

INTRODUCTION OF HEALTH RESEARCH

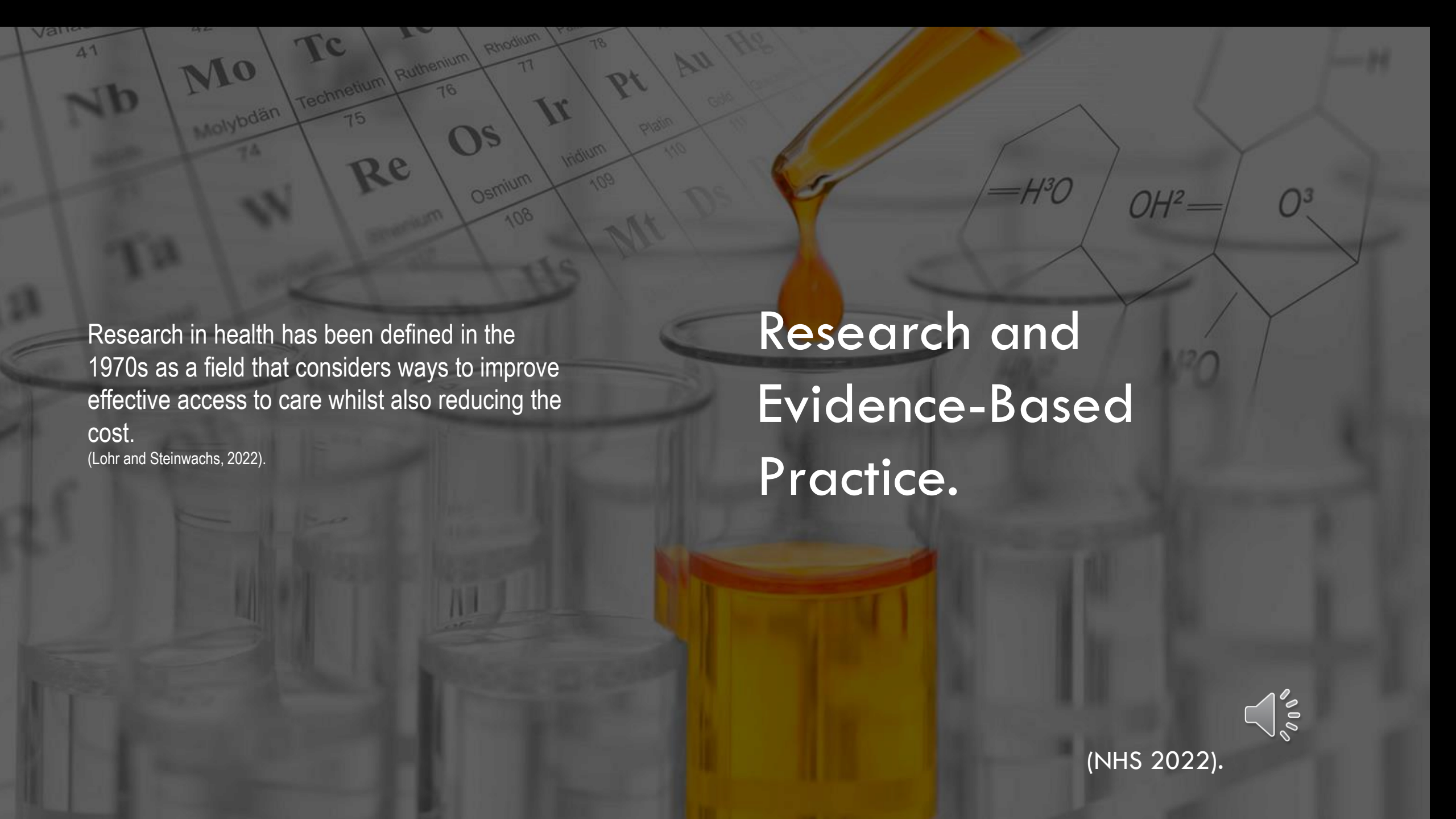
Jenna Wray (1807585)



- Research and evidence-based Practice.
- The chronic Condition of Childhood Obesity.

INTRODUCTION





Research in health has been defined in the 1970s as a field that considers ways to improve effective access to care whilst also reducing the cost.

(Lohr and Steinwachs, 2022).

Research and Evidence-Based Practice.



(NHS 2022).



A crucial part in nursing is the use of ethics with their values being fundamental to every healthcare provider. Ethics are moral principles that govern the behavior or conduct of an individual or a group, these are vitally important in health care because of the need for an individual to acknowledge health care problems and to be able to make good decisions based of their 'values' while respecting the laws and governing them.. (Gelling, Errser and Tait, 2021).



```
for object to mirror...
mirror_mod.mirror_object = object

operation == "MIRROR_X":
    mirror_mod.use_x = True
    mirror_mod.use_y = False
    mirror_mod.use_z = False
operation == "MIRROR_Y":
    mirror_mod.use_x = False
    mirror_mod.use_y = True
    mirror_mod.use_z = False
operation == "MIRROR_Z":
    mirror_mod.use_x = False
    mirror_mod.use_y = False
    mirror_mod.use_z = True

#selection at the end -add
mirror_ob.select= 1
modifier_ob.select=1
context.scene.objects.active = modifier_ob
print("Selected" + str(modifier_ob.name))
mirror_ob.select = 0
one = bpy.context.selected_objects[0]
data.objects[one.name].select = 1

print("please select exactly one object")

OPERATOR CLASSES -----

bpy.types.Operator):
    """X mirror to the selected object.mirror_mirror_x"""
    mirror X"
```

Autonomy
Beneficence

Maleficence
Justice

Four main principles of the ethical code.



Obesity

One of the most significant long-term health challenges the country faces, is tackling obesity with the increase in obesity rates having a negative impact on the health and wellbeing of people.

(The Kings Fund, 2021).

(The Office for Health and Improvements and Disparties 2022).



The causes of obesity are also complex and both environmental and behavioral factors play a part; The suggestion that poverty contributes to obesity is supported by the NHS who state that the prevalence of obesity among those living in the most deprived areas is more than double than of those who live in more affluent areas



CAUSES OF OBESITY

(Goryakin, Lobstein, James and Suhrcke (2015),

(Evans, Cummins and Brown, 2013).

(Asal, Feng & Fox, 2019; Steger, 2017; Ritzer, 2009).

(Templin et al, 2019).

(National Health Service, 2021).

THE IMPACT OBESITY HAS ON PEOPLES' LIVES.

With the rapid rate that obesity is increasing across the globe, it is no surprise that there have been further health implications on individuals as a result. Having obesity or in fact just being overweight can lead to other health issues such as high blood pressure, high cholesterol, diabetes and many other chronic health conditions which lead into adulthood and can potentially cause serious health problems.

(Fontayne and Barofski, 2001).

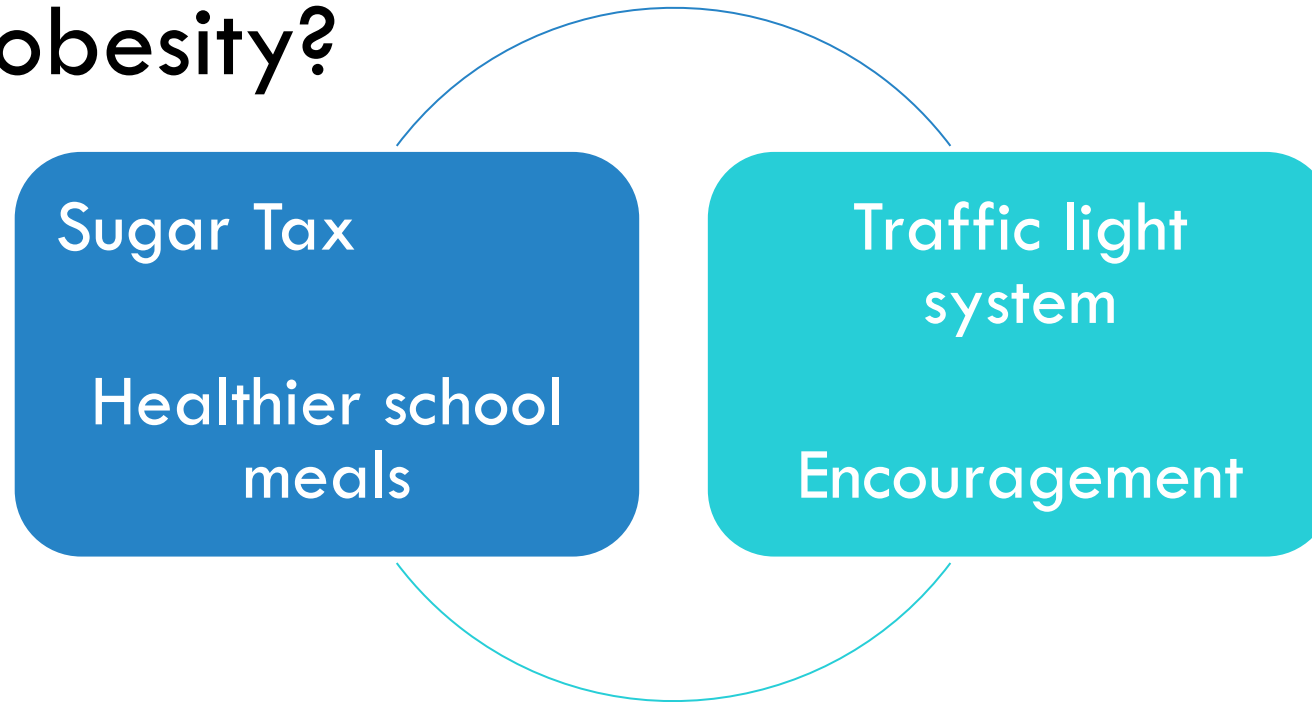
(Opio et al, 2020).



Obesity in Children - YouTube



What measures are in place to prevent obesity?



CONCLUSION



RECOMMENDATIONS

- *Ensuring all staff have adequate up to date training.*
- *Stop fast food access near schools.*
- *Introduce boot camps in half term and summer holiday breaks.*
- *Make fast foods more expensive and healthy foods more affordable.*
- *A universal basic income for families to have the option to make healthy choices.*



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**THANK YOU FOR
LISTENING**

