

**ACADEMIC AND EMPLOYABILITY
SKILLS (LCHS4001)
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WHAT IS MY INTENDED CAREER ?

My intended career is to become a midwife. From a young age I took care of my little sister and later my little brother, I was like a second mother to them, I liked to play with them and teach them many things. Since then I started to like being a midwife.



(Pnagtree,2022)

MIDWIFE

Midwives provide care support to woman and their families while pregnant, throughout labour and during the period after a baby's birth.

Midwives will support through labour and birth.They can:

- Give you information , and emotional support.
- Monitor your progress and suggest strategies to help you labour.
- Monitor the baby's heartbeats and other signs.
- Get extra medical help if needed.
- Helping you with breastfeeding and settling your baby.
- Showing you how to bath your baby and change nappies.

RESPONSIBILITIES AS A MIDWIFE?

- monitor and examine women during pregnancy.
- give support and advice on the daily care of the baby, including breastfeeding, bathing and making up feeds.
- participate in the training and supervision of junior colleagues.

WHICH SKILLS DO I NEED

- strong teamworking skills to liaise with a range of health and social care professionals when necessary.
- Ability to deal with emotionally charged situations.
- An interest in the process of pregnancy and birth

WHICH SKILLS DO I HAVE

- an understanding and caring attitude.
- emotional and mental strength.
- good observation.
- patience.
- maturity.
- willingness to take responsibility.

SUMMARY

- I choose this course because I love baby's and I love to look after them.
- To help all new mothers to support them and to help them for every problems they have.
- I would like to improve my skills and to be a good midwife.

REFERENCE

❑ TargetJobs (2022)

[Targetjobs.co.uk](https://www.targetjobs.co.uk)

❑ Prospects (march 2022)

[Prospects.ac.uk](https://www.prospects.ac.uk)

❑ NHS

[Healthcareers.nhs.uk](https://healthcareers.nhs.uk)