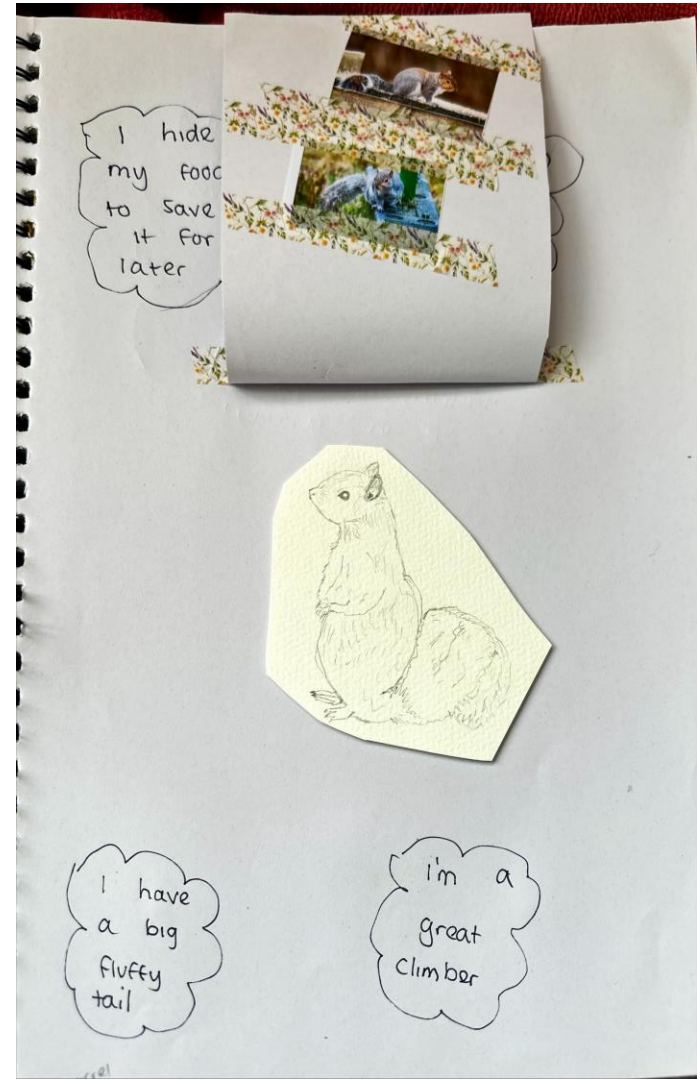
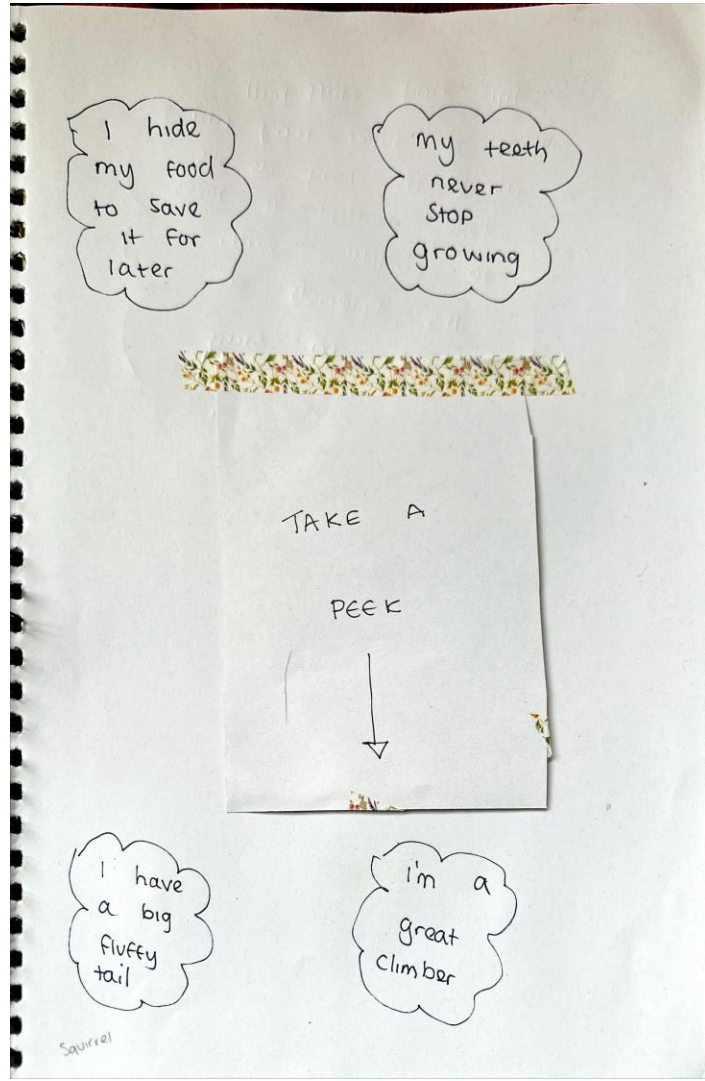


5.

Adult Frog



Tad poles

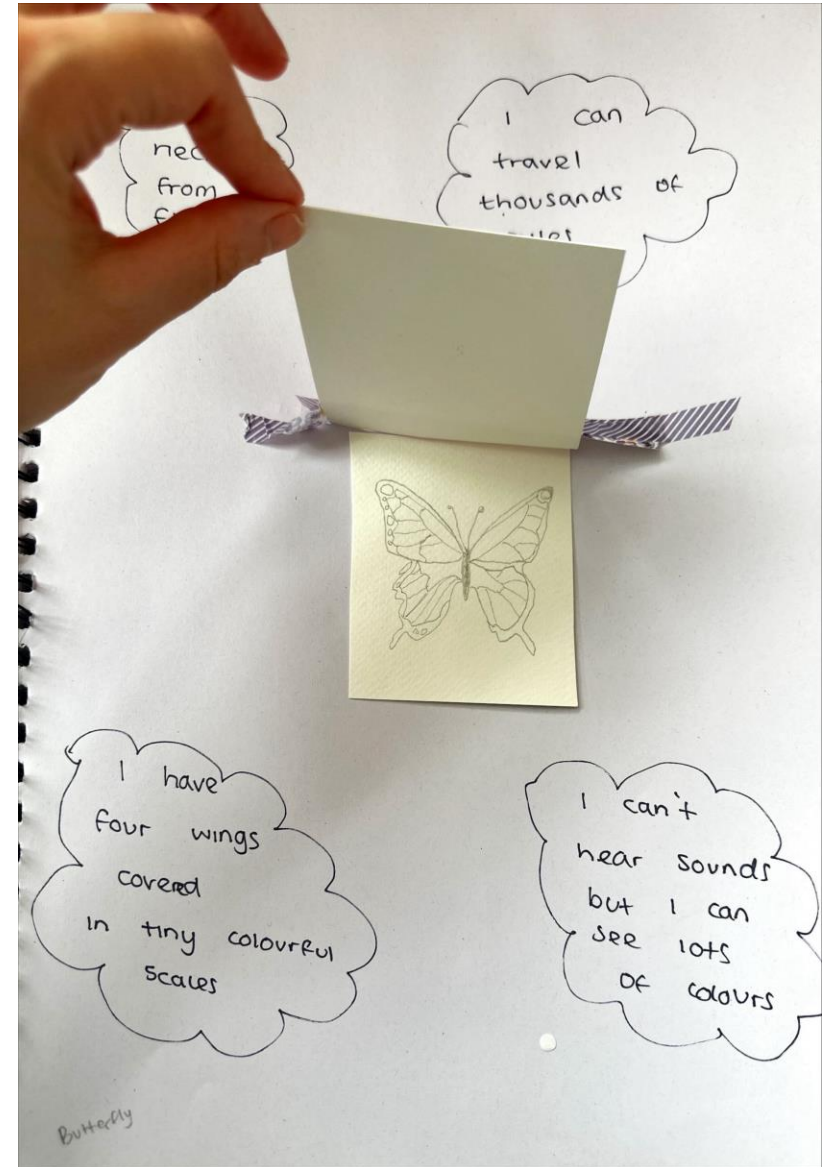
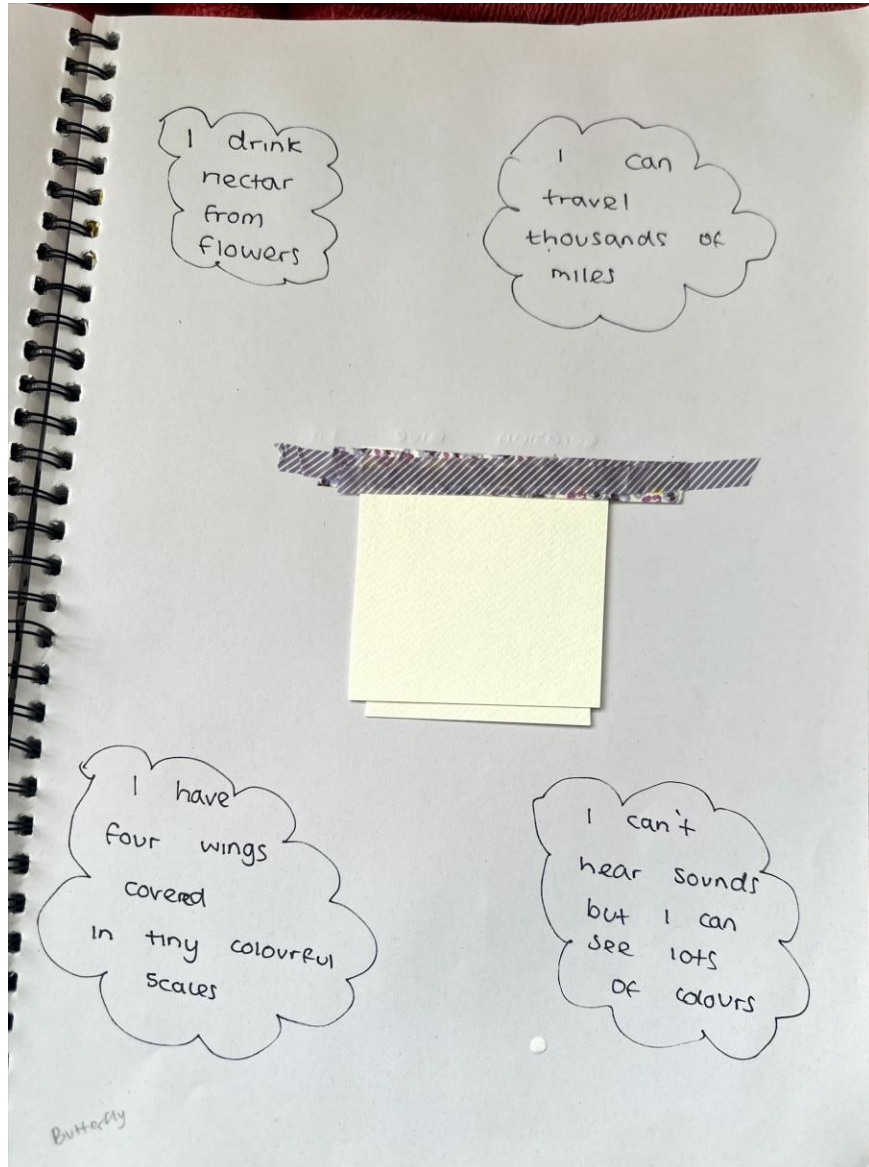


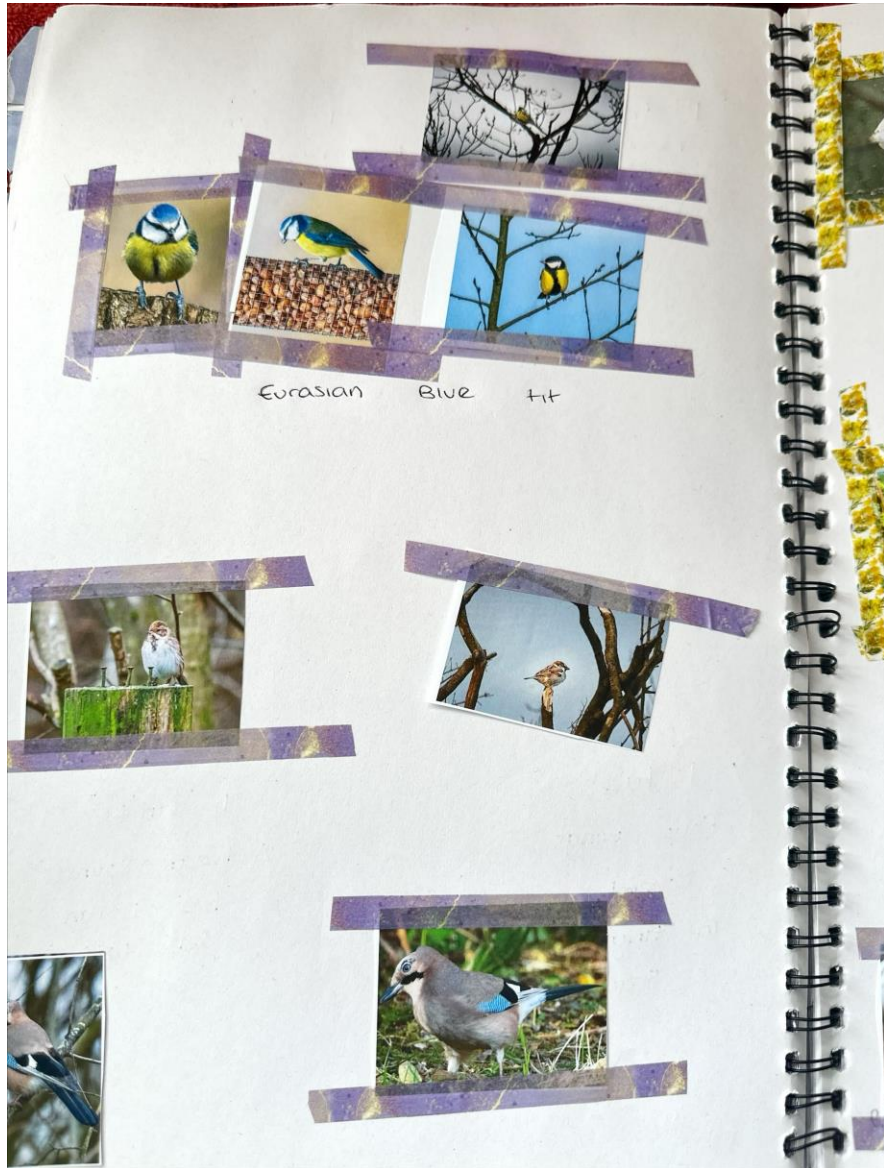
This tiny fluff-ball
has a super long tail
almost as long as its
whole body! It loves
to cuddle with
its friends at
night to stay
warm, all squished
up in a row!"

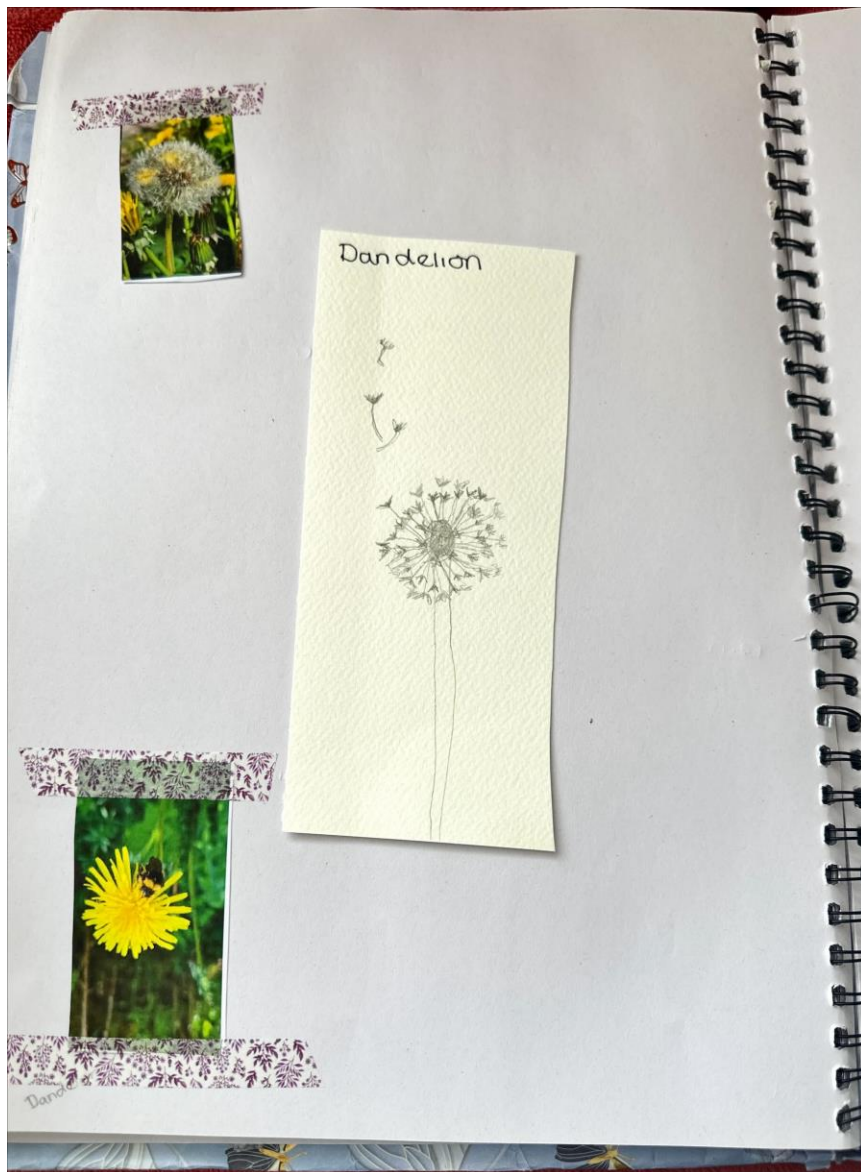


Long Tailed
tit









Peat bog

It's home to many plants that can even eat insects

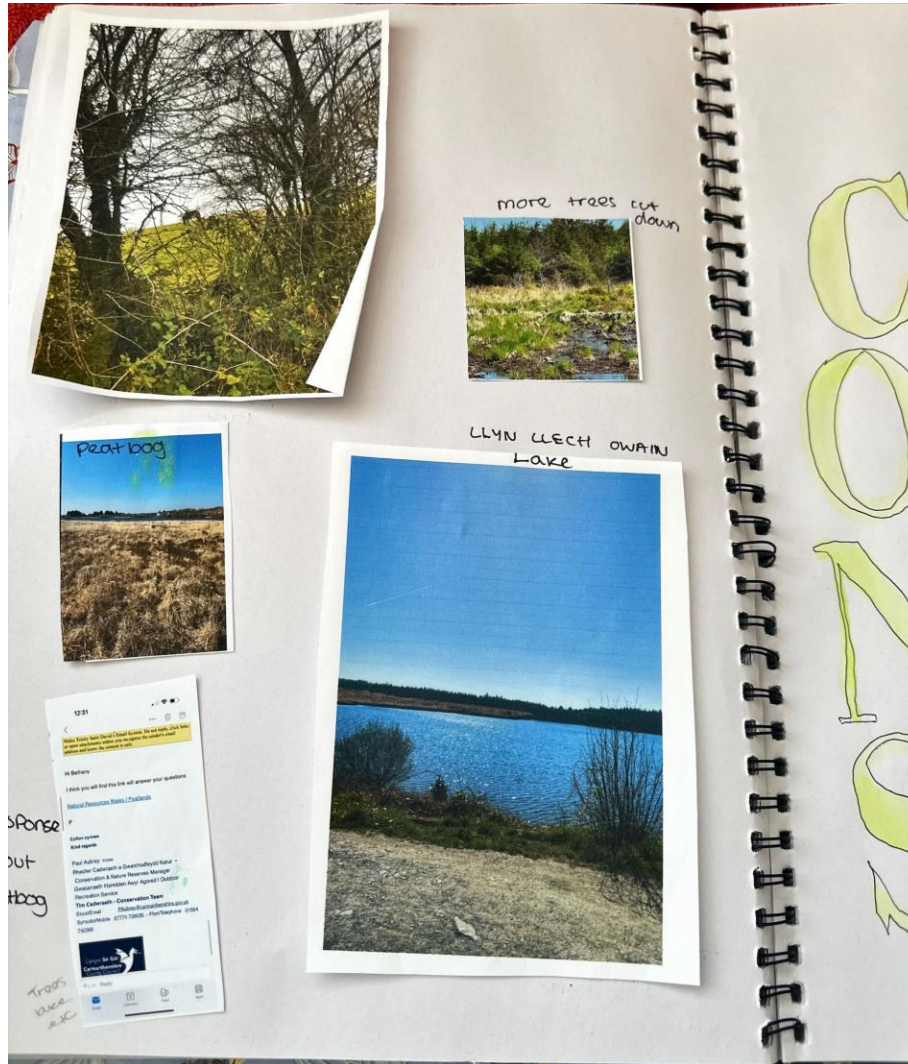
It helps clean the air by trapping lots of carbon - like a nature helper

Some frogs and bugs love living here!

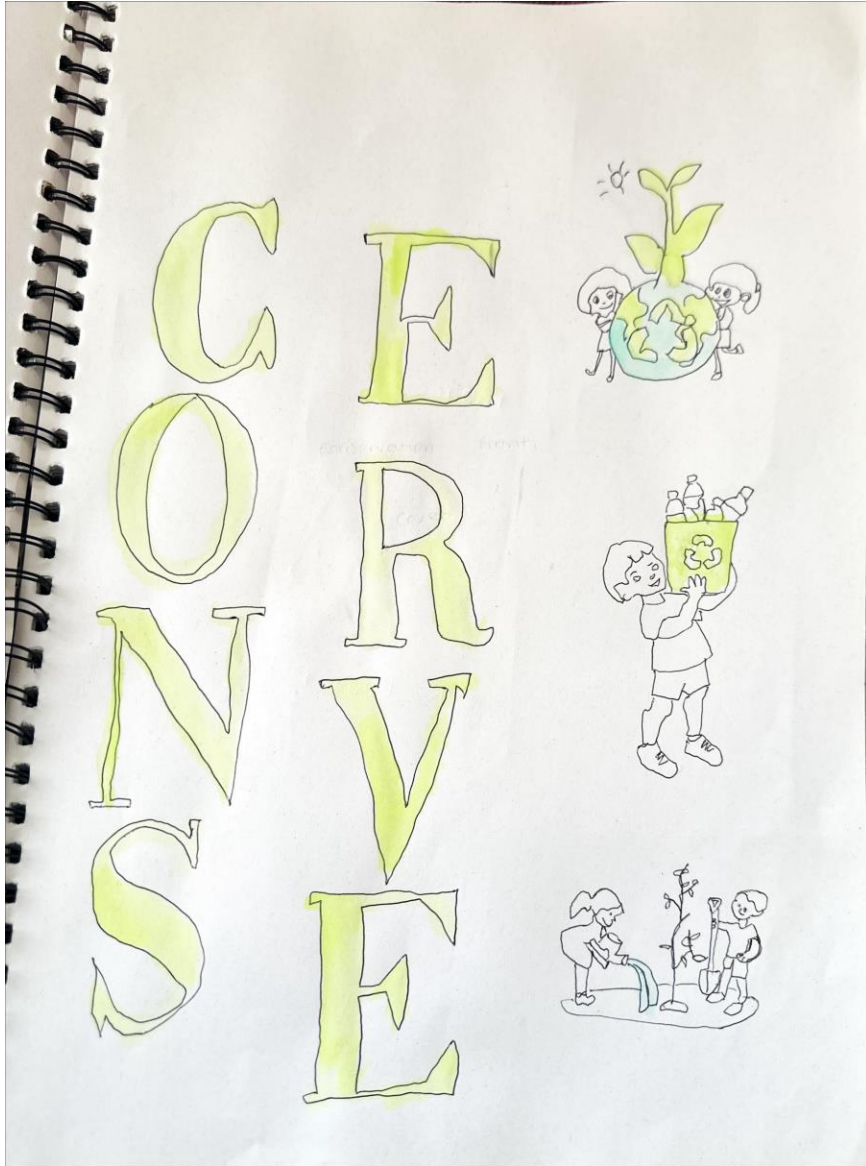
Special moss grows here that
feels soft and spongy

Peatbog looks tough but
its actually very bouncy
like natures trampoline





Conserve



After learning about why Peat bog
is so important for the
environment and why

Llyn Ulech owaen was
making an effort to

restore and preserve

it. I wanted to
create a poster that was

simple yet informative
and had an interactive
element in it

to encourage children

to preserve it

to.

I decided on the
Poster to put around the
Park
and some
scavenger hunt flyers
for children.

Because if I had
not contacted the
Park manager I
would not have
any idea about
the peatlands

as there are

no clear

signage around
the Park.



Poster

Scavenger
hunt



When putting some posters up
on the notice boards a family
were walking by to ask
what they were about
and the Parents disclosed
to me that
they were not aware
of the bectbog
or that they had to
keep their pets from
going on it.

Share



For this John Muir project I was able to share this experience with my friends and family.

First Example is with my Auntie and Grandad who liked the idea of it so much that they wanted to participate anyway they could. They sent me photos of wildlife and plants in their local park. Somewhere I spent a lot of time in growing up in Leeds. They sent me photos which I have included in my scrapbook. My auntie said it was a nice way to feel close to my grandma who passed away a couple of years ago. My grandma loved gardening and sitting by the river in the local park in meanwood.

So hearing that my auntie spent more time in the place my grandma enjoyed was heartwarming to hear.

Second example

I shared this experience
with my dad
and my dog Buddy.

My dad helped me
Identify different Birds

Something that he did
a lot as a child.

My dad said he enjoyed
Spending more time
Outside being able to
Just relax and observe
nature.

Third Example

I also shared this experience
with my friends Annabel
and Bethan. We attended park runs
every weekend and dedicated time
after the run to spend time
enjoying the outdoors and
appreciating its beauty and
calmness.

It was nice for all of us
as we were feeling overwhelmed
by our personal circumstances
and academic pressures.

It also gave us a
break from social media
and societal pressures.
Which we all benefited
from.

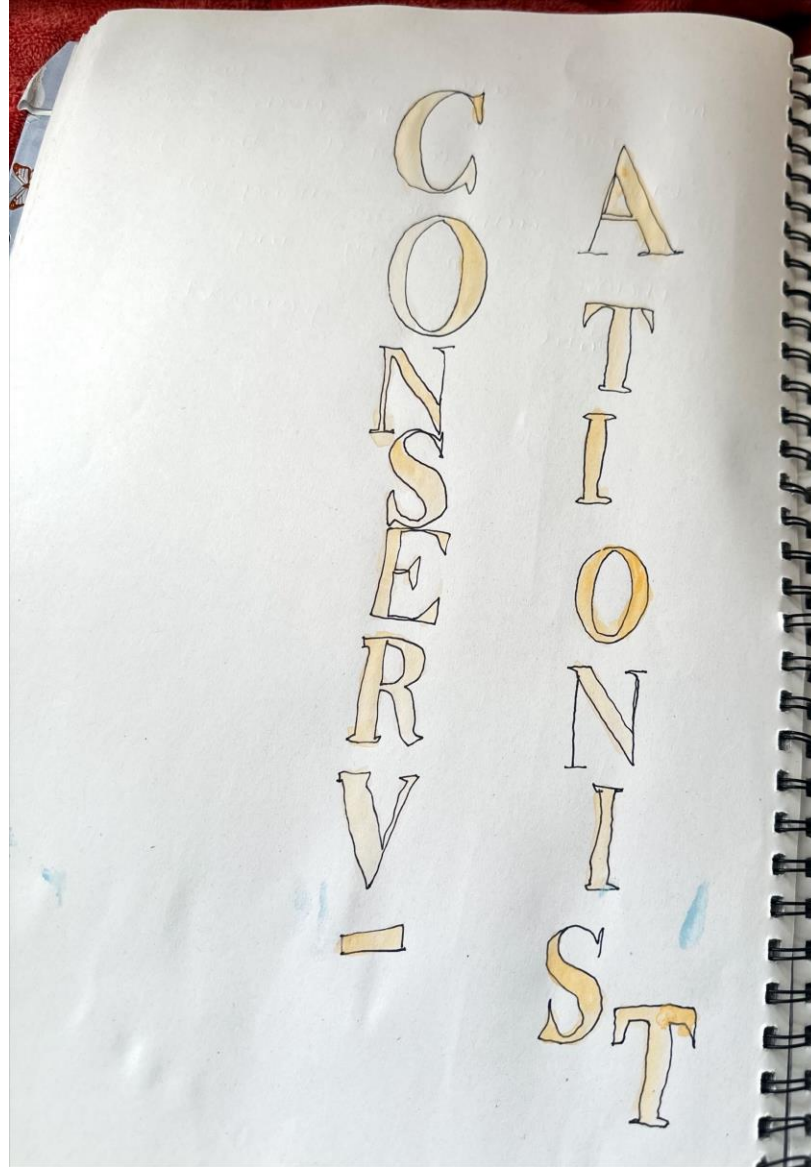
I feel really grateful to
have been able to
share this experience
with so many people
I love and appreciate.

Because we get so wrapped
up in our own stresses
that we never really
appreciate the beauty
of the nature
on our doorsteps.

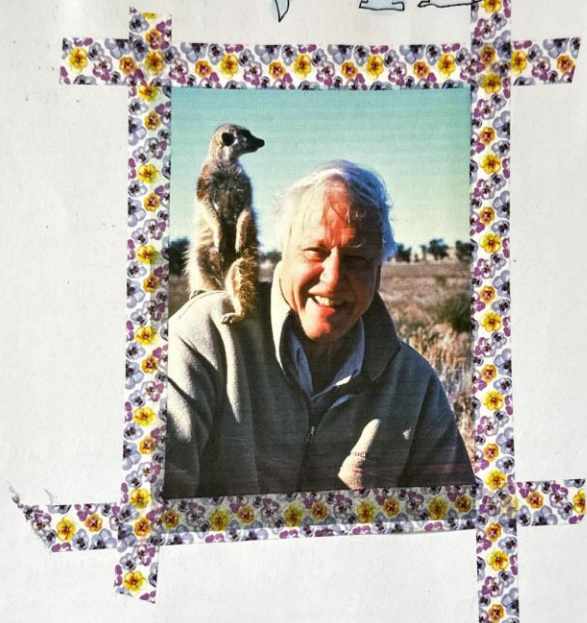
So this experience
was a lovely
opportunity to
do just that!

My dad also took photos
of birds in Llyn Llech Owain
which are featured throughout
this scrapbook alongside
photos sent by my
Auntie and grandad.

Conservation



DAVID



ATTENBOROUGH



Name: Sir David Frederick Attenborough

Born: May 8th 1926

Nationality: British

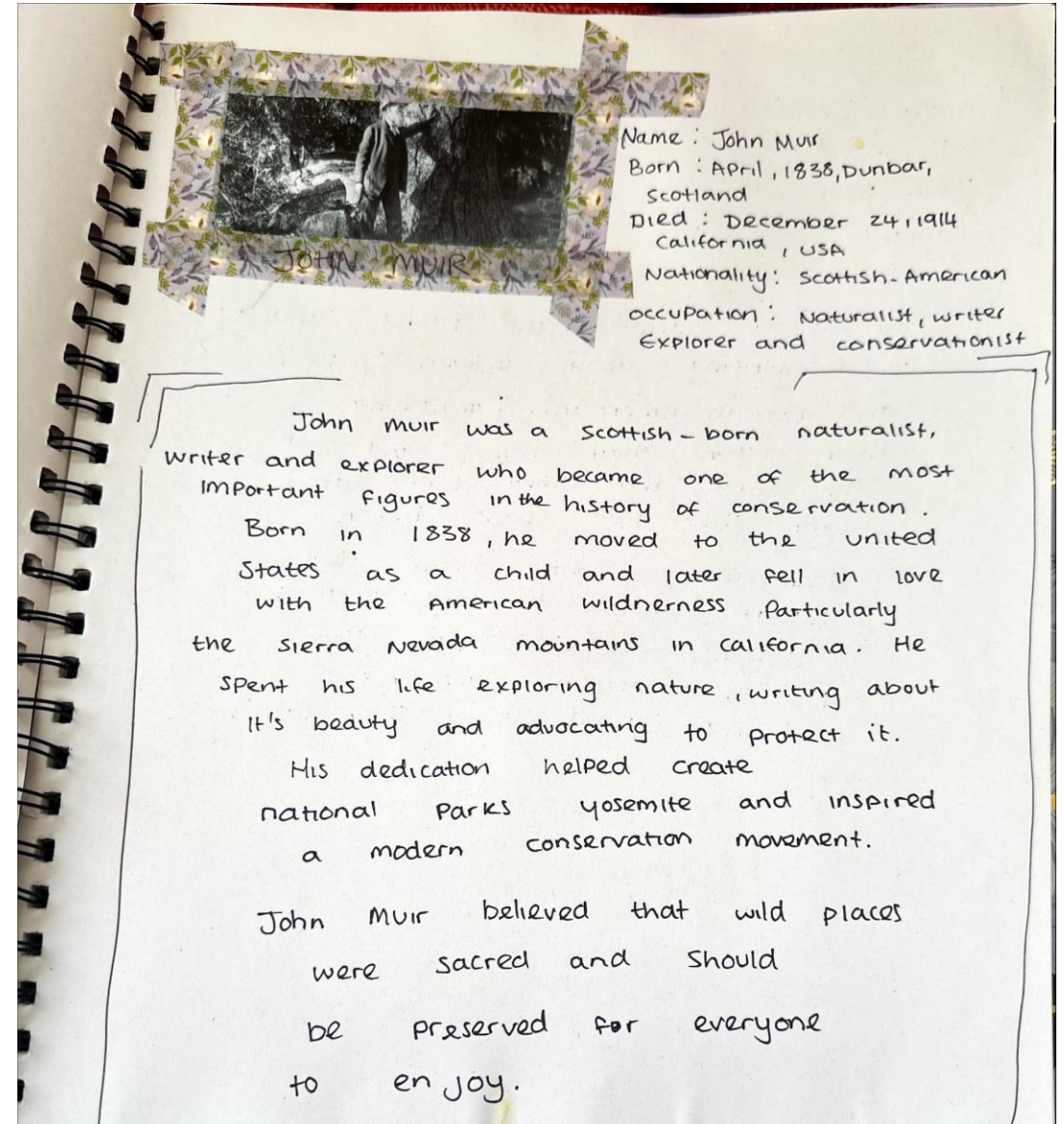
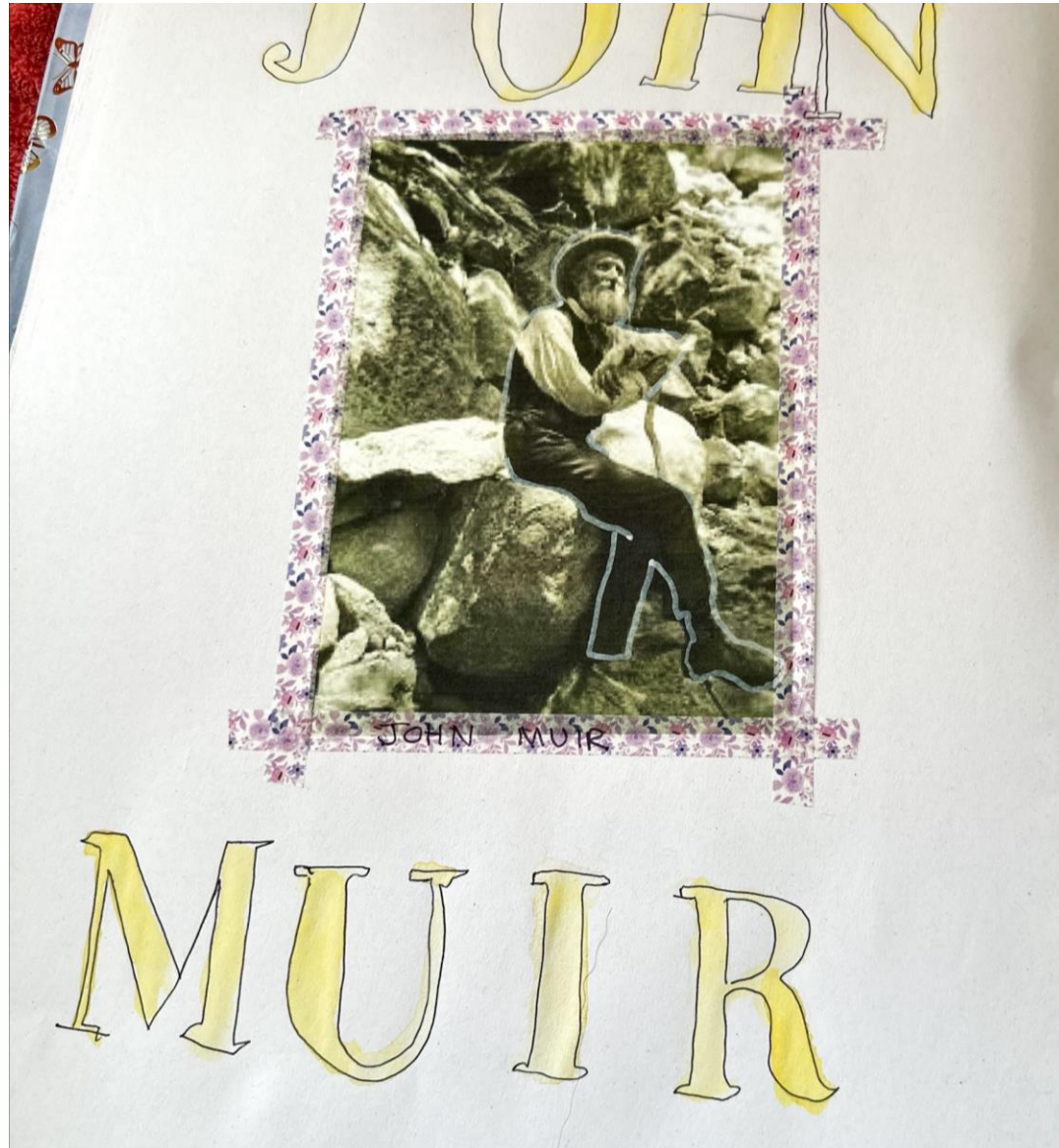
Profession: Broadcaster, naturalist and author

'The future of the planet
is in our hands'

Sir David Attenborough

Sir David Attenborough is a passionate advocate for conservation. Through his documentaries 'Planet Earth' and 'Blue Planet' and public speeches, he raises awareness about environmental issues like climate change, plastic pollution, and the species extinctions. He works with organisations such as WWF and the World Land Trust to protect wildlife and natural habitats. By inspiring people of all ages especially the younger generation he encourages action to be taken to save our planet.





However, Despite what John Muir did in terms of conservation, John Muir did and said things that were harmful to others.

John used harmful and racist language in his writing about indigenous people and African Americans. Diminishing their culture, their homes and the fact that they had cared for the wild spaces before

John Muir. John's belief that nature should be untouched by humans resulted in the Native American communities being forced out of their land.



JOHN MUIR



The John Muir Award

The award was created in 1997 by John Muir's Trust, a charity that works to protect wild places in the UK. The award was designed to help connect people with nature, enjoy the outdoors, and care for the environment. It was inspired by John Muir's passion for wild places and belief that everyone should experience and protect nature.