

Helping Hands is a firm supporter of the social model Of disability .We believe a person with an additional learning needs can have equal opportunities with the right support in life. We believe that the only barriers that people with ALN face is the society that places them. Our mission is to reduce the inequalities within society.

This is why at Helping Hands we want to make a difference through Person centered planning.

According to Hughes 2013) Within Person Centered Planning it uses self-determination and inclusion to promote human dignity and worth.

The philosophy of inclusion is to create an environment that meets everyone's needs. Fundamentally inclusion embraces diversity and produces an environment for all to thrive and reach their full potential (Hughes, 2013). Helping hands wants to steering young people with ALN in the right direction by helping them look to the future. Helping Hands are meeting learnings needs and therefore promoting inclusion.

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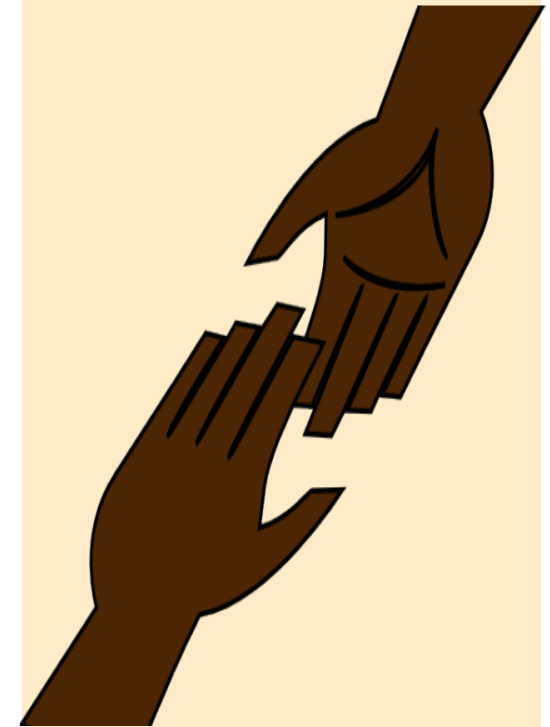
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Helping Hands



(Pinclipart, 2018)

**"Creating a Future for all
&
Helping ALL young people to
flourish "**

Leaflet for institutions and parents

Helping Hands

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What we do?

Helping Hands is a service for young people with additional learning needs. Helping hands assists young people with Additional learning needs in the transition period of their lives.

Primarily it targets the transition from secondary education to adult life, looking towards the future and helping pupils with additional learning needs plan their next steps. The next steps may involve helping individuals with:

- ⇒ Future employment
- ⇒ Future qualifications
- ⇒ Development of Skills
- ⇒ Planning future goals

Our service can be provided in schools or at homes, depending on the individuals circumstances.



(HomeOwnersAlliance, 2019)



(University of Oxford, 2019)

Helping Hands creates a inclusive ethos by catering for 'ALL' young people with Additional learning needs.

Helping Hands & Person Centered Planning (PCP)

Helping Hands uses a person centered planning approach.

Person-centered planning can be seen as a procedure that solely focuses on the interests of an individual with additional learning needs. (Rasheed, Fore and Miller, 2006)

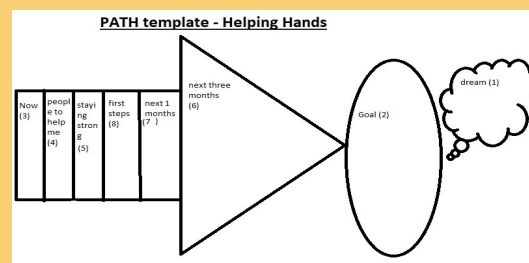
Person-centered Planning can be referred to as an approach that empowers individuals with additional learning needs. Person centered planning is not a formal process, it is generally a way of proceeding and relating to an individual (Rasheed, Fore and Miller, 2006)

Helping Hands & PATH

PATH (Planning Alternative Tomorrows with Hope) Is one of the many planning tools that helping hands adopts.

PATH is used as a tool in helping hands when listening to a young individual about specific dream or goals about the future (Sanderson, 2000). PATH is then used to work out what actions are required in order to make these goals or dreams happen (Sanderson, 2000)

In our service each individual follows the PATH template seen below.



PATH template –Helping Hands

Step one: they look at the individuals dreams or ideal future.

Step two: then look at positive and possible achievements that could be made over one year.

Step three: this stage is the comparison stage . Comparing to how their life is now

Stage four: Helping hands will work with other organisations (multi-agency) so that they can identify possible candidates to help the individual reach their goal.

Step five :identifying ways to build strength to reach goals. E.g. skills development

Step six: the planning of the steps needed to achieve the goals. identifying long term steps. (this can be anywhere from three to six months.

Step seven: identify smaller steps (typically between one to three months)

Step eight: first steps are identified.



(Person Centred Planning, N.D)