

Psychology and Counselling Newsletter

May 2022

Diverse Student Research Projects

The Psychology and Counselling staff have just finished marking our final year students' dissertation projects. What an interesting set of projects we had this year! Well done to all our students for their hard work this year. Just some of the topics explored this year included:

- Benefits of recreational reading
- Gaming genre and cognition
- Attitudes towards women in the military
- Sexuality and conversion therapy
- Mindfulness in the therapeutic setting

Exploring "cool" LIMB-art prosthetic leg covers



In collaboration with LIMB-art Ltd and UWTSD's Assistive Technologies Innovation Centre (ATiC), staff and students within the Centre of Psychology and Counselling have been involved in exploring how amputees and the general public respond to bespoke and artistic prosthetic limb covers. LIMB-art was founded by amputee and former Paralympic swimmer Mark Williams and his wife Rachel, and the overall aim of this research was to explore what impact would be observed when using prosthetic covers that are designed to draw rather than detract attention. Click the cool LIMB-art covers picture below to read the full Press Release on this story.

Dr Ceri Phelps, Health Psychologist and Academic Director of Psychology and Counselling at UWTSD, said: "The project will seek to examine the attitudes of the amputee and public towards use of a bespoke, artistically designed prosthetic limb cover and the potential psychosocial benefits and harms of wearing the product."



The Dementia Hwb

Our own Ruth Groff (counselling lecturer) has been involved in volunteering at the Dementia Hwb since it opened in January. A number of our students have also spent time volunteering here and have been involved in signposting information to families and individuals who are affected by dementia.

The Hwb will continue to be a recommended placement opportunity for the upcoming academic year.



Upcoming Open Days

Carmarthen Open Day: Saturday
18th June at Carmarthen Campus

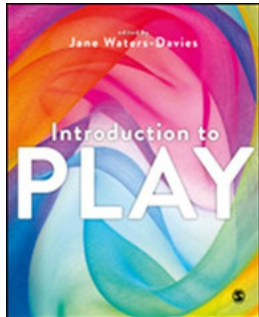
Swansea Open Day: Saturday 25th
June at SA1 Campus



Prifysgol Cymru
Y Drindod Dewi Sant
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Book Launch: Co-authored Chapters by Dr Charlotte Greenway

Dr Charlotte Greenway, Programme Manager for our Applied Psychology course, has co-authored book chapters on Play and Inclusion, and Play, Creativity and Well-Being and will be engaging in a presentation and Q&A session at the books' launch event on Wednesday 18th May. The book itself covers the importance of play from newborn to age eight and encourages us to think critically about play and play provision. Well done, Charlotte, and we look forward to the launch!

"Although this was challenging as it is my first time writing book chapters, it was thoroughly rewarding working with my co-authors Nanna Ryder and Laura Hutchings. For my part, I explored how play therapy provides children with an opportunity to address complicated feelings and communicate at their own pace without feeling interrogated or threatened. For the second chapter, I discussed the importance of creativity, and how creativity and play can lead to affective coping skills and resilience in children."



Global Research on Gender Equality



Associate Professor of Social Psychology Paul Hutchings has recently presented findings obtained from the international 'Towards Gender Harmony Project'. This project spanned 42 countries and aimed to explore men's support for gender equality. The results were fascinating and Professor Hutchings will be writing a piece for The Psychologist to expand upon the findings. In the meantime, please click below for a summary of his talk given at the Online Festival of Psychology.

[The Psychologist: Online Festival of Psychology Summary](#)

Counselling Skills and Research Bootcamps!

Our fantastic and popular Counselling Skills and Research Bootcamp sessions will be back this year! These are available to all our students on all courses across all levels.

Counselling Skills: Wednesday 22nd June
Research Bootcamp: September 2022 (TBC)



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